COMMUNITY NEWS

SHELBYVILLE TIMES-GAZETTE

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New Fly Center president explains vision

Youth: a vital component

By DAWN HANKINS

This is the first installment in an ongoing series about the new vision of the Fly Arts Center.

Youth are always encouraged to get involved in The Fly Arts Center. And more good things are coming for children and teens of this community in the way of arts, according to Jody Barnes-Turner, newly elected president of Bedford County Arts Council.

Better known to the community as The Fly, this historical building at 204 South Main encompasses the arts center and theater. The theater just finished a production of "Beauty and the Beast" (see inside photos) and is moving ahead soon with tryouts for a play about Lizzie Borden.

Changes have taken place this summer and new leadership is eager to move the arts center forward.

July 1 was the effective date of the new board of directors. There are five executive board members for Bedford County Arts Council, president Jody; vice president 1, Jennifer Dawn Smith; vice president 2, Auggie Hill; treasurer, incumbent, Linda Wyant; and secretary, Dianne Clanton.

Formerly of Cannon County, the new Bedford County Arts Council president retired from the U.S. Army as a command sergeant major. She's a mother, grandmother and great-grandmother. Yet, when asked by "her team" about leading the community arts center, Jody could not say no.

Jody says her integrity and organizational skills were perhaps what led to her election as president.

But she knows there's much work to do to make The Fly even more successful than it's been. She's ready for the challenge.

There is also a board of trustees appointed by that directorship, featuring the theater director and the pr and marketing director.

"I wanted to create a brand-new youth program for the community," said Jody, advising that the director will work under advisement of the board of trustees.

"We're also going to have a director over maintenance," said the new president.



She notes that given The Fly is a historic building, the maintenance director will be a key person. This especially includes

See FLY CENTER, 2A



School system photo

NEW TEACHERS!
New teachers met Tuesday to begin training for the school year. They met instructional coaches, got set up with badges and laptops and heard a motivational message from seasoned Bedford County educator Neal Gordon.

Back to school messages from local Gatekeepers

By DAWN HANKINS

Going into the 2024-25 school year, Shelbyville and Bedford County have made great strides in education-a new TCAT facility, a recently completed elementary school and a new MTSU aviation school in the near future.

The Tennessee Department of Education knows well too that Tennessee's thriving business community relies on it developing a strong workforce—and that work starts in education.

Innovative School Models can provide invaluable learning experiences that prepare students for success after graduation.

Building upon the state's strong commitment to ensure Tennessee is future workforce ready, Gov. Bill Lee and the Tennessee General Assembly made a historic investment of $500 million to bring this Innovative School Model to the state.

By expanding Tennessee's Innovative School Models aimed at building readiness and preparing students for success after high school, more students will have opportunities to participate in innovative local programs aligned to Tennessee's highest-demand skills and careers.

See MESSAGES, 11A

Back-to-School Guide for Families
Shelbyville Times-Gazette
July 25, 2024

LOCAL CRIME



SPD PHOTO

LIFE SENTENCE
A jury trial was held in Bedford County Circuit Court last week for Mohamed Miray of Nashville who is charged with criminal homicide for the Aug. 26, 2022, shooting death of Rafael Mendoza-Pineda at Davis Estates. Anthony Lane. The jury came back with a verdict in under 30 minutes. Miray was sentenced to life. (SPD Photo)



SPD PHOTO

NO CONNECTION
The remains found on Old Nashville Dirt Road on July 8 have been positively identified as missing juvenile Maria Lucas Gaspar. This investigation is ongoing, and any information could be crucial in helping Shelbyville Police Department understand the circumstances surrounding Maria's disappearance. Earlier this week, local law enforcement officials said, as of now, there is no connection between Maria's death and teens missing from a Bedford County foster home.

FREE

BACK TO SCHOOL SUPPLIES!

Local Students Need Your Help!

Help give their school year a strong start with school supplies.

Several local organizations are helping out with school supplies. Why do they do it? They all say they want students to start out in the very best possible way in August.

See school supply lists for Bedford County schools at www.bedfordk12tn.com/apps/supplies.

Find school supply lists for your student, complete with "Add to Cart" buttons to purchase items online at popular retailers such as Target, Walmart, and Amazon.

United Way of South-Central Tennessee's Stuff the Bus initiative is a community event providing school supplies for students in need. Each year the initiative gives more students the tools and confidence they need to succeed in school.

This year's Stuff the Bus Collection Day will take place on Monday, July 29, from 9 AM – 12 PM, at Shelbyville Central High School.

Basic school supplies can cost parents an average of $247 per child. Stuff the Bus ensures that children start back to school



with the proper tools and materials they need to succeed while alleviating the financial pressures on local families.

"At United Way, we know how important an initiative like this is to the academic success of our youth," said Haley Adams, director of marketing and communications for United Way of South Central Tennessee.

The Stuff the Bus initiative begins first with the collection of needed school supplies. Community members can purchase from the following list of school supplies:

Folders with pockets and prongs

See SUPPLIES, 11A

Kenny Parker, director of Bedford County schools transportation, said this week he is still in need of 14 bus drivers. *See this ad.*

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BEDFORD COUNTY Schools

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Three pilots finish 2,500-mile Air Race Classic
MTSU's three pilots successfully completed the nearly 2,500-mile race in June...
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Football Media Day: Not A Rebuild
"This is not a rebuild at MTSU," Mason said at CUSA Kickoff, "I think we have a chance to compete immediately like anybody else in this conference...
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FLY CENTER

From page 1

a director, she explains, with plumbing and construction experience.

Currently there are theater productions and Christmas craft shows held at The Fly. But Jody says the center can provide much more in the way of cultural arts in this community.

"I don't want it to be just seasonal. My vision is to hopefully have events there every weekend, when there's availability."

She says events may include everything from community partnership to dances. She wants to open the Fly to other nonprofits for their events too.

While they want to produce revenue for The Fly, the new board's vision is also to host events that support community engagement, Jody shared. The recently appointed theater director is Keith Davis, who was also recently selected as a Bedford County Commissioner.

She said having experienced and professional individuals like Keith onboard at the center is an asset.

Directing public relations and marketing will be Jennifer Meloy.

Meloy and the board will be busy planning for a Town Hall meeting, Monday, Aug. 19, at 6:30 p.m. at the Fly. It's a time for the community to meet and greet newly elected officers and hear their plans for the future.

There will also be an open floor discussion for ideas and suggestions to help the center grow and flourish, Jody said. "We are looking to build a strong team of volunteers to fill different positions within the organization.

Those wanting to be on the agenda can email their "topics" of discussion to presidentflyarts@gmail.com. Deadline to submit is Aug. 12. See more info on The Fly Facebook page or the website at flyartscenter.com.

Under this new leadership structure is museum curator Gene Williams and art gallery chair Santha Koonce. There will also be chairs for fine arts (fiber arts and visual arts), a literary chair, Nicole Marie Rodriguez, and a volunteer membership chairperson, Kimberly Kalish.

Why so many volunteers?

"The reason being is because we want to be surrounded by diversity and talent," said Jody. "When you're a nonprofit organization, you have all these volunteers trying to make all this come together . . . volunteers are pivotal."

She said there needs to be as many experienced, knowledgeable and energetic people as possible working at The Fly. One person cannot do it all, she advises.

"By forming these chairs, and opening up the communication channels, we are going to be more fruitful in our operational procedures. I really am interested in running The Fly as a business for the public, for economical reasons. I'm really looking at building business plans and building workable budgets. I'm trying to do a cost analysis on our events because I want to know where we're driving our income . . . expenses and preparing for the beautification and maintenance of the building."

She is moving ahead with discussions to renovate the late 1920's era building. It is in great need of physical TLC, she says.

She's going to be checking with the historical committee to find out how to carefully renovate The Fly, since it is listed on the Historical Registry.

As well, she said she's already reached out to City and County leaders to connect with the new Riverview Walk District project. The City discussed additional parking at The Fly, as part of this project, at its last study session.

The Fly sits in the prime position of this project. The new president notes with assurance, "We cannot get left behind, when they do that. If we do, shame on us."

She's also connecting with State Rep. Pat Marsh about grants that might be available for The Fly. She is interested in a grant for an art gallery.

Jody said truthfully, the theater productions are bringing in more revenue than the building rentals. She sees so much more potential in the local community arts center.

"My vision is when this plan takes place with the Riverview District, when you walk into The Fly, you're not going to see an empty event room. My vision is when you walk through that door, you're going to see art; you're going to see sculptures; you're going to see history. We've got everything hidden in the gallery . . . I want that extended and I want that room to have color. I want the exterior to have color. That's why I have to talk to the historical foundation to find out how I can do color without ruining the look of the historical building."

Jody believes when events are going on at the square, The Fly needs to be open.

"It is vital to work within tourism aspects in the community. We can't hide behind closed doors."

Two more fatalities at 82 East intersection

A fatal crash Monday evening on Highway 231 North and 82 East claimed the lives of a 46-year-old woman and a 28-year-old man, both listed as from Tennessee. Also involved in the accident was a 57-year-old truck driver of California, who was uninjured. THP preliminary reports indicate that the driver of the Peterbilt Tractor Trailer was stopped at the intersection Highway 82 East and Highway 231 North. The Nissan Aryia, reports THP, was to have been traveling north on the highway. The truck driver reportedly traveled east through the intersection and pulled out in front of the Nissan. The Nissan Ariya then struck the trailer of the truck and traveled under the trailer. The Nissan continued traveling north on the highway approximately 100 yards, before coming to a final rest in the median facing south. No further investigation is indicated in the report.

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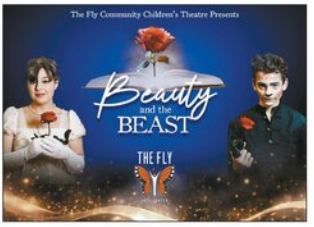
T-G steps back into TPA award circle

Shelbyville-Times Gazette earned a fourth-place award last Friday in the Tennessee Press Association contest in Franklin. The division III award for "Best Single Feature" was for an article: "Joe B. Cartwright: Local GI," written by Dawn Hankins, which was published last November. The judges commented on the top 5 winners in this category, which TPA representatives said was a category with 27 entries. "These top 5 winners all told great stories in a highly professional way. While there are many good stories out there, these are the great ones-and all these writers and editors went the extra mile to give these subjects justice."

The Times-Gazette, under Richardson Media Group, had only been printing a month into the TPA contest deadline, so only one article was submitted for 2023.

The Fly's Beauty and the Beast: a hit!

Sell out performances!









Local area children and teens have been busy making magic happen on stage at The Fly Community Theatre this summer with their upcoming production of "Beauty and the Beast". With a cast of 37, ranging in age from 7 to 16, this marks the largest turnout of participants for the children's program since its post pandemic return in 2022.

Starring Lilee Owens as Beauty and Tre Young as The Beast, the production ran with four shows on July 18, 19, 20 and 21. According to Mary Margaret Edwards, all performances sold out!

The Fly Children's Theatre program gives young performers a chance to learn about what it takes to produce a theatrical production both on stage and behind the scenes. Participants are excited to show off their new skills and talents to audiences through their dancing, comedic timing and sword fighting choreography.

"Beauty and the Beast," written by Vera Morris, is produced by special arrangement with Pioneer Drama Service, Inc., Englewood, CO. Play Summary: As punishment for rebuffing a powerful witch, a selfish prince becomes a true "beast" until someone will love him for himself.

The Fly Arts Center offers a variety of volunteering options. "Volunteers provide very valuable assistance within our community," said Jody Barnes-Turner, director. "We are always looking for friendly, energetic and committed individuals, who have a love and appreciation for the arts."

High School and College Students needing to fulfill their Community Service requirements are welcome to inquire.

Angie Gambill Photography

Enriching extracurricular activities



A school experience goes beyond lessons learned in the classroom. Part of what helps shape well-rounded students are the skills they sharpen and memories they make while engaging in extracurricular activities. Extracurricular involvement shows that students can stick with activities for extended periods of time, indicates they have passions and interests, and illustrates that they can take initiative outside of their schoolwork.

Athletics is a popular extracurricular activity. A love of sports often develops in elementary school, with children participating in recreational or school-based leagues each year. That enjoyment of the game only builds in middle school and high school. However, there are plenty of students who are not sports enthusiasts but still fill their after-school hours with activities that can help cultivate leadership, teamwork, time management skills, confidence, and much more. The following are some extracurriculars that go beyond the scholastic playing fields.

• Arts activities: These can include painting, sketching, ceramics, jewelry-making, and yarn work.

• Band or chorus: Music instruction is ideal for those who want to explore a passion for singing or playing an instrument.

• Theater: Students can participate in theater productions after school. It's possible to get involved both in front of the curtain and behind with positions in the cast, crew and even promotional team.

• Newspaper: Many schools still produce student-led newspapers in print or digital versions. Students handle all of the roles, from reporting, editing, photography, and managing the publication.

• Foreign language clubs: Students may want to expand on their foreign language studies by participating in language clubs. Often these clubs include learning more about the cultures where specific languages are spoken, including exploring culinary delights and possible travel.

• Philanthropy: Like-minded students may want to participate in school-organized volunteer activities. These keep students busy, but also benefit recipients in many ways. Activities can include beach sweeps or volunteering at animal shelters.

• Coding and programming: Students can learn the basics of writing code and building computer applications or websites.

• Culinary arts: Certain schools may be equipped with kitchen facilities and still offer elective courses in culinary arts, while others may reserve cooking classes to extracurricular activities. If a school does not have a culinary club, chances are students can find a cooking class offered through a private group.

Parents & students: work together for successful year

Success in school can carry over to successful experiences later in life. That underscores the benefits of developing skills in the classroom. Students learn in their own way, and at times there may need to overcome various obstacles.

The job of education does not fully fall on educators and administrators. Education begins at home. Research has found that kids benefit significantly when parents and other caregivers are strongly involved in a child's education. A 2020 study published in the Journal of Prevention and Intervention in the Community found that parental involvement in a child's education is associated with improved academic performance. Specifically, children whose parents are more involved in their educations have higher levels of academic performance than children whose parents were not as involved.

A 2005 study from researchers at the Johns Hopkins University Center of School, Family and Community Partnerships showed that school practices that encourage families to support their student's math learning at home led to higher percentages of students scoring at or above proficiency on standardized math tests. Additional research indicates the benefits also extend to other subjects and areas of learning, including language comprehension and expressive language skills.

With so much to gain from parental involvement in students' educations, parents can embrace these strategies to get more involved.

• Develop a partnership with the teacher. Open communication with the teacher(s) can help parents stay up-to-date on what is going on in the classroom and learn early on where a student may need extra support. Then parents can offer extra guidance if it is feasible, or look into an experienced tutor.

• Be firm but supportive. Too much academic pressure may cause a child to pull back or even test boundaries, and that can lead to students falling behind in school. Parents must find the right level of involvement and guide their kids without sounding like good grades are Make or break the relationship.

• Attend school functions. Parents can go to open houses, back-to-school nights, conferences, and other events held at school to show support and interest in their children's education. Involved parents also build school-based networks this way, which can be called upon if their student needs additional support in the future.

• Establish a schedule at home. Students can benefit from a schedule, with regular bedtime, homework time and opportunities to relax. Knowing what to expect and when to expect it can take some of the stress out of learning and studying, according to Nemours health.

Parents working in concert with schools and their children can lead to better academic outcomes.



THE ISSUE
No more portables!



By DAWN HANKINS

Back in the spring, Bedford County Board of Education took its annual retreat to the Nashville area and held discussions about the local education system. One session was about capital projects.

For many years, school boards have discussed getting rid of all the portables within the school system. It seems that is now a reality.

The question was asked during the board retreat, 'How can we prepare our schools to keep from bringing portables back in a few years?'

My answer is, that's just not an option. But when you're sitting on a school board and having to place students, discussions might necessitate something different.

One of the suggestions of the current school board was to tear down the older schools and build a new school on the same property. If we can do that and save as much as we did with Cartwright Elementary, awesome! That's about $2 million savings, by the way.

It was brought up during the recent board retreat about 'buying land for a new school complex to be built in a few years.'

Can Bedford County wait that long? Dr. Garrett talked about the $2.8 million dollars that the school system is getting for growth money. And the board discussed getting $600,000 from "outcomes" money. Yes, the state is rewarding schools that worked diligently and tried to hold to state standards over the last 4 years or so.

There was much discussion on how to use this state money and the money saved after building Cartwright Elementary. Dr. Garrett asked the board to consider a possible newcomer or transition school. "We have kids coming in that cannot speak English and have no proof of formal education," she said.

It was brought up that other counties in Tennessee are not having issues with English-Language Arts (ELL) like Bedford County since we have the largest population of non-English-speaking students in the state. The use of the land adjacent to Cartwright was talked about and possibly the board may decide to build a bus garage on that land. There will be more discussion on the location of a new bus garage. The board has set its capital priorities as school safety, quality of learning, and quality of life while at school.

As for portables, Bedford County Mayor Chad Graham had some things to say about that during the recent Cartwright Elementary dedication.

"Not only do we want to get kids out of portables and that was at the heart of what I was saying," he advised. "We had over 850 kids in portables in the City of Shelbyville, alone, in 2018."

He advised a large crowd that is unacceptable and is an unsafe environment for students. He praised the school system and the state for trying to make a difference.

He said portable classrooms that are over 20 years old are not where this County wants to be. He said the Commission has stepped up and made those investments needed.

"The students, teachers and staff deserve to be in an appropriate environment where it is safe," he said.

When it becomes a model, as it has for many years here, then in 2024, there are issues with portable classrooms.

Mayor Graham and I grew up in the same K-12 era, just two different schools-and studied in portables. Wiring issues are a problem today and can prevent some internet connection, which we all know is now a necessity.

So, we're not speaking out of turn when it comes to those portable classrooms. We've been educated in them. Not so bad on my end as I think I only spent 4th grade in them. There may have been a few 7th grade classes there from time to time.

I do remember in the sixth grade that we were partitioned off in the theater. That was fun!

As for those who grew up in portables, likely we say, "no more, please."

Bottom line, stick together and do what needs to be done to get new buildings for our students. This County is on the right track. Don't lose the momentum. Full steam ahead!

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New lighting tested at the Courthouse
Setting the record straight: safety first

By Dawn Hankins

Mayor Chad Graham said this week that the main thrust of the lighting project at the courthouse is for safety and security reasons (lighting and cameras) with accent lighting being an added benefit.

Mayor Graham outlined below several valid reasons/benefits for the lighting project:

Crime Deterrence:

Well-lit exteriors deter criminal activity such as vandalism, theft, or trespassing by making it difficult for individuals to approach or damage the building unnoticed.

Improved Personal Safety:

Consumers feel safer and more secure when entering or exiting a well-lit historic building, especially during evening hours or in dimly lit areas.

Preservation of Architectural Features:

Properly designed exterior lighting can highlight and accentuate the architectural details of historic buildings, improving their visibility and reducing the risk of accidental damage during nighttime activities.

Public Perception and Accessibility:

Well-lit historic commercial structures are perceived as inviting and accessible, encouraging consumers to visit and explore the building safely.

Environmental Considerations:

Energy-efficient lighting solutions not only reduce operational costs but also contribute to sustainable practices, aligning with modern consumer expectations for environmentally responsible businesses.

Community Engagement and Heritage Preservation:

Lighting up historic buildings enhances their visibility within the community, promoting cultural heritage and encouraging consumer engagement with local history and architecture.

By carefully planning and implementing exterior lighting on historic commercial structures, businesses can effectively enhance consumer safety while preserving the architectural integrity and historical significance of these valuable landmarks.

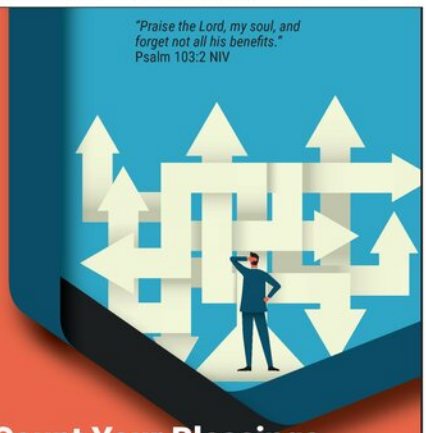




Photos by Josh Carney

Testing of potential lighting was conducted on the public square last week with Sesco Lighting and Hawkins & Price engineers. Various directional lighting effects on the structures (courthouse/annex) were demonstrated. The proposal includes 12-foot linear fixtures on the Courthouse Annex building facing the Courthouse. There will be directional lighting fixtures installed at the base of exterior columns on the Courthouse structure. In addition, the clock tower will be illuminated by powerful directional lights. The H&P project manager said construction will begin when confirmation has been made by us (via Jeff Sweeney) whether there will be any modifications or additions to the original project specifications.

"Praise the Lord, my soul, and forget not all his benefits."
Psalm 103:2 NIV



Count Your Blessings, Not Your Problems

The world is full of problems, and not a day goes by that we don't have to deal with some of them, whether it is mechanical devices not working, or people getting sick, or problems caused by natural disasters like storms or earthquakes. And it is only natural that much of our waking hours are therefore spent fixing or cleaning up after these problems. We do well to try to prevent their damage in the first place. An ounce of prevention is indeed worth a pound of cure. There is a reason why everyone who drives a car needs auto insurance and why everyone who has a physical body needs health insurance. But if we spend too much time focusing on the problematic aspects of life our well-being will be adversely affected and we might even find that we have added unnecessarily to our problems by causing undue anxiety. We should take time every day to count our blessings, that is, to think about what we can be thankful for. A simple meal or a cup of coffee and a donut can be a real pleasure. And often the things that bring us the most joy cost nothing. A beautiful sunset or a walk in the woods with a friend or loved one can lift our spirits and have a lasting positive effect on our outlook. So focus on the positive, and even when you have some problems to solve, consider it a blessing that you have the resources to do so.
– Christopher Simon

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- *Press Releases*
- *Announcements*
- *Letters to the Editor*
- *Obituaries*
- *Guest Column/Op/Ed*

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Submitted Photos

Fun and fellowship at Cowpuncher Church

The 2024 frog leg supper held over the weekend at Cowpuncher Church, 1624 Highway 41A North, was called a big success. It is rightfully called the annual Cowpuncher frog roundup. The weekend got even better, church members note, with baptisms.

COMMUNITY CALLENDAR

FUMC-S Worship

Pastor Abe Zimmerman of First United Methodist Shelbyville is preaching "Divine Interruptions: Part 1" from Mark 10:13-16 this Sunday. This series explores the interruptions and unexpected moments in Jesus' ministry. Everyone is encouraged to bring their bag of choice for the Blessing of Backpacks. Sunday School for all ages begins at 9 am, followed by the Worship service at 10. The church offers a livestream on Facebook and a broadcast on WLIJ 1580 AM.

Board of Education meeting

School Board meeting 6 p.m. Aug. 15
Central Office board room

Farm Bureau Membership Dinner

Bedford County Farm Bureau will host a membership appreciation dinner on Friday, August 2, at 6:30 pm the Farm Bureau office located at 323 Bethany Lane, Shelbyville.

Flat Creek Community Center Event

Flat Creek Community Center's annual ice cream supper will be held 4 to 7 p.m. Saturday, Aug. 3. Hamburgers, baked beans, chips, drink, homemade dessert and ice cream. $10.

Wartrace Horse Show

The Wartrace Horse Show will be Saturday, Aug. 3, at 6 p.m. at Jernigan Field. This is the 118th anniversary. Proceeds benefit Cascade schools. Joe Fleming of Shelbyville will be judge.

Homecoming Celebration

Homecoming will be held at Shiloh Outreach Church, 2547 Highway 64 West, Shelbyville (in Wheel) Sunday, Aug. 4. 10 a.m. to noon, special singing. Lunch will be served. Everyone is welcome.

County Meeting

Bedford County Board of Commissioner's Rules & Legislative Committee will hold a study session on Tuesday, Aug. 6, @ 5 p.m. in the 2nd floor Community Room, located in the Historic Courthouse, 1 Public Square. The purpose of the study session is to review updates to the Commission bylaws.

Laity Club Meeting

The Bedford County Laity Club will meet Sunday, August 11, at Blankenship Community Church at 6:00 PM. The meal is to be furnished.

Save the Date--Bedford County Schools

July 23-25 - New Teacher Induction

July 29 - Jul 31 Inservice Days (No School)

August 1 - Administrative/Election Day (No School)

August 2 - 1st Day for Students/ Abbreviated Day

Aug. 26 - Sept 2 Horse Show (No School)

Benefits of cheerleading



Cheerleading captivates millions of participants. Statista Research says roughly 3.8 million Americans age six and older participated in cheerleading in 2023, which was up from 3.5 million a year earlier. According to Cheer Canada, the nation's governing body of cheerleading, the sport has more than 400 schools and clubs and roughly 25,000 participants across the country.

While competitions and supporting school teams are the main objectives of cheerleading, there are many additional benefits of being involved in the sport.

1. Teaches sportsmanship: Cheer helps to teach athletes how to accept defeat gracefully, be proud of successes and maintain respect for fellow competitors or teams no matter a game's final outcome.

2. Encourages teamwork: Cheerleading is a team sport that takes into consideration participants' strengths to achieve the best outcome for the team. Squads that are inclusive of all skill levels and athletes have the best environment for success.

3. Promotes physical fitness: Cheerleading is hard work that pushes the body through cardiovascular exercises as part of high-energy routines. Choreography can include dance, tumbling, jumps, and other stunts that necessitate stamina and strength.

4. Fosters discipline: Practices, showing up on the sidelines for football games and other sports and competing against other cheer squads all are part of the cheerleading experience. Cheerleaders need to prepare and focus to be at the best of their abilities, and that preparation fosters a sense of discipline.

5. Helps to build confidence: As participants make new friends and develop their skills, their confidence levels grow. Performing in front of an audience helps cheerleaders adapt to being in the public eye, which also boosts their confidence.

6. Improves self-awareness: Cheerleaders need to be aware of their movements both individually and as part of the squad. This involves being in tune with what their bodies are doing in the air and on the floor in relation to others.

7. Connects participants with their community: Not only are cheerleaders' part of the team, they often act as ambassadors for schools and programs. This may take them to various events where they get to mingle with the community and spread good cheer.

Cheerleading benefits participants in a number of significant ways.

OPEN HOUSES

WHERE, WHEN, & TIME:

+ALL ELEMENTARY SCHOOLS WILL HOST A KINDERGARTEN PARENT MEETING ON 8/1/2024 AT 6:30 PM

CARTWRIGHT ELEMENTARY SCHOOL
DATE: 7/28/2024
TIME: 2:00 PM - 4:00 PM

CASCADE ELEMENTARY SCHOOL
DATE: 7/31/2024
TIME: 4:00 PM - 5:30 PM

CASCADE MIDDLE SCHOOL
DATE: 7/31/2024
TIME: 2:00 PM - 5:00 PM

CASCADE HIGH SCHOOL
DATE: 8/1/2024
TIME: 4:00 PM - 6:00 PM

COMMUNITY ELEMENTARY SCHOOL
DATE: 8/1/2024
TIME: 4:30 PM - 6:30 PM

COMMUNITY MIDDLE SCHOOL
DATE: 8/1/2024
TIME: 5:30 PM - 6:30 PM

COMMUNITY HIGH SCHOOL
DATE: 8/1/2024
TIME: 6:00 PM - 7:00 PM

EAKIN ELEMENTARY SCHOOL
DATE: 8/6/2024
TIME: 4:30 PM - 6:00 PM

EAST SIDE ELEMENTARY SCHOOL
DATE: 8/1/2024
TIME: 4:00 PM - 6:00 PM

HARRIS MIDDLE SCHOOL
DATE: 7/31/2024
TIME: 3:30 PM - 5:30 PM

LEARNING WAY ELEMENTARY SCHOOL
DATE: 8/1/2024
TIME: 5:00 PM - 6:30 PM

LIBERTY SCHOOL
DATE: 8/1/2024
TIME: 5:00 PM - 6:30 PM

SHELBYVILLE CENTRAL HIGH SCHOOL
DATE: 7/31/2024
TIME: 4:00 PM - 6:00 PM

SOUTHSIDE ELEMENTARY SCHOOL
DATE: 8/1/2024
TIME: 4:30 PM - 6:30 PM

THOMAS MAGNET SCHOOL
DATE: 7/29/2024
TIME: 4:30 PM - 6:00 PM

BCS
BEDFORD COUNTY Schools



Family Resource Night

THURSDAY, AUGUST 15, 2024
4:30-6:30 PM

HARRIS MIDDLE SCHOOL
(ENTER AT THE BACK)
507 EAGLE BLVD. SHELBYVILLE, TN

BEDFORD COUNTY SCHOOLS IS PARTNERING WITH THE BEDFORD COUNTY HEALTH DEPARTMENT & COUNTY RESOURCES FOR A FREE NIGHT OF FUN! WE INVITE YOU TO AN EVENING DEDICATED TO CONNECTING FAMILIES WITH VALUABLE COMMUNITY RESOURCES AND SUPPORT SERVICES.



The Health Department will be providing TN required vaccines to PreK, Kindergarten, 7th grade and any others still needing the required vaccinations.
For vaccines, please bring the following:

- TennCare card or private insurance card
- Most updated immunization records
- Cost billed to insurance or FREE otherwise



Meet your Superintendent of Schools Dr. Tammy Garrett, & enjoy activities for children!



County resources will be present to share information about their services.

IF YOU ARE A COUNTY RESOURCE, AND ARE INTERESTED IN SETTING UP A BOOTH, SCAN THIS QR CODE TO REGISTER BY AUGUST 1.

For vaccine information statements & more visit
https://www.bedfordk12tn.com/VaccinationInformation/

Medical Exemption- Physicians (MD or DO) or Public Health Nurses are authorized to indicate specific vaccines medically exempted because of risk of harm on the certificate of immunization. The medical reason for exemption must be specified.
Religious Exemption: This exemption requires a signed statement from the parent/guardian that vaccine conflicts with genuine beliefs or practices. If the child needs documentation of the health examination for the school, it must be noted by the healthcare provider on the immunization certificate. In that case the provider should check the box in Tx that the parent has sought a religious exemption to explain why immunization information is absent or incomplete.

Diseases Covered by Tennessee Child Care and School Immunization Requirements

TN Rule Chapter 1200-14-1-.29: https://publications.tnsosfiles.com/rules/1200/1200-14/1200-14-01.20190313.pdf

Disease	Child Care	Kindergarten	New students, Grades 1-12	All incoming 7th graders	College
H. flu type B (Hib)	Up to date/ complete	-	-	-	-
Pneumococcus (PCV)	Up to date/ complete	-	-	-	-
Diphtheria, Tetanus, Pertussis	Up to date (no 4y dose)	Complete (incl. 4y dose)	Same as K. *Tdap req'd only for 7th gr.	Tdap booster	-
Measles, Mumps, Rubella	1 dose	2 dose	2 dose	-	2 dose
Polio	Up to date (no 4y dose)	Complete (incl. 4y dose)	Complete (incl. 4y dose)	-	-
Hepatitis B	Up to date/ complete	Complete	Complete	-	If training incl. direct pt. care
Hepatitis A	1 dose	2 dose	-	-	-
Meningococcal disease (MenACWY)	-	-	-	-	1 dose for some (see school)
Varicella (or disease history)	1 dose or disease	2 dose or disease	2 dose or disease	-	2 dose or disease

Other important vaccines are recommended by CDC for all children and teens, but not required for school attendance.
For more information, visit the TennIIS homepage at https://tennesseeiis.gov and click on the blue bar titled School Immunization Requirements. For the Official Certificate, go to the above website and login to TennIIS.
Last updated by Tennessee Immunization Program: January 2020

Bedford County Schools

2024-2025

- In-Service Day
- Administrative Day
- School In Session
- No School
- Abbreviated Day
- Staff Development

School Dates

July 23-25 - New Teacher Induction
July 29 - Jul 31 Inservice Days (No School)
August 1 - Administrative/Election Day (No School)
August 2 - 1st Day for Students/ Abbreviated Day
Aug. 26 - Sept 2 Horse Show (No School)
September 27 - Inservice Day (No School)
October 24 - Staff Development (No School)
October 24 - Parent/Teacher Conference
October 25 & 28 - Fall Break (No School)
November 5 - Inservice/Election Day (No School)
November 25 - 29 Thanksgiving Break (No School)
December 20 - Abbreviated Day
Dec 23 - Jan 3 Winter Break (No School)
January 6 - Staff Development Day (No School)
January 20 - MLK Day (No School)
February 7 - Staff Development (No School)
February 17 - President's Day (No School)
March 7 - Staff Development (No School)
March 24 - March 28 Spring Break (No School)
April 4 - Staff Development (No School)
April 18 - No School
May 26 - Memorial Day (No School)
May 28 - Administrative Day (No School)
May 29 - Abbreviated Day / Report Cards

End of Nine Weeks
October 11
December 20
March 6
May 22

Mid-Nine Weeks
September 13
November 15
February 6
April 17

Report Card Dates
October 23
January 15
March 19
May 29

July 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Escuelas del Condado de Bedford

2024-2025

- Día de Servicio Maestros
- Día Administrativo
- Clase en Sesion
- No Hay Clases
- Día Abreviado
- Desarrollo Personal

Fechas de las Escuelas

Julio 23-25 - Induccion de Nuevos Maestros
Julio 29 - Jul 31 Día de Servicio (No hay Clases)
Agosto 1 - Día Administrativo/Día de Elecciones (No hay clases)
Agosto 2 - Primer día para estudiantes/ Día Abreviado
Agosto 26 - Sept 2 Espectaculo de Caballos (No Hay Clases)
Septiembre 27 - Día de Servicio Para Maestros (No hay Clases)
Octubre 24 - Desarrollo Personal (No hay Clases)
Octubre 24 - Conferencia de Padres/Desarrollo Personal
Octubre 25 y 28 - Vacaciones de Otoño (No hay Clases)
Noviembre 5 - Día de Servicio Maestros (No hay Clases)
Noviembre 25 - 29 Accion de Gracias (No hay Clases)
Diciembre 20 - Día Abreviado Para Estudiantes
Dec 23 - Enero 3 Vacaciones de Invierno (No hay Clases)
January 6 - Desarrollo Personal (No hay Clases)
Enero 20 - Dia de Martin Luther King (No hay Clases)
Febrero 7 - Desarrollo Personal (No hay Clases)
Febrero 17 - Dia del Presidente (No hay Clases)
Marzo 7 - Desarrollo Personal (No hay Clases)
Marzo 24 - Marzo 28 Vacaciones de Primavera (No hay Clases)
Abril 4 - Desarrollo Personal (No hay Clases)
Abril 18 - No hay Clases
Mayo 26 - Dia Conmemorativo (No hay Clases)
Mayo 28 - Dia Administrativo (No hay Clases)
Mayo 29 - Día Abreviado / Boletas de Calificaciones

Fin de Nueve Semanas
Octubre 11
Diciembre 20
Marzo 6
Mayo 22

Mediados de Nueve Semana
Septiembre 13
Noviembre 15
Febrero 6
Abril 17

Boletas de Calificaciones
Octubre 23
Enero 15
Marzo 19
Mayo 29

Julio 2024

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Agosto 2024

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Septiembre 2024

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Octubre 2024

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Noviembre 2024

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Diciembre 2024

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Enero 2025

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Febrero 2025

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Marzo 2025

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Abril 2025

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Mayo 2025

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Junio 2025

Dom	Lun	Mar	Mierc	Juev	Vier	Sab
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Two Webb School promotions

Alsup, Wenzlick promoted to new roles in Webb's Alumni and Development Office

Kristen Linton Alsup '00 has been named associate director of alumni and development after four years as director of leadership annual giving, effective July 1. In her new role, Alsup is responsible for working with the Alumni Board and its committees, managing the day-to-day of the A&D team, and meeting fundraising goals in leadership and major gifts. A 2000 Webb graduate, she also has her Bachelor of Arts in Spanish Language and Literature from New York University and her Master of Education in Independent School Leadership from Vanderbilt University.

Webb's A&D Director Jonathon Hawkins says "Kristen is an ideal person to fill this vital role. Her professional and educational background as well as her deep knowledge of Webb and passion for its success helps the school continue growing its fundraising and alumni engagement activities."

Alsup says "I am grateful for the opportunity to continue serving my alma mater and I am thrilled to be working so closely with the Alumni Board and the fantastic alumni and development team."

In addition to Alsup's new role, Justice Wenzlick has been promoted to the role of Director of Alumni Relations and Annual Giving after having served as Assistant Director of the Webb Fund since September 2021. Wenzlick assumes responsibilities for reunion activities, alumni engagement activities, class agent program, and direct mail fundraising. Wenzlick has a Bachelor of Science in Organizational Communication from Middle Tennessee State University.

Wenzlick says "I am honored to take on the role of Director of Alumni Relations and Annual Giving, and am excited to build upon my work from the past three years. I thank Jonathon Hawkins for the opportunity to further serve The Webb School's Alumni and Development Office and look forward to another great year here in Bell Buckle."

Hawkins shared that "Justice's enthusiasm and professionalism play an important role in engaging with alumni, parents, grandparents, and friends of the school. I'm excited to see the work he accomplishes in this role. In addition, I'm so pleased with our team's ongoing success and look forward to continuing our good work on behalf of Webb."

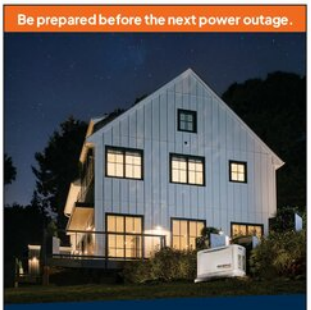


Kristen Linton Alsup



Justice Wenzlick

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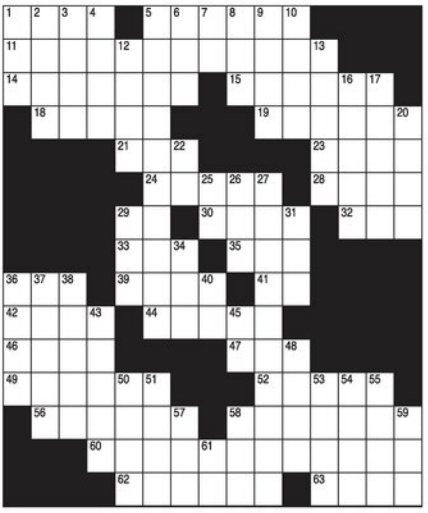
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Crossword

CLUES ACROSS
1. Nasal mucus
5. Hairs on the back of a dog
11. Ones who build anew
14. Consume too much food
15. Praised
18. Provides weapons
19. Become less lively
21. Engine additive
23. Thought or suggestion
24. South Korean city
28. Midday rests
29. Expression of acidity or alkalinity
30. Group of rockers
32. Very fast airplane
33. One who is paid to do something
35. Buzzing insect
36. Monotheistic religion founder
39. Strong dark beer
41. Blood type
42. Square measures
44. Honorific titles in NW Semitic languages
46. Present
47. Afflict in mind or body
49. Duty
52. Municipality in Stockholm
56. In a normal way
58. Rode a bicycle
60. Charitable
62. Verandas
63. Uncredited

CLUES DOWN
1. No seats available
2. Russian river
3. A European river
4. Phrase
5. Idol
6. Keyboard key
7. Prefix indicating mutual
8. Kilometers per hour
9. Set an example
10. It's among the 'Great' ones
12. VVV
13. Murdered
16. Icelandic poems
17. Seas
20. Famed cartoonist
22. Partner to 'Ma'
25. Equal to one quintillion bytes
26. Speak incessantly
27. Disquiet
29. Parts per billion (abbr.)
31. Upper-class young woman (abbr.)
34. S. American plant
36. Monetary unit of Thailand
37. Regions
38. Baseball legend Yogi
40. Ancient Egyptian notion of spiritual part of humans
43. Fishing net
45. Tinseltown
48. MacBeth's wife was one
50. Took a spill
51. Adversary to pets
53. Town in Galilee
54. Secret racist society (slang)
55. About aviation
57. Longing or yearning
58. Hawaiian dish
59. Field force unit
61. Partner to 'Pa'



Horoscopes

ARIES - Mar 21/Apr 20
Your feelings this week may not be entirely trustworthy, Aries. You could end up worrying for nothing, and being pulled into difficult situations for the wrong reasons.

TAURUS - Apr 21/May 21
Taurus, if you are feeling a little lost these days, it could be that you need a change in perspective and location to help you get inspired. Plan a short trip to recharge.

GEMINI - May 22/Jun 21
You cannot serve as mediator or help friends establish harmony if you are all over the emotional map, Gemini. Work your way through your emotions before offering to help.

CANCER - Jun 22/Jul 22
Cancer, you may be so caught up in a specific vision for the future that you are not open to new ideas that are equally beneficial and possible. Be more receptive to what others offer.

LEO - Jul 23/Aug 23
Leo, once you give a certain plan a little more thought you may determine it isn't worth your time right now. Perhaps you've been building this idea up in your head.

VIRGO - Aug 24/Sept 22
Virgo, you are eager to share your ideas and vision with others, but right now the audience isn't as receptive as you would have hoped. Do not give up; people will come around.

LIBRA - Sept 23/Oct 23
Libra, you have a way of doing things, and right now you're not ready to deviate from that routine. With time you may be able to branch out and try a new approach.

SCORPIO - Oct 24/Nov 22
People are receptive to your words and you often speak with assertiveness Scorpio. Do not let this go to your head, though. Aspire to be humble while exhibiting confidence.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, this is one of those weeks when you can get into trouble if you let your emotions be the driving force behind your actions. Make an effort to balance emotion and reason.

CAPRICORN - Dec 22/Jan 20
This is your week to really shine, Capricorn. Let others know what you're made of, but be sure you do not do something at another person's expense just to get ahead.

AQUARIUS - Jan 21/Feb 18
Aquarius, if you do not like the course you are on, you have the ability to change things whenever you want. Nothing is set in stone at this point, so start dreaming up new ideas.

PISCES - Feb 19/Mar 20
Pisces, there are so many ways you can be creative and express yourself. This is a week of true inspiration and exploration. Nothing is off-limits if you desire it.

FAMOUS BIRTHDAYS
JULY 28
Soulja Boy, Rapper (34)
JULY 29
Dak Prescott, Athlete (31)
JULY 30
Joey King, Actress (25)
JULY 31
Mark Cuban, Entrepreneur (66)
AUGUST 1
Jason Momoa (45)
AUGUST 2
Charli XCX (32)
AUGUST 3
Tom Brady, Retired Athlete (47)

AT THE FAIR WORD SEARCH

F	N	R	S	N	O	I	S	S	E	C	N	O	C	U	N	D	B	M	S
D	O	U	S	R	I	L	C	O	R	N	D	O	G	U	K	C	O	G	P
L	A	V	I	N	R	A	C	F	C	P	G	S	W	N	S	A	S	J	W
N	U	T	W	Y	I	Y	N	P	O	P	C	O	R	N	A	R	T	U	L
L	C	E	B	P	E	N	O	W	M	A	H	M	I	L	I	O	E	F	T
E	T	O	C	R	E	T	H	G	U	A	L	Y	U	B	D	U	K	A	A
V	T	Y	N	N	F	E	R	R	I	S	W	H	E	E	L	S	C	G	O
L	H	A	T	T	A	E	T	N	E	M	I	R	R	E	M	E	I	T	N
R	M	W	G	F	E	M	K	S	C	P	E	N	G	S	L	L	T	H	M
S	H	T	A	B	I	S	R	A	D	Y	J	D	U	N	E	A	P	R	E
A	C	G	H	M	O	F	T	O	C	D	B	N	A	W	I	D	U	W	I
F	M	R	F	O	L	B	Y	K	F	L	N	E	T	N	B	C	I	T	R
J	U	U	K	G	O	Y	C	T	H	R	E	A	K	H	O	V	N	R	O
K	A	L	S	Y	D	O	M	N	F	O	E	N	B	W	R	M	K	A	B
C	K	M	I	E	T	S	F	I	U	I	N	P	N	V	V	I	E	W	D
S	T	I	B	S	M	E	B	K	Y	W	F	T	Y	U	F	H	L	L	J
S	R	P	E	O	E	E	D	L	M	R	M	A	J	A	F	U	C	L	D
A	U	V	N	I	R	R	N	D	F	G	I	K	I	F	O	C	B	B	S
M	I	N	R	J	T	E	F	T	G	U	D	R	E	E	D	A	C	R	A
L	G	U	H	H	P	C	E	W	S	A	B	C	A	B	F	I	V	J	R

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

AMUSEMENTS
ARCADE
BAND
CARNIVAL
CAROUSEL
CONCESSIONS
CONTEST
CORNDOG
DANCING
FAIR
FERRIS WHEEL
FIFTY-FIFTY
FUNNEL CAKE
GATE
JAMBOREE
LAUGHTER
LEMONADE
LIVESTOCK
MERRIMENT
PERFORMANCE
POPCORN
RIDES
THRILLS
TICKETS

SUDOKU

7	2				8	5		
		5					1	
	6	4	9		5	8	2	7
3		6			1	2	8	
		2	3	8			6	
	1			4				3
2		7	4		3		9	
	4	9	2	7				8
	3		8					2

Level: Beginner

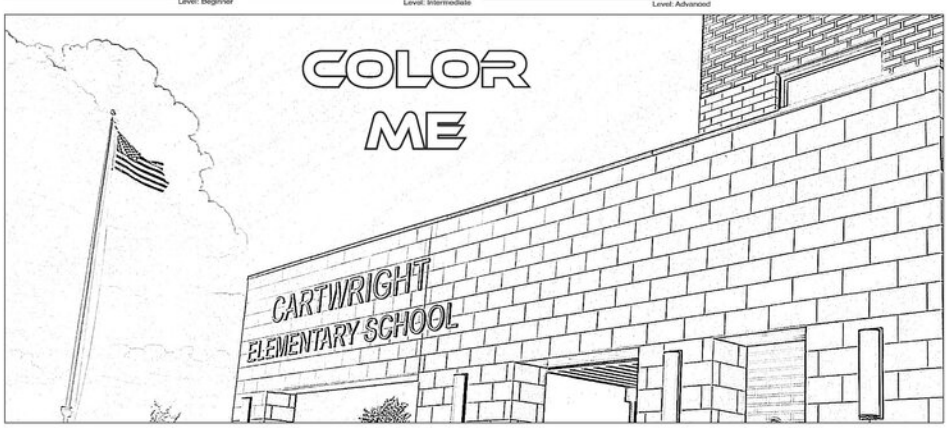
	9	6		8	7			
3						9		
	8		4	6		1		
		3	8	1		7	9	
				7		6	8	
2				3				6
					5	2		
	5	7			1			

Level: Intermediate

	1		9	7	8			
8		2					5	
6						4		
5		1				9		
	7	4	2					6
			1	6				
			8		2		4	
		9				2		8
								3

Level: Advanced

Here is how it works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



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Paying Cash
For vintage sports, comics, antiques and card collections. Unopened boxes, cases and sets
931-492-4304

Yard Sales

Yard Sale
Friday, July 26th-7AM
163 Northpoint Circle
Shelbyville - Furniture home decor, children's clothes, lots of misc. items

Annual Monce Five Family Yard Sale
1620 Hwy 130 E
Friday 7-4, Saturday 7-noon
Rain or Shine
See Facebook for more.

NOTICE

Abandoned Vehicle Notice
2T1BURHE1EC103345
2014 Toyota
3GCPCSE06DG280423
2013 Chevrolet
Will be sold at auction or disposed of for scrap on August 8, 2024 at 4:00pm if not claimed by owner and all wrecker and storage fees paid in full.
At Creson Recycling
2534 Lewisburg Hwy.
Fayetteville, TN 37334
(931)433-5290

MOVING SALE

Carolyn Conner
401 South Valley Rd, Shelbyville
Fri., Aug.2nd
12 noon - 6 p.m.
and Sat., Aug. 3rd
8 a.m. - 4 p.m.

Warning signs of substance use disorder

Addiction is difficult to quantify, but user data can indicate how significant a problem addiction may be. According to data from the Substance Abuse and Mental Health Services Administration 2020 National Survey of Drug Use and Health, more than 14 percent of Americans age 12 and older have used cocaine in their lifetime and roughly 10 percent have used LSD.

Though usage of a given substance does not indicate addiction, the risk for substance use disorder exists whenever someone consumes alcohol or ingests drugs, including certain prescription medications. Individuals concerned about their own substance use or a loved one's use can learn the warning signs of substance use disorder in an effort to get themselves or someone they care about the help they need. The New York State Office of Addiction Services and Supports notes the following are some widely used substances and signs of substance use disorder.

Alcohol

The OASAS notes that alcohol is the most commonly used substance in the United States. That can make it easy to overlook or downplay signs of addiction or substance use disorder. However, a person struggling with alcohol may exhibit a variety of behavioral and physical warning signs that indicate their consumption may be dangerous.

• Physical: Some signs of an alcohol problem are visible to the naked eye. Such signs include the smell of alcohol on a user's clothes and breath, bloodshot eyes and slurred speech. Walking abnormally while consuming alcohol also may indicate a person is struggling to control his or her consumption.

• Behavioral: Changing behavior, isolation and less transparent behaviors and avoiding contact with loved ones are some of the behavioral warning signs of an alcohol use disorder. Additional signs include poor performance at school and/or work; moodiness, irritability, nervousness/anxiety, or giddiness; and an inability to concentrate. Individuals struggling with alcohol also may exhibit problems with their short-term memory.

Cocaine

Cocaine is a powerful stimulant that can affect the mind and body in myriad ways. The OASAS indicates that chronic cocaine use can cause permanent damage with memory and brain function and lead to addiction.

• Physical: Cocaine is a leading cause of heart attack in individuals age 45 and younger. Cocaine also can contribute to stroke and disturbances in the rhythm of the heart that can prove fatal.

• Mental: Cocaine can contribute to mental health problems. Individuals with preexisting mental health conditions may see the symptoms worsen when using cocaine, while those with no such history may experience the onset of mental health problems as a result of their cocaine consumption.

The OASAS notes that side effects can vary depending on how cocaine is ingested. Individuals who smoke cocaine may suffer from burns in their throat and lungs, while those who inhale the drug through their nose may suffer damage to their nose and nasal septum.

Opioids

Opioids include legal painkillers prescribed by a physician but also illegal street drugs such as heroin and fentanyl. Like other substances, signs of opioid use disorder may be physical and/or behavioral.

• Physical: The physical signs of opioid use include loss of appetite, weight loss, small pupils, and decreased respiratory rate. Some individuals taking opioids also experience withdrawal symptoms when they attempt to stop or cannot get the drugs. These symptoms can mirror those associated with the flu, such as nausea, vomiting and sweating, but may be more intense. Drowsiness or non-responsiveness also is associated with opioid use or intoxication.

• Behavioral: Individuals abusing opioids may exhibit changes in attitude and avoid contact with loved ones. Performance at school and/or work also may suffer, and some users may isolate and/or engage in illicit behaviors.

Substance use disorders can affect anyone. Learning to recognize the signs of such disorders can be a strong first step toward overcoming potentially deadly addictions.

PUZZLE SOLUTION

S	N	O	T	■	H	A	C	K	L	E	■	■	■	■
R	E	D	E	V	E	L	O	P	E	R	S	■	■	■
O	V	E	R	E	A	T	■	H	A	I	L	E	D	■
■	A	R	M	E	R	■	■	■	D	E	A	D	E	N
■	■	■	■	S	T	P	■	■	■	I	D	E	A	■
■	■	■	■	T	A	E	G	U	■	N	A	P	S	■
■	■	■	P	H	■	B	A	N	D	■	S	S	T	■
■	■	■	P	R	O	■	B	E	E	■	■	■	■	■
B	A	B	■	B	O	C	K	■	A	B	■	■	■	■
A	R	E	S	■	B	A	A	L	S	■	■	■	■	■
H	E	R	E	■	■	■	■	A	I	L	■	■	■	■
T	A	R	I	F	F	■	■	■	N	A	C	K	A	■
■	S	A	N	E	L	Y	■	P	E	D	A	L	E	D
■	■	E	L	E	E	M	O	S	Y	N	A	R	Y	■
■	■	■	L	A	N	A	I	S	■	A	N	O	N	■

ANSWER: Level: Beginner

6	3	1	8	5	9	4	7	2
5	4	9	2	7	6	1	3	8
2	8	7	4	1	3	6	9	5
9	1	8	6	4	2	7	5	3
4	5	2	3	8	7	9	6	1
3	7	6	5	9	1	2	8	4
1	6	4	9	3	5	8	2	7
8	9	5	7	2	4	3	1	6
7	2	3	1	6	8	5	4	9

ANSWER: Level: Intermediate

6	5	7	9	2	1	8	4	3
8	3	1	6	4	5	2	7	9
2	4	9	7	3	8	5	1	6
9	1	5	2	7	3	6	8	4
7	6	8	5	9	4	3	2	1
4	2	3	8	1	6	7	9	5
5	8	2	4	6	9	1	3	7
3	7	4	1	5	2	9	6	8
1	9	6	3	8	7	4	5	2

ANSWER: Level: Advanced

2	8	6	4	1	7	5	9	3
1	4	9	6	3	5	2	7	8
7	5	3	8	9	2	6	4	1
9	2	8	1	6	4	7	3	5
3	7	4	2	5	9	8	1	6
5	6	1	7	8	3	9	2	4
6	3	7	5	2	1	4	8	9
8	9	2	3	4	6	1	5	7
4	1	5	9	7	8	3	6	2

F	N	R	S	N	O	I	S	S	E	C	N	O	C	U
D	O	U	S	R	I	L	C	O	R	N	D	O	G	U
L	A	V	I	N	R	A	C	F	C	P	G	S	W	N
N	U	T	W	Y	I	Y	N	P	O	P	C	O	R	N
L	C	E	B	P	E	N	O	W	M	A	H	M	I	L
E	T	O	C	R	E	T	H	G	U	A	L	Y	U	B
V	T	Y	N	N	F	E	R	R	I	S	W	H	E	E
L	H	A	I	T	A	E	T	N	E	M	I	R	R	E
R	M	W	G	F	E	M	K	S	C	P	E	N	G	S
S	H	T	A	B	I	S	R	A	D	Y	J	D	U	N
A	C	G	H	M	O	F	T	O	C	D	B	N	A	W
F	M	R	F	O	L	B	Y	K	F	L	N	E	T	N
J	U	U	K	G	O	Y	C	T	H	R	E	A	K	H
K	A	L	S	Y	D	O	M	N	F	O	E	N	B	W
C	K	M	I	E	T	S	F	I	U	I	N	P	N	V
S	T	I	B	S	M	E	B	K	Y	W	F	T	Y	U
S	R	P	E	O	E	E	D	L	M	R	M	A	J	A
A	U	V	N	I	R	R	N	D	F	G	I	K	I	F
M	I	N	R	J	T	E	F	T	G	U	D	R	E	E
L	G	U	H	H	P	C	E	W	S	A	B	C	A	B

ANSWER: Level: Intermediate

S	S	E	C	N	O	C	U	N	D	B	M	S	S	N
C	O	R	N	D	O	G	U	K	C	O	G	P	C	O
P	G	S	W	N	S	A	S	J	W	A	V	I	N	R
P	O	P	C	O	R	N	A	R	T	U	L	N	U	T
M	A	H	M	I	L	I	O	E	F	T	L	C	E	B
A	L	Y	U	B	D	U	K	A	A	E	T	O	C	R
H	E	E	L	S	C	G	O	V	T	Y	N	N	F	E
E	R	E	M	E	I	T	N	L	H	A	I	T	A	E
N	G	S	L	L	T	H	M	R	M	W	G	F	E	M
U	N	E	A	P	R	E	S	H	T	A	B	I	S	R
N	A	W	I	D	U	W	I	A	C	G	H	M	O	F
T	N	B	C	I	T	R	F	M	R	F	O	L	B	Y
A	K	H	O	V	N	R	O	J	U	U	K	G	O	Y
N	B	W	R	M	K	A	B	K	A	L	S	Y	D	O
I	N	P	N	V	I	E	W	D	C	K	M	I	E	T
F	T	Y	U	F	H	L	L	J	S	T	I	B	S	M
B	K	Y	W	F	T	Y	U	F	H	L	L	J	S	R
E	D	L	M	R	M	A	J	A	F	U	C	L	D	A
D	F	G	I	K	I	F	O	C	B	B	S	M	I	N
T	G	U	D	R	E	E	D	A	C	R	A	L	G	U
C	A	B	F	I	V	J	R	H	P	C	E	W	S	A



Healthy snack ideas

Parents know that growing children need a lot of food. According to pediatric dietitian Hanna Leikin, kids need a higher calorie demand per body weight compared to adults to support bone development, muscle growth and other bodily functions. Perhaps that's why it seems like a stocked refrigerator or pantry can become barren in just a few days when kids are in the house.

Children are frequently looking for snacks between meals, which means that parents need to have a variety of snack foods at the ready for their youngsters. But it can be a struggle to find healthy snacks children will eat. With that in mind, parents can consider these eight healthy alternatives to less nutritional fare like chips or sugary treats.

1. Fruit on a stick: It seems any food enjoyed on a stick is fun to eat. This is certainly an item for older kids, as parents won't want to worry about younger children getting injured with the pointy wooden skewers. Simply slide a variety of chopped or sliced fruit onto the skewers and make a healthy, colorful snack. For an added bonus, include a small cup of low-fat vanilla yogurt for a fruit dip.

2. Baby carrots and hummus: Who can resist baby carrots? After all, they seem tailor-made for kids' small fingers. Pair with a homemade or store-bought hummus, which is full of protein and fiber. You can even find dessert hummus, which may prove particularly appealing to children's palates.

3. Crackers and cheese: Choose whole-grain crackers and a low-fat cheese. This provides the crunch of chips without the fat and calories. In addition, cheese adds protein and the benefits of calcium and other nutrients found in dairy.

4. Nut butters and pretzels: Kids need unsaturated fats to spur brain growth and overall development. Nuts and nut butters offer these good fats. The National Institute of Allergy and Infectious Diseases says peanut butter can be given to kids as young as four months old, and that early exposure may prevent peanut allergies. Additional nut butters include almond and cashew. Let kids dip pretzels into the nut butter for a filling snack.

5. Overnight oats creations: Let kids take part in building jars or containers of overnight oats with their favorite ingredients. When old fashioned rolled oats are mixed with low-fat milk (or dairy alternatives), raisins, granola, fresh fruit, chia seeds, and even low-fat yogurt and left to sit overnight, the result is a spoon able treat that's ideal for meals and snacks. Plus, the fiber in oatmeal will help keep children feeling fuller longer.

6. Frozen smoothie bowl: This is a great alternative to ice cream. Simply blend your child's favorite frozen fruits (and toss in a few veggies) with low-fat Greek yogurt. Serve in a bowl with toppings like granola, finely chopped nuts or coconut flakes.

7. Energy balls or bars: Mix dates, nuts, seeds, and rolled oats and press into bar shapes or roll into bite-sized balls when kids need a sweet and energizing snack.

8. Turkey and cheese rollups: Ensure that kids are getting enough protein by offering a lean protein source like sliced turkey. Roll up a slice of turkey or sliced chicken breast around a cheese stick for a portable and fun snack.

After school fruit dip (Dairy Alliance)

1 cup Greek yogurt
½ tsp. vanilla extract
Maple syrup to taste
Cinnamon

Add yogurt, vanilla and maple syrup to bowl. Stir to combine. Sprinkle with cinnamon as desired. Enjoy with fresh or frozen fruit.

PUBLIC NOTICE

The Bedford Railroad Authority will meet at the Bedford County Courthouse (1 Public Square, Shelbyville, TN 37160) in the first floor Duck River Room on Thursday, August 8, 2024 @ 11:00AM.

PUBLIC NOTICE

The Bedford County Board of Commissioner's Rules & Legislative Committee will hold a study session on Tuesday, August 6, 2024 @ 5PM in the 2 nd floor Community Room, located in the Historic Courthouse, 1 Public Square Shelbyville, TN. The purpose of the study session is to review updates to the Commission bylaws.

Thomas Anderson Foster



Thomas Anderson Foster, age 83, of the Flat Creek Community, passed from this life on July 18, 2024, at home surrounded by his family after an extended illness.

A native of Bedford County, Tommy was born June 7, 1941, to the late John Foster and Sally Mae Williams Foster. Along with his parents he was preceded in death by his brother, Johnny Foster.

Tommy was a graduate of Bell Buckle High School class of 1959 and served in the US Army for two years followed by a 23-year career in the National Guard retiring in 1999. He had worked as a plumber electrician, and worked with Albea in maintenance for 33 years before retiring in 2006.

During his free time, he enjoyed riding his lawnmower, taking care of his cats and dogs, storytelling and preparing delicious home-cooked meals for his family. He was a member of Philippi Independent Methodist Church and served as a trustee.

He is survived by: his loving wife of 60 years, Betty Lou Brannon Foster; two sisters, Jean West of Bell Buckle, and Martha Harold of Unionville; along with several nieces and nephews and great nieces and great nephews.

Funeral services were held 1:00 p.m. Monday, July 22, 2024, in the chapel of Doak-Howell Funeral Home with Reverends Lester Hawkins and Tim Nowlin officiating. Burial will follow at Rosebank Cemetery in the Flat Creek Community.

Visitation with the family was held prior to funeral services on Monday, beginning at 11:00 a.m. at the funeral home.

Memorial donations may be made to Philippi Independent Methodist Church by mail: 522 Philippi Church Rd. Shelbyville, TN 37160.

Doak-Howell Funeral Home is serving the family.

Judy T. Cunningham



Judy T. Elmore Cunningham, age 80, of Shelbyville, passed from this life Friday, July 19, 2024, at Alive Hospice of Murfreesboro after an extended illness.

A native of Bedford County, Judy was born August 9, 1943, to the late Thomas Elmore and Elizabeth Caldwell Elmore. Along with her parents she was preceded in death by her beloved husband of 63 years, Timothy Cunningham; son, Timothy Scott Cunningham; and brothers, Albert Elmore, Richard Elmore, and Don Elmore.

Mrs. Judy was mainly a homemaker by trade and in her younger years owned and operated Elizabeth's Day Care with her mother. She loved her family and enjoyed theater arts, movies, and Elvis.

She is survived by: son, Kevin (Jena) Cunningham of Shelbyville; siblings, Caroline Riddle of Tullahoma, and Tommy Elmore of Winchester; grandchildren, Morgan (Herbert) Sale, Mason (Katie) Cunningham, and Kade Cunningham; great granddaughters, Margot Sale, and Merritt Sale; along with several nieces and nephews.

A private family graveside service will be held at a later date.

Memorial donations may be made to Alive Hospice @ www.alivehospice.org or by mail: 1718 Patterson St. Nashville, TN 37203.

Doak-Howell Funeral Home is serving the family.



Does tea have medicinal properties?

The common cold can strike at any time of year, but most people likely associate colds with winter. Colds tend to spread more easily in winter, when people typically spend more time indoors with windows closed, thus making it easier for colds and other viruses to spread.

Many people have their own remedies when it comes to treating colds, and those strategies may include a daily glass of tea. Tea has been a beloved beverage for quite some time. According to the UK Tea & Infusions Association, tea can be traced all the way back to 2737 B.C. in China. As the legend has it, Chinese Emperor Shen Nung was sitting beneath a tree when some leaves blew into some boiled drinking water his servant had been preparing for him. The emperor tried the concoction and the rest is history.

Since tea was first (accidentally) consumed, it has become an integral part of many people's daily lives. That's even more so when people feel a little under the weather, which might prompt some to wonder if tea actually boasts any medicinal properties or if it's all just legend. According to Penn Medicine, various types of tea do, in fact, provide some notable health benefits.

White tea

A comparative study published in the Journal of Food Science in 2010 found that white tea might be the most effective cancer-fighting tea thanks to its robust antioxidant content. Penn Medicine also notes white tea is a source of fluoride, catechins and tannins, which means it could help to strengthen teeth and fight plaque.

Herbal tea

Harvard Medical School notes the curious distinction that herbal teas are not technically tea, as they typically lack the leaves or leaf buds of tea plants. Herbal teas are in fact made from tisanes, which are blends or infusions of dried fruits, flowers, spices, or herbs. Harvard Medical School advises speaking with a physician prior to drinking herbal teas, as they can cause problems among individuals with certain medical conditions. If a doctor gives the green light for herbal teas, people may be happy to learn that theyÕve been linked to a host of health benefits, including improved sleep, reduced stress and lower blood pressure, among others.

Green tea

Penn Medicine notes that green tea is high in flavonoids, which are a type of metabolite found in plants. Flavonoids have been linked to improved heart health because they can help to lower levels of bad cholesterol and reduce blood clotting. In addition, a 2014 study published in the European Journal of Nutrition concluded that green tea and its catechins can help to improve blood pressure.

Should certain teas be avoided?

Though white tea, herbal tea, green tea, and other forms of the popular beverage have been linked to various health benefits, Penn Medicine notes other types of tea are best avoided. For example, detox teas, which Penn Medicine notes are often laced with laxatives, can be harmful to overall health. Bubble teas also tend to be high in sugar and calories. In general, itÕs best to discuss tea with a physician before making it a part of your daily routine.

Tea can provide a host of health benefits, and individuals are urged to discuss those properties with a physician as they look to turn over a healthier leaf.

Annual Sales Tax Holiday July 26-28

Save on back to school items

NASHVILLE — Save the date! The State of Tennessee's annual sales tax holiday weekend will take place Friday, July 26 through Sunday, July 28.

During this holiday, Tennesseans can save nearly 10 percent on qualifying clothing, school supplies, and computers. Tennesseans can purchase clothing and school supplies tax-free if they are priced at $100 or less and buy computers tax-free if they are priced at $1500 or less. Qualifying items may be purchased online and in stores.

"Tennessee's commitment to strong fiscal stewardship has allowed our state to cut taxes and put dollars back in the pockets of hardworking Tennesseans," said Gov. Bill Lee. "I encourage every Tennessee family to take advantage of back-to-school savings and thank the General Assembly for partnering to provide direct financial relief for taxpayers."

"With the start of the school year around the corner, we encourage Tennessee families to take advantage of these savings," Revenue Commissioner David Gerregano said. "This is the only sales tax holiday this year."

For more information about the sales tax holiday, including a list of qualifying items, visit www.tntaxholiday.com. You can also call 615-253-0600 or email revenue.support@tn.gov with questions.

New Factory, Boro Bullets, has ribbon cutting











T-G Photos by Dawn Hankins

The City of Shelbyville held a ribbon cutting on Wednesday morning for the new factory, Boro bullets, which is located in the old Jensen pencil factory on 715 West Jackson St. No doubt many attending had some relative or perhaps worked themselves there in years past.

Part of the Boro Bullets mission is to "be a part of a community and grow with it." This building is nestled neatly between Tyson Foods and Rubbermaid and was originally the home of Jensen Pencil factory. Since going out of business in 2008, it has been severely neglected and is in dire need of repairs, owners said. Instead of tearing the building down, the Boro Bullets folks decided to fully modernize the interior and restore it to its usefulness once more, this time as an ammunition factory!

Boro Bullets will currently supply 9 mm ammunition and 223s are expected in the future.

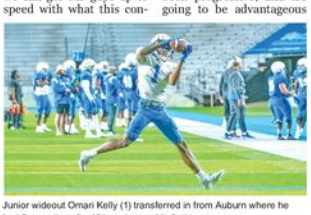
Takeaways From CUSA Football Media Day: "This Is Not A Rebuild At MTSU"

BY NOAH MADDOX
noah@t-g.com

On Tuesday morning, the MTSU Blue Raiders, represented by Head Coach Derek Mason and Nicholas Vattiato, Brendon Harris, and Devyn Curtis, took to the podium at Conference USA Kickoff in Frisco, TX, a light 91 minute flight from Nashville.

From the jump, it has always been abundantly clear what Mason's goals and ideas for the Blue Raiders' program amount to. Some are more tangible, such as winning a conference championship, while others are a bit more abstract, such as the way he wants the program's culture to be about (Spoiler, he wants it to be about the work).

"This is not a rebuild at MTSU," Mason said at CUSA Kickoff, "I think we have a chance to compete immediately like anybody else in this conference, it's just about how fast we can get our guys up to speed with what this conference entails because it's a heavy lift when you look at the schedule."



Junior wideout Omari Kelly (1) transferred in from Auburn where he had 5 receptions for 101 yards over his first two seasons.
Photo courtesy of MT Athletics.

The Blue Raiders were picked to finish in fourth place by one vote over Sam Houston State and Florida International earlier in the week, and while Mason acknowledged it to be a fair ranking given the Blue Raiders past performances, he also recognizes that it's also in part due to the strength of the conference as a whole, especially when it comes to the coaches around the league.

"When I look at the competition of this conference, the thing that's impressive to me is the depth and the breadth of what this conference has brought in in terms of its head coaches," he said. "We've all got history, and so I believe that when you look at how this conference has fared, and what you've seen from Liberty, what you've seen from New Mexico State, and what you've been able to see of MTSU and its history, Jax State as well, this conference is well represented."

"When I look at the strength of what these teams and coaches bring to the table in terms of talent, the NFL is peppered with guys from this conference, so that lets you know and understand that we play a high level of football," he continued, "Right now everybody is undefeated, so let's get it."

Mason even name-dropped the big bad College Football Playoff phrase too, recognizing that the team that wins Conference USA has an outside shot at being invited as the highest ranked "Group-of-Five" conference champion.

All four men at the podium referenced the fact that MTSU brought in 59(!?) new players for this upcoming season. That number on the surface is incredible – for reference, NFL rosters carry 53 active players on any given Sunday – but the bigger challenge is incorporating all 59 new players into not just the schemes your team runs, but more importantly, getting them to buy into the culture of your program.

"With a lot of new guys there is going to be some discomfort, but really there has been no discomfort," said Mason. "It's been fun, it's been functional, it's been progressive, and it's going to be advantageous to us because it is a tight group."



Junior WR Gamarion Carter (83) transferred from Vandy after playing in 15 games over two seasons.
Photo courtesy of Vanderbilt Athletics.

Starting quarterback, Nicholas Vattiato, is one of the few non-newcomers, and he talked at length about how the chemistry with the new bodies on campus, specifically at wide receiver, has progressed at almost warp speed since the spring.

"Two new receivers, two smart kids, I think I understood right away the production they are going to bring to this team, and they show it everyday. They work their tails off just like everyone else on this team does, and I think they've brought a lot of maturity in the way they work and a lot of work ethic and shown a lot of the young guys how to do it," Vattiato explained. "Coach [Mason] talked about how you have old guys and young guys, and Omari [Kelly] and G [Gamarion Carter] coming in have been great, not just for the team as a whole, but I think they've done a great job with getting up to speed, since they are new, in the spring and throughout the summer of really working hard but also bringing guys along with them. I think that's a credit to all the new guys too."

MTSU's starting signal-caller also expressed how important that his new head coach has been in acclimating everyone and bringing them together to get ready for the upcoming season that kicks off on August 31 against Tennessee Tech.



(From left to right) Derek Mason, Nick Vattiato, and Brendon Harris, and Devyn Curtis (not pictured) represented MTSU at CUSA Media Day on Tuesday. *Photo courtesy of MT Athletics.*

"When you look at the 59 new guys, I mean, it can be difficult at times. Not even on the field, but in the locker room, you look to your left and your right and it's a guy you might not even know or you just met that day," Vattiato continued, "but Coach Mason has created a great environment since the day he got here, and it's really just helped smooth this process along. We had a great spring, summer has gone really well, and I think we're just going to continue to build each day, and that starts with the work that we put in. Coach likes to say 'player led, coach fed.' Coaches can only do so much, and at some point the players have to take over and lead the team, and I think that we've done a really good job over the course of the summer of getting to know each other and building chemistry."

One of those 59 new players was at the podium on Tuesday is defensive back Brendon Harris. Harris began his career at Vanderbilt in 2018 under Derek Mason before transferring to Wake Forest following the 2020 season. He only saw action in two games last year for the Demon Deacons, so he decided to use his seventh and final year of eligibility to become a grad-transfer at MTSU.

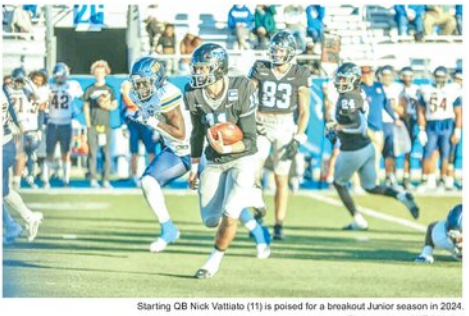
"I started my career with Coach Mason. I was a young guy, and he was able to pour and invest a lot into me, so coming into this seventh season, with Coach Mason being new and trying to establish a culture, I just felt like I could be a staple in the locker room to be that connection," Harris revealed. "Drawing guys together, showing them how to do things the right way, how Coach wants us to do things, and just be a leader in that aspect and use this last year to give back to him and this program."

Those sentiments expressed from the 24 year-old are the norm in the culture that Derek Mason is trying to build in Murfreesboro rather than the exception. This thinking applies to everyone in the building, and even bleeds into the thoughts that some outsiders have about 2024 schedule being extremely tough.

"I was the head coach at Vanderbilt, so tough is all relative," Mason replied when asked about his thoughts on the presumed tough schedule. "I think the idea for us is to play a competitive schedule because that allows you to see what your football team is made of. I tell these guys, everyday is a job interview. What we get a chance to do in these first six Saturdays is step on the field, present who we are, play good football, and let the chips fall where they may."

Of course, when you have a quarterback as accredited as Vattiato under center, your confidence tends to be a little higher than the average Joe.

"I feel good about having a quarterback who has put up numbers and who is probably as heralded as any quarterback in this conference. With the experience and numbers he has put up, he did it quietly," Mason continued. "Nick Vattiato could have left this program but he decided to stay, and I think he is a testament to what this program is built on. He's blue collar, so we're going to work every day, we're going to show up, and we're going to be about things that matter. The season is going to be the season, what we get the chance to do is work because the work is free."



Starting QB Nick Vattiato (11) is poised for a breakout Junior season in 2024.
Photo courtesy of MT Athletics.

That blue collar approach from your starting quarterback almost always tends to trickle down on the rest of the team, and MTSU is no exception to this. Vattiato said that in the spring, Mason challenged every individual on the team to accrue 10 community service hours before the end of the summer, and he "know(s) that every single guy exceeded those expectations."

Vattiato was named to the Allstate Good Works Team for the Allstate Wuerffel Trophy extremely recently, and when asked about how he felt being selected, he immediately credited Coach Mason.

"It's definitely an honor and I'm grateful to be recognized in that way," Vattiato said. "I think it's something that is a reflection of Coach Mason. Since he got here he has preached about being in the community and giving back to the people that support us. It's just not me, it's a representation of our whole team I think. It's been great to give back to the community, and that community is something we are grateful for as well."

Of course, on the football side of things, things will look a little different than they did under the legendary Rick Stockstill. While everyone around the program makes sure outsiders understand how grateful they are to the foundation that Coach Stockstill built in Murfreesboro, they also acknowledge that the way team's play from year to year evolve naturally.

"Coach Stock's imprint is still on this program. You don't change everything overnight. You look in your program, you see what are the strengths of your program, you recruit around that, and you build your offense and defense around that," Mason explained. "Offensively, we felt like we needed to make sure we could protect our quarterback – because you're only as good as your front five and what you do on the defensive line – so we also started utilizing tight ends. We felt in pass pro, at times, our quarterback was under a little bit of duress."

"You're still going to see 11 personnel [1 RB, 1 TE, 3 WR], you're still going to see 10 personnel [1 RB, 4WR], but you're going to see 12 [1 RB, 2 TE, 2 WR], 13 [1 RB, 3 TE, 1 WR], and even 22 personnel [2 RB, 2 TE, 1 WR] too. So you're going to see good old-time football with some good old-fashioned Blue Raider principles wrapped in it."

A coach explaining what the plan of attack offensively is one thing, but it's up to the players on the field to execute and get the job done. That job, of course, starts with the quarterback, who has played his entire collegiate career under Coach Stockstill.

"The first night, Coach [Mason] had a meeting with the players, and one of the first things he said was that Coach Stock had built the foundation that we are going to build on top of and not just starting over. There's a lot to the program that Coach Stock gave, and I think Coach Mason has done a great job and we're going to continue to build on that in his way and his vision," Vattiato said.

"When it comes to football, I think it's very important when you look at some of the best teams across the country in terms of being multiple, and what wins you football games is being able to do what you want to do when you need to in any situation," the Blue Raiders' signal caller continued. "Whether you're in a drive at the end of the game to milk the clock, the middle eight [last four minutes of the first half and first four minutes of the second half], those are situations that really determine a game, and you need to be able to make adjustments. I'm sure it will surprise a lot of people come Week 1 what that offense looks like, but I'm very confident in it and I'm very excited about moving forward."

Continued to Page 10A...

Continued from 9A...

Of course, the offense isn't the only side of the ball experiencing a schematic shift. Derek Mason is a defensive guy, and so the defense has been forced to adapt as well. Senior leader at linebacker, Devyn Curtis, is one of the primary players tasked with making sure all 11 guys on the field know and understand their job before the ball is snapped.

"It's been really interesting for all of us [switching from a 4-3 defense to a 3-4], but it's all football," he said. Defenses are all the same, it's just how you present it, and so we get to learn concepts before slowly teaching it to the younger guys."

As a leader, Curtis is also able to recognize other great leaders around him, and he had only glowing compliments towards his starting quarterback on that front.

"He [Vattiato] is everything you ask for as a leader," said Curtis. "He's upbeat, always bringing great energy, and he is a hard worker. He's really the ideal quarterback leader if you ask me."

According to CUSA media voters, the Liberty Flames, under second-year head coach and reigning CUSA Co-COTY Jamey Chadwell, will repeat as conference champions. Led on the field by reigning CUSA MVP at quarterback, Kaidon Salter, Liberty finished last season ranked 23rd in the final CFP rankings. The Flames received 18 of the 20 available first place votes while Western Kentucky were responsible for the other two votes. The Hilltoppers are projected to match up with Liberty in the title game this December.

The good news? The Blue Raiders get to play both teams at home this season, so if MTSU is going to make some noise and compete for a conference title, the Blue Raider faithful must come out in droves and pack Floyd Stadium this season. Salter is the best quarterback in the conference, but Vattiato seems poised to have a breakout season this year to compete with Salter for that title.

In the end, like Coach Mason expressed at the very beginning of the press conference, it's going to come down to how well both the new and returning players digest and execute together as one unit on gameday.



Senior linebacker Devyn Curtis (8) has tallied 124 total tackles in his career.
Photo courtesy of MT Athletics.



Brendon Harris (23) enters his 7th and final year of eligibility after transferring from Wake Forest.
Photo courtesy of MT Athletics.

MTSU Football Single Game Tickets Now On Sale



MT ATHLETICS

Middle Tennessee football single-game tickets for the 2024 season are on sale now for all six games and the athletic department is once again offering their "BLUEnited Home Opener Package".

The Blue Raiders will play six home games this fall inside Floyd Stadium during Head Coach Derek Mason's first year leading the team, starting with a season-opening contest with Tennessee Tech on August 31st. The team will then host rival Western Kentucky during Family Weekend two weeks later on September 14th, followed by Duke from the ACC for the homecoming game on September 21st. On October 19th, new Conference USA opponent Kennesaw State make their way to Murfreesboro for Faith and Family Night. The month of November will see two games at home, November 9th vs. defending CUSA champion Liberty for the Salute to Veterans and Armed Services game, and the season finale vs. New Mexico State on November 23rd.

Single game tickets start as low as $15 for Tennessee Tech and $18 for all other games. A limited amount of Chairback Reserved seats are available for a limited time as well. Visit https://am.ticketmaster.com/mtsu/buy#/ for more information.

What is the "BLUEnited Home Opener Package"? – Purchase one (1) sideline reserved football ticket vs. Tennessee Tech game prior to August 23rd and receive a voucher for each of the following – men's basketball home opener, women's basketball home opener and opening day for Blue Raider baseball and softball. For only $20, fans will receive a FIVE-game package with a retail face value totaling over $60. The offer is only valid for full priced tickets purchased online and is available now through August 31.

Group tickets are also on sale!

If you prefer to attend a game with a group of your best friends, neighbors, co-workers, church or family, then discounted Blue Raider group tickets might be the best choice for you!

Reserved group tickets for 20 or more fans start as low as $8 each and are located in our Family Fun Zone including free access to bounce houses, balloon artists, games and more. Group ticket buyers have other options available ranging from discounted food vouchers, on-field fan experiences including the ability to welcome the team to the field as part of the Blue Raider Hive-Five Tunnel, hassle-free Party Tent Packages or tickets near the on-field Blue Raider Beer Garden. Each group ticket purchase will also include mention of the group name during the game on the scoreboard as well as one complimentary parking pass for the group leader.

To purchase group tickets, contact director of sales, Seth Thomas, at 615-904-8082.

Tennessee Wildlife Resources Agency Holding Raffle for Hunting Packages



STAFF REPORT

The TN Wildlife Conservation Raffle has FOUR hunting packages that you could win-- no matter your hunting experience. The four hunting packages include Deer, Elk, Duck, or Hog. Each package includes top of the line equipment for that specific hunting adventure. Get your tickets today at *https://wildlifecraffle.com/prizes/* -- **starting at just $20.**

Hunting Packages:

TN Elk Hunting Package:

- 2025 Tennessee Conservation Elk Tag - Bergara B-14 Bolt Action Rifle - Hawke Optics 30 FFP - LaCrosse Boot Certificate - $500 Gift Certificate at Realtree

Ultimate Waterfowl Hunting Package:

- 2 Day Guided Waterfowl Hunt - Retay Masai Automatic Shotgun - Lacrosse Hunting Waders - Gunner G1 Kennel

Trophy Deer Hunting Package:

- "The Chalet" 8.5ft Hunting Blind - Muddy Garage Ground Blind - Mathews Phase4 29 Hunting System - Nap DK4 100 Blades 3pk - And more

Ted Nugent Hunting Experience: - Join Ted Nugent on a Pork Slam Hunt - Smith & Wesson M&P 10 Sport Series - Vortex Optics Crossfire Riflescope

Not Looking For An Experience? Try A Shooting Package.

The Wildlife Conservation Raffle also offers two shooting packages. One, the Long-Range Shooting Package that features "The Best of the West Altopo" system. Perfect for long range shooting! As well as a "SME Bullseye Camera System" and a $1,000 Gift Certificate for "Custom Edge Defense Hearing." The second being, the Heritage Package. Included is a "Henry Deluxe TWRF Limited Edition" and a "Col. Littleton No. 2 Leather Duffel Bag."

Blue Raiders to face Kansas State in Bill Snyder Women's Basketball Classic

MT ATHLETICS

MURFREESBORO, Tenn. – Middle Tennessee women's basketball will travel to St. Josephs, Missouri this December to take on Kansas State in the 2024 Bill Snyder Women's Basketball Classic presented by Southern Bank on Saturday, Dec. 14, at Civic Arena. Tip-off is slated for 5 p.m. CT. Ticket and broadcast information will be announced at a later date.

"We have a lot of sports momentum on several levels in St. Joseph right now and to have the honor of once again hosting Division I Women's Basketball between two programs that won a combined 56 games last season including each winning a game in the NCAA Tournament will be an absolute thrill and must ticket come this December," said Brett Esely, Executive Director of the St. Joseph Sports Commission.

Legendary former K-State football coach and College Football Hall of Famer Bill Snyder was born in St. Joseph and lived there until his graduation from Lafayette High School. Snyder's college resume speaks for itself, but the connection to his hometown remains strong as well. He was a 2021 inaugural member of the St. Joseph Area Sports Hall of Fame and has remained involved with future enshrinement ceremonies as he presents the Snyder Women of Impact Award on an annual basis.

"We are excited for the opportunity to play Kansas State in the Bill Snyder Classic," head coach Rick Insell said. "Any time you get the chance to play a top-15 program is exciting. We're looking forward to the challenge and the experience in St. Josephs, Missouri."

This will mark the fourth all-time meeting between MTSU and Kansas State. The Wildcats own a 2-1 series advantage. The Blue Raiders won the most recent matchup 63-49 at the 2010 UTSA Holiday Classic in San Antonio, Texas, while K-State won the first two meetings 54-53 in Murfreesboro in 2001 and 79-61 in Manhattan, Kansas in 2002.

The 2024-25 Blue Raiders return three of their five All-Conference USA performers, including CUSA Defensive Player of the Year Anastasiia Boldyreva, in addition to sharpshooter Jalynn Gregory and guard Ta'Mia Scott.

About St. Joseph Sports Commission

Founded in 1997, the St. Joseph, Missouri Sports Commission is the umbrella support group of the St. Joseph Convention and Visitors Bureau focused on sports tourism with a mission to enhance the economic growth and vitality of the area through the creation and attraction of sports and recreation events to St. Joseph.



MTSU will play a Top-15 program in Kansas State in the Bill Snyder Women's College Basketball Classic this season. *Photo courtesy of MT Athletics.*

Follow the Blue Raiders

Follow Middle Tennessee Women's Basketball on social media on Facebook (/MTSUWBB), X (Formerly known as Twitter) (@MT_WBB) and Instagram (@mt_wbb).

SUPPLIES

From page 1

Crayons (24 pk)
Markers
Composition Notebooks
Scissors
Pencil boxes

Additionally, you can make a purchase from United Way's Amazon Wish List and have the items shipped directly to the United Way office. Collected school supplies can be dropped off at the Collection Day on Monday, July 29th from 9 AM to 12 PM at Shelbyville Central High School. There, volunteers will sort and package items to be distributed to Bedford County Schools.

Those looking to participate can also donate financially to this initiative. A $10 donation will sponsor one child with the supplies they need for the school year. Financial donations can be mailed to the United Way office or made online.

For more information about how you can donate or participate in the Stuff the Bus initiative in Bedford County please visit yourlocaluw.org/stuffthebusbedford or call 615-893-7303.

The Johnson Family "Giveback" school supply event will be held again this year on Saturday, July 27, from noon to 4 p.m. at Shelbyville Parks and Recreation. Call 931-735-0301 for more information. The family every year gives away free backpacks with supplies. Backpacks are given out at 3 p.m.

As summer draws to a close, millions of students are preparing to return to school. Some may be excited to return so they can see their friends again each day, while others may lament the loss of carefree days under the warm summer sun. Regardless of which category students fall into, all will need the right supplies to begin the new school year on the right foot. Some teachers now contact parents prior to the start of a new school year to let them know which supplies kids will need during the year. But the following grade-based rundown of supplies can help families get a head-start on back-to-school shopping.

Kindergarten

Kindergarten marks most students' initial introduction to formal schooling, and this exciting year of school is filled with lots of fun and new experiences. Some of the more common supplies kids need for kindergarten include:

- Pencils
- Colored pencils and crayons
- Washable markers
- Erasers
- Pencil case
- Pencil sharpener
- Glue sticks
- Children's scissors with a blunt tip
- Tissues
- Backpack
- Lunchbox/bag
- Headphones

Elementary school

Elementary school students typically need different supplies based on which grade they're in. Children between first and third grade may be asked to bring many of the same supplies as students in kindergarten, including pencils, washable markers, colored pencils, glue sticks, and children's scissors. But first, second and third grade students also may be asked to bring some additional supplies, including:

- Ruler
- Pencil grips
- Index cards
- Wide-ruled notebooks
- A box for supplies, including pencils

Fourth and fifth graders will likely be asked to bring supplies that align more with academies than arts and crafts. Such supplies may include:

- Calendar
- Personal organizer
- Binders
- Loose-leaf paper
- Spiral notebooks
- Calculator
- Pens
- Plastic folders
- Highlighters
- Book covers

Middle school and high school

By the time children reach middle school and high school, parents are well-versed in back-to-school shopping and likely know what is required. But some of the more unique items parents may be asked to provide for students in these grades include:

- Graphic calculator
- Graph paper
- Permanent markers
- Combination lock
- Protractor
- White-out
- Three-ring binders

Teachers are a great resource that can help students and their parents as they begin back-to-school shopping. Families are urged to reach out to educators or visit school websites to determine if there are any specific items kids will need during the school year.

MESSAGES

From page 1

But most everyone knows that education starts at the grassroots level-here-in Bedford County.

Bedford County yMayor Chad Graham, Shelbyville Mayor Randy Carroll and Bedford County Schools Superintendent Tammy Garrett weighed in on local education 2024-2025.

Graham said Monday, "We've made education a priority here in Bedford. That requires investments not only in the educational process and the facilities we use, but also to ensure dedicated teachers are in the classrooms."

"Bedford County is growing. We don't have the option of not accepting more students. We've got an increasing number of students to educate, and we're always going to have some of those students with educational challenges. Our job is to support the school system the best that we can so that they can do the best job they can with every student who walks through the door."

"The mayor and County Commission don't set educational policy. Our job is to fund the school system in a way that gives them the resources they need to respond to whatever challenges they face. I applaud the county commission for rising to that responsibility. I want to thank Dr. Garrett and her team for their incredible leadership and thank the teachers and parents who work together to give our children the best opportunities for the future."

Graham added, "Individual success and our success as a community depend on education, and that's why it's so important to make sure it's available and effective."

School superintendent Garrett told the T-G Tuesday, "We have made great improvements in academic achievement over the past 3 years across all core subject areas. For example, BCS increased 1.9% in English Language Arts over 2023 scores and 4% in math in grades 3-12 in 2024.

Since 2021, we have increased 9.2% in English/Language Arts and 8.9% in math. This was 340 more students proficient in ELA than in 2021 and 320 more students proficient in math.

There are many other successes like this to celebrate at Bedford County Schools, and we are excited to begin a new school year and continue this momentum! We have incredibly talented teachers in place ready to welcome your children to a new school year and continue the momentum of learning!"

The T-G has plans to sit down with Mayor Randy Carroll soon and discuss education from a City perspective. While the school system is operated by the County, the City also has a part in keeping the City on track for learning, in other ways.

This week, Mayor Carroll said, "It is that time of year again. The children in Shelbyville and Bedford County are returning to school. As your City Mayor, I want to wish each student the best year ever. Through education, the opportunities for your future are never ending." Carroll chatted with the T-G about how the City of Shelbyville provides police, fire, and emergency services to keep students safe. The City also provides streets and roads, electricity, water, and other services to all schools located in Shelbyville.

"My belief is that education begins at home. I hope that each family will assist their child in preparation for school every day."

Bedford County property transfers

The following property sales were recently recorded in the Bedford County Register of Deeds office.

File date: July 16

Location: 592 Powell Hollow Road; Seller, Greg T Curl; Buyer, Hayley Virgo, David W Virgo Jr; Price, $429,000 (Deed).

Location: Burns Rd; Seller, Robert F Kilgore; Buyer, Alejandro S Cedillo, Elvira G Garcia; Price, $0 (QD).

Location: Burns Rd; Seller, Robert F Kilgore; Buyer, Pleasant England; Price, $0 (QD).

Seller, Amanda Whalen; Buyer, Brett Combs Macdonald; Price, $0 (QD).

Location: Powell Hollow Rd; Seller, Jonathon T Honey, Macie R Honey; Buyer, Craig Tracy; Price, $107,900 (Deed).

Location: 110 Horseshoe Dr Shelbyville; Seller, Kyle B Sims, Angel Lela Louise Sims; Buyer, Southeast Construction Group LLC; Price, $130,029.11 (Deed).

Seller, Ruben Cruz, Candida Cruz; Buyer, Abram Rayo Sandoval, Sandoval Abram Rayo, Joshua Rayo Sandoval, Sandoval Joshua Rayo; Price, $305,000 (Deed).

File date: July 17

Location: Powell Hollow Rd; Seller, Jonathon T Honey, Macie R Honey; Buyer, Ernest Roles; Price, $116,270 (Deed).

Seller, JCG Holdings LLC; Buyer, Dalton C Smith, Rebecca Haley Kincaid; Price, $309,000 (Deed).

Location: 3225 Hwy 231 N Shelbyville; Seller, Roger D Smith; Buyer, Music City Motorplex LLC; Price, $2,042,000 (Deed).

Location: Hwy 231 North Shelbyville; Seller, Curl Properties LLC, Greg Curl; Buyer, Music City Motorplex LLC; Price, $455,000 (Deed).

Location: Beechwood Rd Bell Buckle; Seller, Amy J Reyes, John A Reddell, Eric B Reddell Testamentary Trust, John Alvin Reddell; Buyer, Amy J Reyes Testamentary Trust; Price, $0 (QD).

Location: 134 Patriot Circle Shelbyville; Seller, Ethan Christopher Lemaster; Buyer, Rachel Elizabeth Whaley; Price, $423,000 (Deed).

Seller, Priteshbhai Patel; Buyer, Sai Crupa Revocable Family Trust; Price, $0 (QD).

Location: North Fork Church Rd; Seller, North Fork Baptist Church, Northfork Baptist Church; Buyer, Steve L Warren, Mary A Warren; Price, $3,000 (QD).

File date: July 18

Location: Cedar Grove Public Rd; Seller, Norma June Blanton Miller; Buyer, Blanton Farm I, Norma June Blanton Miller; Price, $0 (QD).

Location: Hwy 41A; Seller, Norma June Blanton Miller; Buyer, Blanton Farm II, Norma June Blanton Miller; Price, $0 (QD).

Location: John Brinkley Rd; Seller, MSQD Holdings LLC; Buyer, May Tory Homes LLC; Price, $300,000 (Deed).

Location: 888 Haskins Chapel Rd; Seller, Carolyn Marquitta Whitsett; Buyer, Lawbs Holdings LLC; Price, $150,000 (Deed).

File date: July 19

Location: Liberty Pike; Seller, Janet W Robinson; Buyer, Jonathan G Dugdale; Price, $368,500 (Deed).

Location: 177 Warner Bridge Rd; Seller, Charlie Bill Seibers Jr, Audrey Seibers; Buyer, Anthony Seibers; Price, $100,000 (Deed).

File date: July 22

Location: 417 Whitaker Rd; Seller, Nicholas William Holycross, Holly Jeanette Holycross; Buyer, Maria Del Rosario Chavez Hernandez, Jesus Gerardo Segoviano Jr; Price, $365,000 (Deed).

Location: 901 Old Nashville Dirt Rd; Seller, Chrostopher Lechner, Wallace Lee Chambers Jr; Buyer, Wallace Lee Chambers III, Melanie Alice Lechner, Julian Ahler Chambers, Laketia Elaine Haley; Price, $0 (Deed).

Location: 205 Jack Taylor Rd Unionville; Seller, Stephen Ross, Emily Ross; Buyer, Evan Kyle Watts, Shelby Elaine Pickhardt; Price, $438,000 (Deed).

Location: 112 Millet St Shelbyville; Seller, Frank Joel Fernandez Perez, Patricia E Santos; Buyer, Samantha Paige Crosson, William Thomas Clary; Price, $320,000 (Deed).

Location: Adams Dr; Seller, James E Farrar Sr; Buyer, James M Thomison; Price, $80,000 (Deed).

Studying is vital to academic performance



At the dawn of a new school year, students get a fresh start to improve upon or continue strong their study habits. Teachers will be rolling out their curricula, and that may feel overwhelming. However, optimizing study skills can boost confidence in school and in areas outside of the classroom. These study tips can put students on a path for success.

• Find your optimal study space. The ideal study spot varies from student to student. Some need a quiet nook in the library, while others may prefer the sounds of nature while seated on a park bench. There's no one-size-fits-all study location, so students may need to experiment with what works best for them. Also, The Princeton Review says that a student doesn't need just one study space. He or she may find a change of scenery can prompt the brain to retain information better.

• Devise a study plan. Setting goals and a plan of attack allows students to space out their studying over several days. This can reduce stress and make the task seem less cumbersome.

• Avoid cram sessions. Devising a study plan is better than cramming the night before a test. The American Psychological Association says students may perform well on a test for which they've crammed, but that doesn't mean they've truly learned the material. Studying with a goal of retaining the material long-term is important.

• Learn how to actively study. Some students think that studying requires reading over the material or highlighting text. Active studying involves engaging with the material and constructing meaning from the text. One way to engage with the material is to try acting as the teacher and explaining concepts to another person. Creating a study guide or even concept maps also help one actively study.

• Balance intensity with laid-back study approaches. Students may procrastinate with their studying because they don't want to devote a lot of time to the task. Instead, they can do shorter sessions mixed with longer sessions of studying. In fact, The Learning Center at the University of North Carolina at Chapel Hill says shorter, intensive study time can be more effective than drawn-out studying.

• Ask for help. Asking a teacher or another student for help is not a sign of weakness. It's a good strategy to develop early on. The longer one waits, the more difficult it may be to catch up on material. Asking for help goes hand-in-hand with setting up a buddy system for studying. Study groups enable students to go over material together, which can provide different perspectives and help the material resonate more effectively.

Metro Moore Co. Volunteer Fire Department & Moore County High School Project Graduation Class of 2025

Presents SSHBEA Horse Show on

Saturday, August 3, 2024– 5 P.M. at Wiseman Park-Lynchburg, TN
Judge: Eric Barrett

Classes:
1. Stick Horse Class
2. Leadline – Rider 6 & under w/ feet in stirrups / led by Adult- SSH or Solid
3. SSH Model - YOUTH 17 & under - No Stallions
4. SSH Model – JR Model 2 & 3 Yr Old
5. SSH Model- SR Model 4 & over
6. Solid Model- OPEN
7. SSH Model- OPEN
8. Spotted Pleasure Youth Riders 17 & under – No Stallions
9. Spotted Lite Shod- OPEN
10. Spotted Country Pleasure Youth Riders 17 & under – No Stallions
11. Spotted Trail Pleasure Amateur Owned and Trained
12. Solid Flatshod- Youth 17 & under- No Stallions
13. Spotted Country Pleasure - Amateur Riders
14. Solid All Day Pleasure – OPEN
15. Spotted Pleasure- OPEN
16. Spotted Country Pleasure- OPEN
17. Spotted Pleasure - Amateur Owned and Trained
18. Solid Country Pleasure- OPEN
19. Spotted Trail Pleasure Youth Rider 17 & under – No Stallions
20. SSH Lite Shod- Youth 17 & under – No Stallions
21. Solid / SSH Pleasure Racking – OPEN
22. Spotted Trail Pleasure- OPEN
23. Solid Trail Pleasure- OPEN
24. Spotted Lite Shod- Amateur
25. Spotted Trail Pleasure- Amateur
26. SSH Lite Shod- Amateur Owned & Trained
27. Spotted Country Pleasure- Amateur Owned and Trained
28. Spotted Pleasure Amateur
29. Solid Gaited CHAMPIONSHIP- OPEN
30. SSH CHAMPIONSHIP- OPEN

ALL SSH CLASSES: SSHBEA rules will apply. Jackets not required.

ALL SOLID Gaited Classes require Western Tack and Attire.

Entry Fees: Class 1– No entry fee
Classes 2 – 28- $15
Class 29 & 30- $20
Prize list: Class 1- Participation ribbon & prize
Classes 2 – 28: 1st: $25 2nd: $20 3rd: $15 4th- Ribbon 5th- Ribbon
Class 29 and 30: 1st: $35 2nd: $25 3rd: $20 4th- Ribbon 5th- Ribbon
*Engraved Barrel Head Presented to 1st place Champions of Class 29 & 30
Admission: $5 per person / 6 & under: free / Driver of truck &trailer: free

NEITHER SSHBEA, MC Volunteer Fire, or MCHS Project Graduation 2025 will be held responsible for any thefts or accidents on property or during/after the show. ***Classes with low entries maybe combined to help with flow of the show but any combined classes will be tied separately.

MTSU Aerospace news:

Three pilots finish 2,500-mile Air Race Classic



Middle Tennessee State University Aerospace Department pilots Alyssia Smith, left, of Collierville, Tenn., Hailey Harrison of Lakeland, Tenn., and Rachel Frankenberger of Cisco, Ga., sit inside their Diamond DA 40 aircraft, awaiting takeoff at the start of the 47th annual Air Race Classic in Carbondale, Ill., on Tuesday, June 18. The four-day competition wrapped up on Friday, June 21.

MURFREESBORO, Tenn. — Middle Tennessee State University's three pilots successfully completed the nearly 2,500-mile Air Race Classic in June, navigating through "tough challenges" during an "incredible" experience that was rewarding both professionally and personally.

Representing the Aerospace Department, rising senior Hailey Harrison of Lakeland and recent alumni Alyssa Smith of Collierville and Rachel Frankenberger of Cisco, Georgia, navigated their way from Carbondale, Illinois, to Loveland, Colorado, in the all-women race featuring nearly 50 teams overall, including 22 collegiate teams.

Flying in one of Aerospace's Diamond DA 40 aircraft in the four-day event, the Blue Raiders finished 14th overall.

"The Air Race Classic is a test of skills, drive and determination. The competitors put safety first and are always at the mercy of Mother Nature.

A professional pilot and flight dispatch double major with a minor in University Honors, Harrison said what she "will take with me throughout my life is the valuable experiences we gained from the race, as well as the comradery we formed as a team.

"This race is unlike anything that is experienced in the training environment, and truly tests your decision-making and skills as an aviator. We were faced with some tough challenges throughout the route in the form of external pressures and weather, but we were able to persevere and finish as a team, which was a huge accomplishment in itself.

"I am excited to see the advancement and experiences we gathered this year be taken into the race with MTSU's team next year. In 2025, I know that the team selected will be a great one and as a team we will do everything we can to prepare them for the race."

Harrison will be writing an Honors thesis on the Air Race Classic manual they used during the race.

The veteran from having competed in 2023, Smith said "this year's race was more difficult than in 2023 — one because of the go or no-go decisions we had to make and the problematic weather. Overall, I'm incredibly proud of our team for safely completing the race this year (only four hours prior to the deadline).

"I have had so much fun and learned so much from competing in these past two air races. I have become incredibly close with my teammates from both years, and I am so grateful MTSU has given me the opportunity to fly the air race twice. Competing has allowed me to learn from new and challenging experiences I might not have when flying within a typical flight training environment, and I cannot wait to see how next year's team does."

Frankenberger, a member of the ground crew in '23, said "it was a valuable lesson to learn to focus on our own race and not let the decisions of other racers affect our performance. We gained more experience and improved our skills. This opportunity was truly incredible, and we were fortunate to meet talented racers from all over the country and fly through a variety of states. It was truly an unforgettable journey and one that we will cherish forever.

"We gained friendships that will last a lifetime. We are thankful for the experiences and memories we made. We are looking forward to next year's race. We hope our experiences will inspire others to follow their dreams and create amazing memories."

Aerospace is one of 11 College of Basic and Applied Sciences departments. To learn more, call 615-898-2788 or visit https://aerospace.mtsu.edu.



Submitted Photos

After completing their four-day, 2,500-mile Air Race Classic flight from Carbondale, Ill., to Loveland, Colo., recent alumni Rachel Frankenberger, left, of Cisco, Ga., and Alyssa Smith of Collierville, Tenn., and rising senior Hailey Harrison of Lakeland, Tenn., stand with their Middle Tennessee State University Aerospace Department Diamond DA 40 aircraft. The Blue Raider team finished 14th overall in the field of 50 all-women teams, including 22 from universities.





