COMMUNITY NEWS

SHELBYVILLE
TIMES-GAZETTE

$1.00 | Thursday, February 27, 2025 | www.t-g.com

Financial Management Committee tasks architects, manager, with finding cost-savings on juvenile center

By Dawn Hankins

It's back to the drawing board for those in charge of construction and management of the proposed juvenile detention center on Highway 231 North.

In its regular meeting on Tuesday, Bedford County Financial Management Committee moved to ditch an amendment on the table which sought to increase funding for the detention project by $2.4 million.

This project has been talked about for 2 years or more. Now, architects are going to have to back track, which could potentially cause more delays.

The financial committee agreed to give County owner rep, Jeff Sweeney, and Bart Kline of Kline Swinney Associates architects, 90 days to come up with a new design that will more closely come within the County's capital budget.

The financial management committee's recommendation is expected to be addressed next month with full Commission. Original estimate for the new juvenile center was about $6 million.

It was suggested as an option that some adjustments can be made in the way of security. Kline explained that does not mean there will be a lack of security, it just won't come in such an intense form from the building's structure as previously designed.

This reduction in security structure is estimated to save the County several million dollars. But again, that won't be known for a while.

Kline advised that state children's services are actually now leaning more toward juvenile facilities that are basically more school or education-friendly.

County Mayor Chad Graham and Commissioner Diane Neeley, who was in the audience, had a dialogue back and forth about the bid process to which the mayor referred to as currently falling into the "chicken and the egg" syndrome.

Chicken and egg syndrome in this context of construction projects refers to a situation when two or more factors are interrelated and it is difficult to determine which causes which or what comes first.

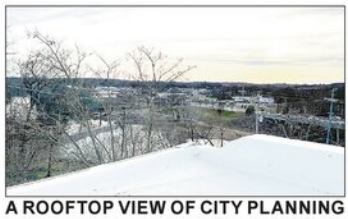
In the construction world, this conundrum can arise when the quality assurance program breaks down due to larger issues in overall project management, including planning, scheduling, procurement.

For example, does the financial committee set a project price, then obtain construction bids? Or vice versa?

Neeley said she feels strongly, based on other projects, that prior bids are necessary before the County sets its funding. She served on the school board for several years and was involved in several building program projects.

Graham said he doesn't believe that the Commission wants him to make hasty decisions on cost without the

See JUVENILE CENTER, 9A



A ROOFTOP VIEW OF CITY PLANNING

Photo by Josh Blevins

This photo was captured Monday afternoon by Shelbyville City Councilman Josh Blevins from the rooftop of the Grindstone Cowboy restaurant/bar. Shelbyville City Council members took a foot tour on Monday afternoon of the Riverview District area off the public square. The special meeting was held to examine parking availability and other structural needs as plans develop for revamping of that City area. This is part of the first initial phase of the Riverview District.

State's Reeves, Marsh, attend school board meeting

Boyette questions state leaders about voucher vote

By Dawn Hankins
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State Sen. Shane Reeves and Rep. Pat Marsh usually talk about the budget this time of the year. They were mainly questioned at the Feb. 20 school board meeting about their votes for the state voucher bill.

Asking those questions of Marsh and Reeves was Bedford County Board of Education member Shanna Boyette, whose husband is a local public-school teacher. Actually, most of the school board members have family members who teach in the BC school system. (They sign conflict of interest forms and announce publicly when voting on teacher-related issues.)

But it was Boyette, former City of Shelbyville manager, who went to the state officials with questions and statements on how the voucher program could potentially affect public education.

Marsh admitted to the school board that the voucher bill was a tough vote. He explained it's one issue which has been dealt with in Tennessee several years.

The measure, which will cost the state about $447 million, is known as the Education Freedom Act of 2025. The purpose, according to Gov. Bill Lee, was for the state to be able to offer an education "choice" to parents.



The bill will offer $20,000 in scholarships or vouchers worth about $7,296 each in taxpayer funds to students statewide to attend Category 1-III state-accredited private schools.

Marsh told these public-school board members he believes this bill is really "a great deal."

He assured them there's no way LEAs like Bedford will regress financially, due to the voucher program.

It's estimated this voucher bill, out of 1 million school kids, only applies to or impacts 1 to 2 percent of the state's student population.

Reeves then gave an example of how a student was being "bullied" within the Rutherford County School System. The mother's only apparent recourse was the choice to enroll her child into a Christian school in Murfreesboro, Reeves said. She can be involved in the art program there and be freed from the bullying.

"I just didn't know how to tell her no," stated Sen.

See MEETING, 2A

Bedford County Schools to conduct a full-scale emergency preparedness drill

On Friday, March 7, Bedford County Schools, in collaboration with local law enforcement, first responders and Homeland Security, will participate in a full-scale emergency preparedness drill to practice response protocols in the event of a real emergency.

No students will be in school on this day as it is a scheduled staff development day.

This drill is part of the district's ongoing commitment to school safety and preparedness. Community members should be aware that emergency personnel and vehicles may be present near school campuses, but this is only a drill.

"We take safety seriously, and this drill will allow us to work alongside our emergency partners to strengthen our response plans," said Superintendent of Schools Dr. Tammy Garrett. "We appreciate the community's support and cooperation."

Garrett also asks parents and caregivers to please note that in a real emergency, there will not be time to update a child's authorized pickup arrangements. She asks that parents please make sure their child's Skyward information is up to date with approved pickup contacts now to avoid any delays.

Parents can do this by calling the front office of the child's school.

"In a real emergency, parents need a backup plan for who is authorized to pick up their child," advised Garrett. "Your child's safety comes first. Thank you for making sure this information is updated to make reunification as smooth as possible."



STUDENT PERFORMS PATRIOTIC DUTY

School System Photo by Carol Garrette

Kylan Thompson, a first grader at Learning Way Elementary, helped lead the Pledge of Allegiance Thursday night prior to the Bedford County Board of Education monthly meeting. Assistant Superintendent Tim Harwell, left, assisted. State Rep. Pat Marsh and State Sen. Shane Reeves were guest speakers. See more school board pictures on page 2 today.

Golden Eagles strike pure gold, win first District Title in 17 years

SHELBYVILLE, Tenn. – The 2-seed Shelbyville Central Golden Eagles (14-14, 7-3) trailed by as many as five points in the fourth quarter against 4-seed Lincoln County (11-16, 5-5), but found a way to close out the District 9-AAAA Championship, 60-56, inside of Rick Insell Gymnasium on Tuesday night.

"It's just a testament to these guys," second-year head coach Shane Young said postgame. "They've been playing hard all year; we've already gone through a lot of adversity, and I told them that adversity is going to happen, runs will happen, but we just have to stay the course and stay in the moment and our time will come."

"They're fighters."

Young's Golden Eagles did just that, digging deep to win the program's first District Championship since the 2007-08 season. Shelbyville Central also snapped a streak of three-straight losses in District Championship Game appearances dating back to 2008-09.

Continued on 11A...



The 2024-25 District 9-AAAA Champions, Shelbyville Central Golden Eagles, after taking down Lincoln County, 60-56, inside of Rick Insell Gymnasium on Tuesday night. Jevon Lee (30) led all scorers with 20 points, including the go-ahead three-point play with 38 seconds left in the game.

—Photo by Noah Maddox

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Pothole repair

The recent heavy rains and winter weather have created an abundance of potholes.

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All-Tourney Teams

District 9-4A and District 9-AA announce District All-Tournament teams.

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MEETING

From page 1A

Reeves, who represents Murfreesboro.

Boyette respectively disagreed, stating she knows there are great magnet schools in Rutherford County vs private schools.

"Doing what we're supposed to do; we're advocating for the public school system," advised Boyette. "And we're passionate. And it's not always about the bottom line, though that's a huge component of it. It's also about fairness."

Boyette said there should be a special education component in the voucher bill. She said there should be data that's equal to both sides and accountability components for private vs public teachers.

"I still think there's things we can do as partners-to move it forward-to maybe make it feel better for us," Boyette told the state leaders.

She added, "... I struggle with 1%, making 95 counties buy into what only 44 counties have eligible. To me, when you pass legislation ... I focus on benefitting the whole."

Marsh assured again that Bedford County schools, as a part of this bill, will not lose any money and funding has to be approved annually by the state.

Reeves said the idea was to revisit this bill and potentially make more recommendations in the future.

Through the voucher bill, the student applying will receive a $7,000 scholarship to use for textbooks and other educational materials. Again, homeschool programs, as stated within this current bill, do not qualify for the voucher scholarships.

Shifting the subject, Superintendent Tammy Garrett said one of the greatest things is that the state-Gov. Bill Lee-has given the school system access to a Homeland Security agent. She said the former secret service agent working in Bedford County has been a great expert resource for the school system.

Marsh went through other budget items and said the 114th Legislative Session began Jan. 14 and likely will finish at the end of May. The state representative said the most mandated event of course is the approval of a balanced budget, before Session ends.

Marsh said the state currently has a $58.4 billion budget, which is a decrease from last year's $60.5 billion spending bill. Marsh advised during his report how a lot of federal funds are diminishing.





SPECIAL GUESTS AT SCHOOL BOARD MEETING

Photos by Carol Garrette

State Sen. Shane Reeves and State Rep. Pat Marsh were guest speakers at last Thursday's Bedford County Board of Education meeting. Marsh talked about several budget items.

The Webb School celebrates Keon Johnson's career

No. 23's high school jersey is retired in ceremony

STAFF REPORT

Most people here probably know Keon Johnson as a professional basketball player for the Brooklyn Nets. But did you know that Keon first played high school basketball for The Webb School in Bell Buckle?

In fact, Johnson was a 2,000 point scorer.

In his sophomore season for The Webb Feet, he averaged 25.6 points, 10.2 rebounds, and 4.1 assists per game, earning Division II-A Tennessee Mr. Basketball honors.

At the end of his high school career, Johnson was rated by major recruiting services as a consensus 5-star recruit and the highest ranked player in Tennessee in his class.

On August 6, 2019, Johnson committed to play Tennessee college basketball.

On February 6, 2021, Johnson scored a career-high 27 points in an 82–71 win over Kentucky. As a freshman, he averaged 11.3 points, 3.5 rebounds and 2.5 assists per game, and was named to the Southeastern Conference (SEC) All-Freshman Team. On April 7, 2021, Johnson declared for the 2021 NBA draft. At the NBA Draft Combine, he recorded the highest maximum vertical leap in combine history, at 48 inches.

Johnson was selected with the 21st pick in the 2021 NBA draft by the New York Knicks and was traded to the Los Angeles Clippers. On August 6, 2021, he signed his rookie scale contract with the Clippers.

On February 4, 2022, Johnson was traded to the Portland Trail Blazers and made his Trail Blazers debut on February 24. Johnson played for the Trail Blazers during the 2022 NBA Summer League. He averaged 14.2 points per game en route to the team's second Las Vegas Summer League championship in franchise history.







Photos by Noah Maddox

Family and friends celebrated on Tuesday the retirement of Keon Johnson's high school jersey at The Webb School in Bell Buckle.

In his sophomore season at The Webb School, Keon Johnson averaged 25.6 points-something that's hardly forgotten in high school basketball history. He was recognized for all his accomplishments on Tuesday with a special celebration.

On September 27, 2023, Johnson was traded to the Phoenix Suns.

On November 1, 2023, Johnson signed a two-way contract with the Brooklyn Nets. On July 21, 2024, Johnson re-signed with the Nets on a multi-year deal.



TENURED TEACHERS FOR THIS SCHOOL YEAR

Photo by Carol Garrette

Several Bedford County teachers received tenure last Thursday night during the Bedford County Board of Education meeting.

Bedford County's Steve Cope named to Maryville College fall dean's list

Steve Cope of Bell Buckle, a senior philosophy major at Maryville College, has been named to the Dean's List for the fall 2024 semester. Consideration for the Dean's List is open to full-time students who have a grade point average of at least 3.6 in all work undertaken, no grade below a "C" and no incompletes for the semester.

For more than 200 years, Maryville College has educated students to be giving citizens and gifted leaders and to study everything, so that they are prepared for anything.

Mississippi State University announces fall dean's list

Students named to the Deans' List at Mississippi State must have achieved a grade-point average between 3.5 and 3.79, based on a 4.0 scale, while completing at least 12 semester hours of coursework with no incomplete grades or grades lower than a C.

MSU's fall 2024 Deans' List includes 2,661 students who attained this honor, and the following local students from Bedford County. Included were: Emily Lipert of Shelbyville and Ava Cary of Rockvale.

Some names of students may not appear on this list as a result of student requests for privacy from publication through the Family Educational Rights and Privacy Act.

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THE ISSUE
Special meeting Friday to discuss County wastewater resolution



By DAWN HANKINS
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There's a special called County committee meeting Friday afternoon that you might want to attend or view online. I know, for most working people, this is relaxation time.

But while you might not be involved ever in wastewater situations, it couldn't hurt to know how all this plays out with the Commission. As my Granny used to say, "You might learn something."

During the County Commission meeting earlier this month, the Commissioners voted to hand over a wastewater-related resolution (one with plans to be sent to the State for approval) to the Courthouse and Property Committee for further scrutiny.

Interestingly enough, it was sent to the Commission initially via the Rules and Legislative Committee. Members of that Committee didn't seem happy the way it was turned in discussion so it kind of wound up in a formal "you do it, then" vote.

The Property Committee has taken that challenge and gone one step further and planned a special called meeting for Friday, Feb. 28, at 5:15 in the community room of the BC courthouse in an effort to do that. This meeting is going to be live streamed, just like the regular Commission meetings.

On the agenda is a special guest "on wastewater authority" and since this meeting was planned rather quickly on the calendar, this guest will have to talk via Zoom. A special, in-person authority will also serve as a guest speaker. Sorry, I do not have names as of press time.

Most important, public comments will be taken (each being 3 minutes max.) We've already had several at previous meetings on this issue.

It's hard to say how this discussion is going to go. Will STEP Systems be included? There's a difference of opinion. Who is responsible for the cost of any repairs required after development, some Commissioners have asked?

A septic tank effluent pump (STEP) system is typically installed for residential and light commercial sewer service when conventional gravity or septic systems are impractical or too costly.

Watch that—cutting cost in septic systems. But I digress.

A STEP system primarily consists of a watertight septic tank, a turbine-type effluent pump, a screened pump vault, and a pressurized piping system. Wastewater enters the tank from the building using gravity flow. The tank is used for settling and digesting wastewater solids resulting in solid and liquid separation. The liquids are pumped into the line and conveyed to the wastewater treatment plant.

Interestingly enough, in the Hamilton County Wastewater Authority rules, the Property Owner/Home Owner shall be responsible for recording and furnishing an easement for STEP system components. Easement requirements shall be in accordance with the Standard Specifications for Septic Tank Effluent Pump (STEP) Systems.

That was one word that was voted to be removed from any language in BC's resolution at hand. But is that really possible?

The Property Owner/Home Owner shall provide power to the STEP system. A dedicated circuit to the control panel shall be provided and shall be the Property Owner/Home Owner's responsibility.

O.K. now it gets a bit deep.

One thing that's statistically sure is that there are a lot of problems in this state concerning growth/development and septic systems. It is certainly advantageous, I believe, to examine all factors regarding wastewater management before we get too far into the muck of it all.

It is expected that the Courthouse and Property Committee will return a decision and forward, likely, with a lot of revisions, it back on to the full Commission March agenda.

So why such a meeting?

Some Commissioners like Greg Vick have said that the only thing that was presented at the last Commission meeting was a resolution to request permission from the state that viable local discussions on this topic even begin.

The County does not hold any authority of such at this time and no boards for such exist. Still, as we well know, development has ramped up here over the last few years.

Hinging on some of my previous editorials on overgrowth and local housing development, did you see in the news this week that Coffee County Mayor Dennis Hunt is requesting a 90-day moratorium on all subdivision plat reviews? He's planning to send this request on to the full Commission, even if his planners don't approve. (Coffee County news reports.)

Now if Manchester is having to think this way

. . . .

BC Commissioner Vick said that specifically this local wastewater resolution does not include any immediate plans. Basically, the County is just trying to figure out if it qualifies to have such, that is, potentially a non-elected local waste water authority board.

Commissioner Drew Hooker, who serves as chair of the Courthouse and Property Committee, has taken exception. Hooker advised that if this resolution is sent, as currently drafted, it will certainly become a part of the Act to establish.

Are we ready for that?

Basically, Hooker was saying to send this to the state is premature on the County's part. The premise is good but he believes not enough discussion has been heard and some of the language is likely inapplicable for Bedford County. That would include eminent domain.

Some have complained about the meeting time. But to work it into the County's full February calendar is quite admirable.

I always try to dig a little deeper. So, I leave you with this information, shared with me by a political friend.-eport on the Performance of Wastewater Systems Utilizing Drip Dispersal in Tennessee – June 7, 2024. (There are actually 15 total pages of this report from TDEC and the Land Based Systems Unit, division of water resources.)

Start

Beginning in the mid-1990s and continuing to present the State of Tennessee has been issuing permits for systems relying on drip dispersal technology to transmit wastewater to the soil environment in a manner that does not constitute direct discharge to surface water or groundwater. The soil environment provides treatment of the wastewater and facilitates its return to the environment. For most of these systems, drip dispersal is the sole means by which wastewater is managed.

These systems have been largely used in support of residential subdivisions with other rural establishments such as churches, schools, and businesses also relying on this technology. Performance of these systems, relative to their permit conditions, has been and continues to be highly variable.

One of the most challenging aspects of operating these systems within permit conditions involves the ability of the soil to receive and transmit the applied wastewater away from the point of application without resulting in prolonged soil profile saturation or ponding of wastewater on the surface of the ground. In many cases these ponded conditions result in overland flow of wastewater away from the identified land application area. Noncompliance of this type is particularly critical as in many cases the wastewater flows onto adjacent properties, residential yards, or drainageways and surface waters, but is not treated to levels or sampled at frequencies that are required for discharging systems.

The Tennessee Department of Environment and Conservation's Division of Water Resources conducted a survey of 420 land application areas supporting 374 land application systems in the state in January and February of 2024. The purpose of this statewide survey was to observe the hydraulic performance of the soil profile component of these systems and report the results in a manner that may inform design engineers, operating entities, local governing bodies, and future standard development.

Fourteen of the 374 permitted land application systems were either not in use or had not been constructed. Site observations at the remaining 360 land applications systems indicate approximately one-fourth of the systems exhibited notable performance issues, including wastewater not being appropriately controlled and, in many cases, leaving the land application area and entering adjacent properties and/or drainageways or surface waters; approximately one-fourth of the systems exhibited less severe, but nonetheless noncompliant issues such as localized saturation and ponding or areas that were overgrown preventing evaluation; and approximately one-half of the active systems did not exhibit any indication of noncompliance.

This report summarizes the scope, method, and observations from the recent statewide survey of land application systems and associated land application areas. Land application of wastewater into soil is relatively widespread in Tennessee. Over 370 systems rely in whole or in part on land application of wastewater through drip dispersal (not including subsurface sewage disposal systems subject to TCA 68-221, Part 4). The Tennessee Department of Environment and Conservation's (Department) Division of Water Resources (Division) is responsible for permitting these systems and permit compliance oversight.

End.

My take is that such reports are available and oversight seems to be in the hands of TDEC. Does this resolution really need to go to the state?

Do we need permission to have our own authority since development is what it is at this time?

Another question: Are we willing to manage such on the local level?

I'm not the only one with these questions. Many constituents are dealing with development issues in their neighborhoods right now. The T-G recently talked with some. Do we need to add more to that?

Should a potential wastewater authority board be under the direction of non-elected residents? There really is a lot to be considered before the state gets its hands on this resolution.

Come along. Let's see what happens Friday at the courthouse.

TDOT launches pothole repair after floods, snow



NASHVILLE, Tenn. – The recent heavy rains and winter weather have created an abundance of potholes along interstates and state routes. The Tennessee Department of Transportation (TDOT) has already enacted its statewide effort using all available resources, including contractors, to repair the damaged areas as quickly as possible.

"Each year, we anticipate severe weather will impact our roads, and we've proactively planned for pothole repairs while also addressing winter conditions," said Deputy Governor and TDOT Commissioner Butch Eley. "Our teams have been focused on putting contracts in place ahead of time, enabling us to immediately mobilize and begin repairs. This approach ensures we can respond quickly and effectively, prioritizing the safety and service of Tennesseans."

Multiple crews will be patching potholes over the coming days and weeks. Cold mix asphalt is currently being used for temporary repairs. Permanent repairs will be made in spring and early summer when asphalt plants are producing ample amounts of hot mix and it's more readily available.

In some cases, motorists should be prepared for short-term traffic delays during these pothole repair operations. While every effort will be made to perform repairs during off-peak travel times (9:00 a.m. –3:00 p.m. weekdays), some lane closures may extend into the late afternoon, evening, and weekends.

State officials ask drivers to be patient and to watch out for TDOT crews on interstates and state highways. Please move over, slow down.

Please note: Inclement weather, emergency repairs or incidents may disrupt daily schedules. TDOT does not count potholes, keep a tally of how many potholes have been repaired or the cost of repairs per pothole. These repairs are part of normal highway maintenance operations. Drivers can report potholes by calling the TDOTFIX Hotline at 833-TDOT-FIX or by submitting an online maintenance request form. From your desktop or mobile device, get the latest road conditions and live-streaming SmartWay traffic cameras at www.TNSmartWay.com/Traffic. Travelers can also dial 511 for travel information or follow TDOT on Twitter at https://twitter.com/myTDOT for statewide travel.

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TENNESSEE PRESS ASSOCIATION
SHELBYVILLE TIMES-GAZETTE
USPS PE 492660
Richardson Media Group, Inc
411 Elm St. • Shelbyville, Tenn. 37162
Copyright 2025. Shelbyville Times-Gazette (USPS 492-660) is published weekly on Thursday by Richardson Media Group, Inc., 411 Elm St., Shelbyville, TN 37162.
Periodical postage paid at Shelbyville, TN 37162. POSTMASTER: Send Address Changes to Shelbyville Time-Gazette, P.O. Box 380, 37162.

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FEATURES FROM THE BIBLE

TRUTH IN SCRIPTURE

Will Rebekah Agree
Genesis 24

Isaac's servant met Rebekah at the well. She not only gave him water but also offered to water his camels.

The servant of Isaac gave Rebekah a nose ring and two bracelets, and asked Rebekah if there was room at her father's house for him to spend the night. Learning there was, the servant worshiped the Lord.

Rebekah reported the conversation with the man at the well to her brother, Laban, and her father, Bethuel. Laban, went out and invited the man into their home.

Hearing the servant's story, Laban and Bethuel believed that this was of the Lord and asked Rebekah if she would go with the servant and become the wife of Isaac. Rebekah readily agreed to go.

Back in Negev, Isaac was in the field one evening meditating when he looked up and saw camels coming. Rebekah was in the caravan. She looked and saw Isaac coming to meet them and sought to know who it was. The servant explained that it was his master.

Hearing a report from the servant about what has transpired in Nahor, Isaac took Rebekah as his wife.



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150 Fairfield Pike, 931-684-7676

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BRIGHT TEMPLE COGIC
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CHURCH OF JESUS CHRIST OF LDS
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EPISCOPAL CHURCH OF THE REDEEMER
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FIRST UNITED METHODIST
122 Public Square N., 931-684-2535

MULLINS CHAPEL AME
601 Ledbetter Rd., 931-685-4547

PLEASANT GROVE UNITED METHODIST
1597 Hwy. 130 W., 931-294-5477

SCOTT UNITED METHODIST
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ST. JOHNS AME
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HILL TOP NAZARENE
1007 Smith Chapel Rd., 931-65-5234

HIMESVILLE CHURCH OF THE NAZARENE
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EMMANUEL PENTECOSTAL
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IGLESIA APOSTELIC PENTECOSTAL
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WHOSOEVER WILL PENTECOSTAL
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931-857-9395

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ABUNDANT LIFE
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PEOPLE'S CHURCH
1690 Madison St., 931-680-4880

THE SHELBYVILLE CHURCH
1014 W. Lane St., 931-492-4747

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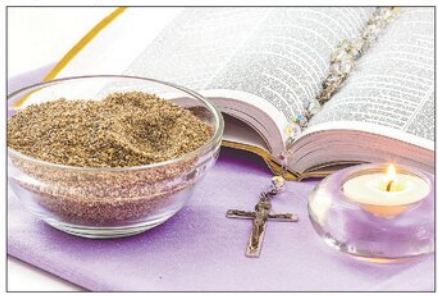
VICTORY CELEBRATION REVIVAL
1000 Colloredo Blvd., 931-680-0302

If you would like to update/change information, please email:
renee@richardsonmediagroup.net

This Devotional & Directory is made possible by these businesses who encourage all of us to attend worship services.

Ash Wednesday, March 5: Not to be observed by many but it can be a time of refreshing

By DAWN HANKINS
dawn@richardsonmediagroup.net



Easter is preceded by a period of 6 weeks that begins on what is called Ash Wednesday in Western churches and ends the Thursday before Easter Sunday.

Easter runs late in 2025 due to the calendar system. The Gregorian calendar is used by most Christian denominations.

A preacher tried to explain this to me once. I really still don't get it but I go with the flow.

Easter is determined by the calendar year. The dates differ annually because most Christians use the Gregorian calendar, originally introduced in 1582, while the Eastern Orthodox Church uses the Julian calendar, introduced in 45 BC.

On the Gregorian calendar, Easter typically falls on the first Sunday after the first full moon following the spring equinox.

If you observe Ash Wednesday in a Protestant church, you may be planning to attend a special service this year on Wednesday, March 5. You may likely have a cross placed on your forehead with ashes (Palm Sunday branches saved by some churches from previous year and burned.) This is a symbol as an act of remembrance, obedience.

You may hear a Call to Order like this: We come, aware of our sin, of all the ways we miss the mark.

Periods of fasting and abstinence also are part of Lenten observances. The fasting likely serves as an imitation of Jesus Christ's fasting in the wilderness for 40 days and nights before beginning his public ministry. During that time, Christ was tempted by Satan and wrestled with potential temptation.

During Lent, Christians participate in fasting, repentance, self-denial, spiritual discipline, and other preparations for Resurrection or Easter Sunday. The Lenten season was established to serve as a time for reflection on Jesus Christ, particularly for all people to be more aware of his suffering and sacrifice.

In a self-serving world, it is a good service to remind us that it is by grace we are saved from our sins. We are human but we are forgiven and loved.

I remember the beautiful music associated with the Lenten service in the United Methodist Church. It's a somber service-a time of reflection. But I remember how whole you also feel when those burdens, lifted through beautiful prayers, are cast aside.

Do we take enough quiet time to reflect these days. Do we, from a spiritual standpoint, really reflect on the blessings or needs of our lives?

One thing I learned in church ministry, besides how to properly burn ashes for Ash Wednesday, was that Lent is not just about the foods or bad habits you give up. The season goes a lot deeper than that.

And as for the cross that we place on our foreheads, that's nothing weird. Head off into that grocery store with that image on your forehead. When people give you a strange look, explain to them it is done out of obedience and love of Jesus Christ who died on a cross for our sins. And explain as a time of remembrance, prior to Easter, the church does this each year.

Invite them to services. That can open a whole new dialogue in the Lenten season.

Be careful mixing your own ashes and olive oil, unless you have a little practice. A dear man in our church years ago was so excited to be in charge of that task (in the absence of the preacher) that he over mixed the small dish with olive oil. Dare I explain what transpired that night?

I should write a book someday about my church ministry experiences. The man is now in heaven, I have no doubt, having talked to him many, many times about his love of the Lord. So, well done thy good and faithful servant. You are greatly missed.

Ash Wednesday truly is a time for forgiveness-something we all need and are directed to give freely to others.

The thing is, the Lenten Season is supposed to be a time of repentance, but not shame. So don't be afraid to attend an Ash Wednesday service. The main thing to remember is attend and as a sinner, seek cleansing from your sins and contemplate deeply what the Lord did when He sacrificed himself on the cross for You.

CHURCH ACTIVITIES

This Sunday at First United Methodist Church in Shelbyville, Pastor Abe Zimmerman will preach "Your Love Oh Lord" from Psalm 36:5-10. The church will join the Psalmist David and contemplate God's unfailing love. This is also communion Sunday and FUMC practices an open table meaning communion is offered to all. Sunday School for all ages begins at 9 a.m., followed by the worship service at 10 a.m. Nursery and Children's Church are available during worship. For those unable to attend in person at the church located on the town square, FUMC offers a livestream on Facebook and a broadcast on WLIJ 98.7 FM and AM 1580.

Please submit your church announcements to: dawn@richardsonmediagroup.net.

Celebrating Excellence: 2025 Academic Top 10 announced

Superintendent Garrett, principals, comment on achievements

The district congratulates the following students for their remarkable accomplishments:

Cascade High School
1. Kelsey Shatley - 101.288 - Valedictorian
2. Brooke Obara - 100.400 - Salutatorian
3. Elizabeth Houle - 100.222
4. Elliott Chapa - 100.143
5. Addison Batey - 99.828
6. Angela Jefferson - 99.704
7. Lucas McCune - 99.556
8. Ella Thompson - 99.446
9. Alayna West - 98.944
10. Macy Howell - 98.660

Community High School
1. Dixie Klootwyk - 100.423 - Valedictorian
2. Brody Ray - 99.563 - Salutatorian
3. Landyn Dye - 99.234
4. Jackson Harris - 98.936
5. Alexa Montalvo-Maldonado - 98.151
6. Stevie Dickenson - 98.149
7. Izabelle Martinez - 97.625
8. Taylar Wessner - 97.163
9. Kenadie Behrns - 97.104
10. Jasmine Baucom - 96.267

Shelbyville Central High School
1. Krisha Patel - 101.0 - Valedictorian
2. Carlie Belle Barber - 100.38 - Salutatorian
3. McKenzie Webb - 100.33
4. Itzel Aguilar - 100.231
5. Arael Sanchez Molina - 100.17
6. Addison Berry - 100.12
7. Grace Moody - 99.83
8. Vanessa Torres - 99.66
9. Joshua Rincon - 98.45
10. Lilly Gray - 98.39

Superintendent Tammy Garrett expressed her pride in this year's outstanding group of students. "We are incredibly proud of our Top 10 students from Community High School, Shelbyville Central High School and Cascade High School. Their academic achievements highlight the dedication and discipline that are a hallmark of Bedford County Schools. As we celebrate their success, we look forward to the future they are shaping for themselves and the example they set for their peers. This is a true testament to the hard work of the students, their families and our dedicated educators."

Each principal also expressed their admiration for their students' accomplishments:

Sandy Sorrells, principal of Cascade High School, added: "The academic achievements of our Top 10 students reflect their dedication to excellence and the strong academic foundation provided by our teachers. I am so proud of the work they have done, and I am excited to see them continue to thrive and lead the way in their future endeavors."

Robert Ralston, principal of Community High School, said: "These students have set a remarkable standard for academic excellence. Their passion for learning and commitment to their studies inspire the entire school community. We are incredibly proud of their hard work and look forward to seeing the great things they will achieve in the future."

Charlie Pope, principal of Shelbyville Central High School, stated: "Being in the Top 10 is an extraordinary accomplishment, and I couldn't be prouder of these students. They have shown what it takes to succeed both in and out of the classroom. It's an exciting time for Shelbyville Central, and these students are helping to elevate the reputation of our school. I can't wait to see what they do next."

Photos of the Top 10 students for the Class of 2025 were featured in the Feb. 20, 2025, Shelbyville Times-Gazette.





Exploring, Learning and Celebrating Black History Month

Eakin Elementary students are sharing a special interactive exhibit honoring black history leaders and culture. There are 24 posters placed throughout halls at Eakin to encourage exploration.

Wanted

PAYING CASH For vintage sports, comics, antiques and card collections. Unopened boxes, cases and sets
931-492-4304

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Looking for yards to mow in and around Shelbyville. Please call Timmy at 931-619-8501.

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INVITATION TO BID

2025 Track Rehabilitation Project on the Walking Horse Railroad

DESIGNER: CSR Engineering, Inc.
2010 Highway 49E
Pleasant View, TN 37146
Phone: (615) 212-2389

The Designer will hold a non-mandatory pre-bid conference on-line at 10:00 A.M. on Wednesday, March 12, 2025. Contact CSR Engineering for details.

Sealed bids for this project will be received, no later than 2:00 P.M., on Thursday, March 20, 2025 at the Bedford County Mayor's Office of Mr. Chad Graham, Chairman, Bedford Railroad Authority; Suite 101, Courthouse Bldg. These projects are funded under a grant contract with the State of Tennessee (#02RR25-S3-002).

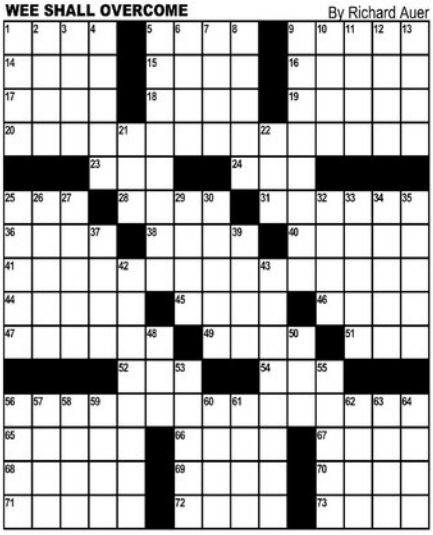
Public Notice - 2021, 2022 and 2023 Town of Wartrace Delinquent Taxpayers

You are advised that delinquent 2021, 2022, and 2023 Town of Wartrace taxes may be paid in my office at Wartrace Town Hall, 29 Main Street E., Wartrace, Tennessee, until close of business at 12:00 Noon on Wednesday, March 26, 2025. After that date such taxes will be turned over to the Town Attorney for collection and additional penalties and costs will be imposed in consequence of suits to be filed for enforcement of the lien for property taxes for prior tax years.

Tyra Haught
Wartrace Town Recorder

Crossword

WEE SHALL OVERCOME By Richard Auer



CLUES ACROSS

1) Above
5) Kermit's cousin
9) Something staked
14) Hindi equivalent of Mr.
15) Southwest stewpot
16) Artist Matisse
17) Sign over a door
18) Come closer to
19) Follow, as an impulse
20) Just a bit, if that
23) Bread, for gravy
24) Didn't play
25) Sharable ride
28) Ending for "theater" or "church"
31) Shoulder cape with hanging ends
36) Fairy-tale villain
38) Not odd
40) __ no stone unturned
41) What a forgetful one has
44) Siberian forest
45) Powdery starch
46) Young 'uns
47) Not level
49) Game with sticks
51) Peggy or Spike
52) Geneva-based UN org.
54) What some caddies carry
56) Littlest pup, e.g.
65) Asimov of science fiction
66) Ready the machete
67) British title of rank
68) Raymond's sitcom wife
69) Time going backward?
70) Minuscule lake organism
71) A lot of sass?
72) Many wines
73) Witnessed

CLUES DOWN

1) Cain's victim
2) Prepare to take off
3) Memorial column
4) Short golf strokes
5) Orchestral composition based on literature
6) Stick in the fridge?
7) Withdrawn orchard spray
8) Sews socks
9) In a talkative manner
10) Polish labor leader Walesa
11) Prefix with "lock" or "knock"
12) Former Monopoly token
13) Type of expensive vase
21) The captain may keep it
22) Nibble for a horse
25) ___ Mesa, California
26) Turkish leaders
27) Toaster oven setting
29) Times in classifieds
30) Update, as a 55-Down
32) Annoying person
33) Pertaining to the Holy See
34) Sidestep
35) Nervous
37) Therefore
39) NASA failure
42) Some puddings
43) Small plant outgrowths
48) Santa's helper
50) Hawaiian souvenir
53) Turn the ___ cheek
55) World book?
56) Amusement park attraction
57) Operates, as a computer
58) Collars
59) Shipping weight deduction
60) Where the heart is?
61) "National Velvet" author Bagnold
62) Raconteur's offering
63) Outer boundary
64) O'Neal of "Love Story"

FreeDailyCrosswords.com

DENTIST OFFICE WORD SEARCH

B	W	M	C	A	K	Y	H	S	S	E	V	L	B	H	O	K	T	M	P
A	R	R	O	O	T	A	G	U	W	O	T	L	Y	S	L	N	Y	W	X
E	O	D	G	N	H	R	E	C	C	P	V	A	F	U	A	Y	C	H	R
N	T	B	N	H	G	P	D	T	R	U	P	S	N	L	S	E	C	E	A
L	D	X	I	S	I	S	I	I	O	K	H	S	A	I	L	N	X	R	Y
O	O	R	N	U	L	M	R	O	W	C	N	E	D	C	G	T	K	U	S
W	L	U	A	R	G	B	O	N	N	E	S	W	O	G	R	L	G	D	E
L	D	I	E	B	N	O	U	V	B	H	G	X	L	A	V	S	A	L	U
P	T	O	L	C	I	F	L	E	P	C	E	O	C	T	W	W	E	P	I
A	A	C	C	D	R	U	F	H	F	U	V	T	L	R	R	V	I	M	B
E	A	N	E	S	U	O	G	M	Y	E	I	O	B	R	A	R	A	T	F
E	W	A	O	K	C	M	I	I	S	O	Y	U	E	T	S	G	A	D	I
C	A	R	C	R	K	H	I	R	N	D	V	S	O	R	E	D	H	N	L
U	A	M	Y	Y	A	V	I	R	U	R	O	R	E	S	M	B	A	I	L
L	G	A	A	M	C	M	F	O	N	I	Y	R	P	X	Y	U	E	M	I
W	G	V	I	L	R	N	I	R	V	S	O	T	O	U	S	C	G	P	N
B	K	F	V	F	G	P	I	C	X	L	X	V	I	D	T	M	T	N	G
M	U	T	B	X	X	A	B	S	P	I	O	E	F	V	A	W	O	E	S
R	F	I	A	I	B	P	M	X	E	T	O	V	U	S	A	Y	O	S	W
K	A	Y	U	F	X	W	E	C	C	R	K	C	K	G	P	C	S	T	M

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ALGINATE
AMALGAM
BRUSH
CAVITY
CHECKUP
CLEANING
CROWN
CURING LIGHT
DAM
ELEVATOR
EXPLORER
EXTRACTION
FILLINGS
FLUORIDE
GLOVES
IMAGES
MASK
MIRROR
PANORAMIC
RESIN
SEALANT
SPRAY
SUCTION
XRAYS

SUDOKU

Here is how it works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	1	4			2		5	9
	2	7	8			4	3	6
5		8			4	7		2
	7		9	3				
	6		2			9		5
4			7	1	5			
			1	6				8
	5						2	7
8	4					6	9	

Level: Beginner

2				9			1	7
6							9	
	7				4			3
		8						
	5				3		4	
			6				2	
							3	
7			2		9	8		
3						7		1

Level: Intermediate

7			5			4		2
		2		8		6		
			3			5		
6	4		7					5
5						1		
	3		4				2	
		9	6				7	
8					3			
				7				9

Level: Advanced

Horoscopes

ARIES - Mar 21/Apr 20
You might feel like you have extra energy to chase goals and take bold actions this week, Aries. Your natural drive will be strong. Find opportunities to assert yourself in new areas.

TAURUS - Apr 21/May 21
You may feel compelled to slow down and nurture your inner self this week, Taurus. Take time to reflect on your values and personal goals. If you have been feeling overwhelmed, get some rest.

GEMINI - May 22/Jun 21
You are in a social mode this week, Gemini. Your communication skills will take center stage, and it's a good time to collaborate or share ideas with others.

CANCER - Jun 22/Jul 22
Cancer, your focus could shift toward long-term career goals in the next few days. Work to identify a clear vision of where you want to go and the path to get there.

LEO - Jul 23/Aug 23
Leo, this week brings an adventurous energy that implores you to expand your horizons. Consider travel, new experiences or educational pursuits to make the most of your time.

VIRGO - Aug 24/Sept 22
You may find yourself dealing with intense emotions this week, Virgo. You might realize that time is running out on something and you really need to make a move.

LIBRA - Sept 23/Oct 23
Relationships are especially important to you right now, Libra. Whether it is friendship, romance or business, your interactions with others are bound to be intense.

SCORPIO - Oct 24/Nov 22
Scorpio, this week requires heightened focus on daily routines and personal health. It's a good time to prioritize self-care and improving your habits. A shift in your environment might help.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, your creativity and passion are elevated this week. You feel ready to pursue personal projects since your inspiration is booming.

CAPRICORN - Dec 22/Jan 20
Family matters takes precedence and garner your attention this week, Capricorn. You may feel a desire to create a sense of stability in your personal space. That may translate to redecorating.

AQUARIUS - Jan 21/Feb 18
Aquarius, communication is key this week, whether it's in social circles, at work or at home. You will engage in good conversation and exchange interesting ideas. Learn all you can along the way.

PISCES - Feb 19/Mar 20
Finances come into focus this week, Pisces. You may wonder how you can improve your financial situation and make smarter choices when it comes to money.

FAMOUS BIRTHDAYS

MARCH 2
Luke Combs, Singer (35)
MARCH 3
Camila Cabello, Singer (28)
MARCH 4
Catherine O'Hara, Actress (71)
MARCH 5
Taylor Hill, Model (29)
MARCH 6
Shaquille O'Neal, Athlete (53)
MARCH 7
Bryan Cranston, Actor (69)
MARCH 8
Benny Blanco, Producer (37)

SUBSTITUTE TRUSTEE'S SALE

Sale at public auction will be on April 29, 2025 on or about 12:00PM local time, at the South door of the Bedford County Courthouse, Shelbyville, Tennessee, conducted by the Substitute Trustee as identified and set forth herein below, pursuant to Deed of Trust executed by LESLIE DUKES, to Megan K. Trott, Trustee, on August 19, 2021, at Record Book TD1020, Page 283-295 as Instrument No. 21007442 in the real property records of Bedford County Register's Office, Tennessee.

Owner of Debt: NewRez LLC d/b/a Shellpoint Mortgage Servicing

The following real estate located in Bedford County, Tennessee, will be sold to the highest call bidder subject to all unpaid taxes, prior liens and encumbrances of record:

Lying and being in the Seventh (7th) Civil District of Bedford County, Tennessee, and being more particularly described as follows:

Being all of Lot No. 30, Block C, Belmont Heights, Addition No. 2, as shown by plat and survey of record in Plat Book 57, page 192, of the Register's Office of Bedford County, Tennessee, to which plat reference is hereby made for a more complete and accurate description of said lot.

Being the same property conveyed to Leslie Dukes, unmarried woman, by Warranty Deed from Theresa Irene Sharp, Individually and as Administratrix of the Estate of Merry Carol Root, Deceased, Lauretta A. Jernigan, and Valorie L. Marshall, dated August 19, 2021, of record in Deed Book 367, page 425, Register's Office of Bedford County, Tennessee.

Tax ID: 089O A 018.00-000

Current Owner(s) of Property: LESLIE DUKES

The street address of the above described property is believed to be 207 Cliffside Avenue, Shelbyville, TN 37160, but such address is not part of the legal description of the property sold herein and in the event of any discrepancy, the legal description referenced herein shall control.

SALE IS SUBJECT TO OCCUPANT(S) RIGHTS IN POSSESSION.

THE RIGHT IS RESERVED TO ADJOURN THE DAY OF THE SALE TO ANOTHER DAY, TIME AND PLACE CERTAIN WITHOUT FURTHER PUBLICATION, UPON ANNOUNCEMENT AT THE TIME AND PLACE FOR THE SALE SET FORTH ABOVE. THE TERMS OF SALE ARE CASH. ANY TAXES OR FEES WILL BE THE RESPONSIBILITY OF THE PURCHASER. IF THE SALE IS SET ASIDE FOR ANY REASON, THE PURCHASER AT THE SALE SHALL BE ENTITLED ONLY TO A RETURN OF THE PURCHASE PRICE. THE PURCHASER SHALL HAVE NO FURTHER RECOURSE AGAINST THE GRANTOR, THE GRANTEE, OR THE TRUSTEE.

OTHER INTERESTED PARTIES: None

THIS IS AN ATTEMPT TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

If applicable, the notice requirements of T.C.A. 35-5-101 have been met.

All right of equity of redemption, statutory and otherwise, and homestead are expressly waived in said Deed of Trust, but the undersigned will sell and convey only as Substitute Trustee.

If the U.S. Department of Treasury/IRS, the State of Tennessee Department of Revenue, or the State of Tennessee Department of Labor or Workforce Development are listed as Interested Parties in the advertisement, then the Notice of this foreclosure is being given to them and the Sale will be subject to the applicable governmental entities' right to redeem the property as required by 26 U.S.C. 7425 and T.C.A. §67-1-1433.

This property is being sold with the express reservation that the sale is subject to confirmation by the lender or trustee. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the purchase price. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney.

MWZM File No. 25-000031-505-2
Mackie Wolf Zientz & Mann, P.C., Substitute Trustee(s)
Cool Springs III
725 Cool Springs Blvd, Suite 140
Franklin, TN 37067
TN INVESTORS PAGE: HTTP://MWZMLAW.COM/TN_INVESTORS.PHP (#246981) (2203tc)

NOTICE OF SUBSTITUTE TRUSTEE'S SALE STATE OF TENNESSEE, Bedford COUNTY WHEREAS, Marco Vinicio Peralta and Rosa E Molina Quezada, husband and wife, as borrower(s), executed a Deed of Trust to Mortgage Electronic Registration Systems, Inc., as beneficiary, as a nominee for First Community Mortgage, Inc., a Corporation, Lender, and Megan K. Trott, Trustee(s), which was dated 1/19/2022, and recorded on 1/21/2022, as Instrument No. 22000665 in Book TD1040 Page 1-14, securing the payment of a Note in the amount of $209,632.00 in Bedford County, Tennessee Register of Deeds. WHEREAS, default having been made in the payment of the debt(s) and obligation(s) thereby secured by the said Deed of Trust and the current holder of said Deed of Trust; Carrington Mortgage Services, LLC, (the "Holder"), appointed the undersigned, Vylla Solutions Tennessee, LLC, as Substitute Trustee, with all the rights, powers and privileges of the original Trustee named in said Deed of Trust; and NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable as provided in said Deed of Trust by the Holder, and that as agent for the undersigned, Vylla Solutions Tennessee, LLC, Substitute Trustee, by virtue of the power and authority vested in it, will on 4/1/2025, at or about 12:00 PM at the usual and customary location at the At the main entrance to the Bedford County Courthouse, 1 Public Square, Shelbyville, TN, proceed to sell at public outcry to the highest and best bidder for cash, the following described property situated in Bedford County, Tennessee, to wit: Land situated in Bedford County, Tennessee: SEE ATTACHED EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF A certain tractor parcel of land lying and being in the 7th Civil District of Bedford County, Tennessee, being bounded and described as follows: Being all of Lot No. 22 of Fairway Estates Subdivision, Section II, as shown on plat of record in Plat Cabinet B, Envelope 15, Register's Office of Bedford County, Tennessee, to which plat reference is hereby made for a more complete and accurate description. Subject to Restrictive Covenants of record in Book 231, page 68; to Easement to Shelbyville Sewerage Board of record in Book 231, page 183; to Easements of record in Book 210, page 142, Book 141, page 869, and Book 163, page 532; and Matters as shown on plat of record in Plat Cabinet B, Envelope 18, Plat Cabinet A, Envelope 177, and Plat Cabinet A, Envelope 191, Register's Office of Bedford County, Tennessee. Being the same property conveyed to DANNY ROBINSON, by deed of record in Book 304, page 871, said Register's Office. Tax Parcel ID: 088C-D-022.00 Address/Description: 204 FAIRWAY GRN, SHELBYVILLE, TN 37160 Current Owner(s): Marco Vinicio Peralta and Rosa E Molina Quezada, husband and wife Other Interested Party(ies): Secretary of Housing and Urban Development The sale of the property described above shall be subject to all matters shown on any recorded plat; any and all liens against said property for unpaid property taxes; any restrictive covenants, easements or set-back lines that may be applicable; any prior liens or encumbrances as well as any priority created by a fixture filing; a deed of trust; and any matter than an accurate survey of the premises might disclose. If the Internal Revenue Service/U.S. Department of Treasury and/or the Tennessee Department of Revenue and/or the Tennessee Department of Labor and Work Force Development are listed as interested parties in this advertisement, then the notice of this foreclosure is being given to those entities as required by 26 U.S.C. 7425, T.C.A. 67-1-1433 and 28 U.S.C. 2410(c), and the foreclosure sale will be subject to the governmental right of redemption in the property. All right and equity of redemption, statutory or otherwise, homestead, and dower are expressly waived in said Deed of Trust, and the title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. Except to the extent that the Substitute Trustee may bind and obligate Mortgagors to warrant title the Property under the terms of the Deed of Trust, conveyance of the Property shall be made without any representations or warranties whatsoever, express or implied. All sales are "as is", "where is". The entire purchase price is due and payable at the conclusion of the auction in the form of certified funds. Insufficient funds will not be accepted. Amounts received in excess of the winning bid will be refunded to the successful purchaser. This property is being sold with express reservation that the sale is subject to confirmation by lender or Substitute Trustee. This office is attempting to collect a debt. Any information obtained will be used for that purpose. Vylla Solutions - Tennessee, LLC, Substitute Trustee P.O. Box 3309 Anaheim, California 92803 (888) 313-1969 TS#: 24-32494 A-4832445 01/16/2025, 02/27/2025, 03/06/2025, 03/13/2025

NOTICE OF SUBSTITUTE TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms and conditions of a Deed of Trust dated May 5, 2021, executed by JOSHUA E STEWART conveying certain real property therein described to MEGAN K. TROTT, as Trustee, as same appears of record in the Register's Office of Bedford County, Tennessee recorded May 5, 2021, in Deed Book TD1005, Page 783; and

WHEREAS, the beneficial interest of said Deed of Trust was last transferred and assigned to PennyMac Loan Services, LLC who is now the owner of said debt; and

WHEREAS, the undersigned, Rubin Lublin TN, PLLC, having been appointed as Substitute Trustee by instrument to be filed for record in the Register's Office of Bedford County, Tennessee.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable, and that the undersigned, Rubin Lublin TN, PLLC, as Substitute Trustee or his duly appointed agent, by virtue of the power, duty and authority vested and imposed upon said Substitute Trustee will, on March 18, 2025 at 11:00 AM at the main entrance to the Bedford County Courthouse, 1 Public Square, Shelbyville, TN 37160, proceed to sell at public outcry to the highest and best bidder for cash or certified funds ONLY, the following described property situated in Bedford County, Tennessee, to wit:

BEING ALL OF LOT NO. 2 OF FLOYDS SUNSET BOULEVARD SUBDIVISION NO. 1, AS SHOWN ON PLAT OF RECORD IN PLAT CABINET B, ENVELOPE 78, REGISTER'S OFFICE OF BEDFORD COUNTY, TENNESSEE, TO WHICH PLAT REFERENCE IS HEREBY MADE FOR A MORE COMPLETE AND ACCURATE DESCRIPTION.

Parcel ID: 071E-B-013.00

PROPERTY ADDRESS: The street address of the property is believed to be 200 SUNSET BLVD, WARTRACE, TN 37183. In the event of any discrepancy between this street address and the legal description of the property, the legal description shall control.

CURRENT OWNER(S): JOSHUA E STEWART

OTHER INTERESTED PARTIES:

CROWN ASSET MANAGEMENT LLC

The sale of the above-described property shall be subject to all matters shown on any recorded plat; any unpaid taxes; any restrictive covenants, easements or set-back lines that may be applicable; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. This property is being sold with the express reservation that it is subject to confirmation by the lender or Substitute Trustee. This sale may be rescinded at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. All right and equity of redemption, statutory or otherwise, homestead, and dower are expressly waived in said Deed of Trust, and the title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee. The Property is sold as is, where is, without representations or warranties of any kind, including fitness for a particular use or purpose.

THIS LAW FIRM IS ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Rubin Lublin TN, PLLC, Substitute Trustee
3145 Avalon Ridge Place, Suite 100
Peachtree Corners, GA 30071
rlselaw.com/property-listing
Tel: (877) 813-0992
Fax: (470) 508-9401 (#246370) (2203tc)

NOTICE OF SUBSTITUTE TRUSTEE'S SALE

Sale at public auction will be on 03/25/2025 on or about 12:00 PM, at the At the main entrance to the Bedford County Courthouse, 1 Public Square, Shelbyville County, TN, Bedford, Tennessee, conducted by the Substitute Trustee as identified and set forth herein below, pursuant to Deed of Trust executed by GEORGE F RABY, MICHELLE RABY to ARNOLD M. WEISS, Trustee, and recorded on 06/23/2005 as Instrument No. 109214, Book TD589 Page 34 in the real property records of Bedford County Register's Office, Tennessee.

Owner of Debt: HSBC Bank USA, N.A., as Indenture Trustee for the registered holders of Renaissance Home Equity Loan Trust 2005-3, Renaissance Home Equity Loan Asset-Backed Notes, Series 2005-3

The following real estate located in Bedford County, Tennessee, will be sold to the highest call bidder subject to all unpaid taxes, prior liens and encumbrances of records:

Beginning at an iron rod in the 20.00 feet south of the approximate center of Warner's Bridge Road and being N 82 deg 58 min 50 sec W 500.00 feet from an iron rod 20.00 feet south of the approximate corner of said road, the northwest corner of the Jimmy R Davis et ux, Dee Dee P Davis, property of record in Deed Book 223, page 177, and said point of beginning being the northeast corner of Tract 6 of this division of the Charles Blalock, et ux, Marcia Blalock property and the northeast corner of the property described; thence leaving said road S 8 deg 46 min 12 sec W 415.90 feet to an iron rod; thence S 7 deg 05 min 54 sec W 837.56 feet to an iron rod; thence S 81 deg 15 min 24 sec E 820.32 feet to an iron rod; thence S 8 deg 46 min 12 sec W 193.00 feet to an iron rod; thence N 81 deg 15 min 24 sec 841.27 feet to an iron rod; thence S 16 deg 54 sec W 327.64 feet to an iron rod; thence S 7 deg 50 min 24 sec W 305.96 feet to an iron rod, the southwest corner of the property described; thence N 81 deg 40 min 11 sec W 56.96 feet to an iron rod, the southwest corner of the property described; thence N 7 deg 19 min 47 sec E 313.27 feet to an iron rod; thence N 15 deg 26 min 28 sec E 526.71 feet to an iron rod; thence N 7 deg 01 min 10 sec E 735.33 feet to an iron rod; thence N 81 deg 15 min 24 sec W 87.96 feet to an iron rod; thence N 7 deg 05 min 54 sec E 150.06 feet to an iron rod; thence S 81 deg 15 min 24 sec E 103.41 feet to an iron rod; thence N 8 deg 46 min 16 sec E 264.40 feet to an iron rod 20.00 feet south of the approximate center of said road, the northeast corner of Tract 6 of this division of the said Blalock property and the northwest corner of the property described; thence along said road, S 82 deg 58 min 50 sec E 50.00 feet to the point of beginning, more or less, being all of Tract 5 of this division of the Blalock property.

MOBILE/MANUFACTURED HOME DESCRIPTION: 2000 Fleetwood Home HUD Serial No. TNFLX27A459177SR12 and TNFLX27B54177SR4483B

Borrower, being true and lawful owner of record of the mobile home being mortgaged with the property, declares that it is Borrower's intent that the mobile home lose its nature as personal property and become realty. Borrower further declares that the mobile home shall remain permanently attached as a part of the real property and will not be removed therefrom.

Being the same property conveyed to George F Raby and wife, Michelle Raby, by Deed from Jeffrey Seckler and Mike Randles, dated 09/19/2003, of record in Book D258, page 189, Register's Office for Bedford County, TN.

1651 Warner Bridge Road, Shelbyville, TN 37160

Tax ID: 18 81 81 15.02 000 / 81 15.02 / MAP 81 PARCEL 15.02 / 081 015.02

Current Owner(s) of Property: GEORGE F RABY, MICHELLE RABY

The street address of the above described property is believed to be 1651 WARNER BRIDGE RD, SHELBYVILLE, TN 37160, but such address is not part of the legal description of the property sold herein and in the event of any discrepancy, the legal description referenced herein shall control.

SALE IS SUBJECT TO OCCUPANT(S) RIGHTS IN POSSESSION.

THE RIGHT IS RESERVED TO ADJOURN THE DAY OF THE SALE TO ANOTHER DAY, TIME AND PLACE CERTAIN WITHOUT FURTHER PUBLICATION, UPON ANNOUNCEMENT AT THE TIME AND PLACE FOR THE SALE SET FORTH ABOVE. THE TERMS OF SALE ARE CASH. ANY TAXES OR FEES WILL BE THE RESPONSIBILITY OF THE PURCHASER. IF THE SALE IS SET ASIDE FOR ANY REASON, THE PURCHASER AT THE SALE SHALL BE ENTITLED ONLY TO A RETURN OF THE PURCHASE PRICE. THE PURCHASER SHALL HAVE NO FURTHER RECOURSE AGAINST THE GRANTOR, THE GRANTEE, OR THE TRUSTEE.

OTHER INTERESTED PARTIES: NA

If applicable, the notice requirements of Tenn. Code Ann. 35-5-101 have been met.

All right of equity of redemption, statutory and otherwise, and homestead are expressly waived in said Deed of Trust, but the undersigned will sell and convey only as Substitute Trustee.

If the U.S. Department of Treasury/IRS, the State of Tennessee Department of Revenue, or the State of Tennessee Department of Labor or Workforce Development are listed as Interested Parties in the advertisement, then the Notice of this foreclosure is being given to them, and the Sale will be subject to the applicable governmental entities' right to redeem the property as required by 26 U.S.C. 7425 and Tenn. Code Ann. §67-1-1433.

This property is being sold with the express reservation that the sale is subject to confirmation by the lender or trustee.

Trustee File No. 2024-00490-TN
Western Progressive - Tennessee, Inc., Substitute Trustee
Corporation Service Company, Registered Agent
2908 Poston Ave
Nashville, TN 37203-1312
SALE INFORMATION:
Sales Line: (866) 960-8299
Website:https://www.altisource.com/loginpage.aspx (2273tc)

NOTICE OF SUBSTITUTE TRUSTEE'S SALE

Default having been made in the terms, conditions, and payments provided in a certain Deed of Trust dated FEBRUARY 18, 2020, executed by KAYLA ANN PARMER, A SINGLE WOMAN, to MEGAN K. TROTT, Trustee, of record in BOOK TD954, PAGE 669, for the benefit of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR FIRST COMMUNITY MORTGAGE, INC., in the Register's Office for BEDFORD County, Tennessee and to J. PHILLIP JONES AND/OR JESSICA D. BINKLEY, either of whom may act, appointed as Substitute Trustee in an instrument of record in the Register's Office for BEDFORD County, Tennessee, to secure the indebtedness described; WHEREAS, said Deed of Trust was last assigned to TENNESSEE HOUSING DEVELOPMENT AGENCY; the entire indebtedness having been declared due and payable by TENNESSEE HOUSING DEVELOPMENT AGENCY, the present owner/holder or authorized agent, designee or servicer of the holder/owner of said indebtedness, has requested foreclosure proceedings to be instituted; and as provided in said Deed of Trust, I, J. PHILLIP JONES OR I, JESSICA D. BINKLEY, will by virtue of the power and authority vested in me as Substitute Trustee, on THURSDAY, MARCH 27, 2025 AT 10:00 A.M., LOCAL TIME AT THE FRONT STEPS OF THE BEDFORD COUNTY COURTHOUSE IN SHELBYVILLE, BEDFORD COUNTY, TENNESSEE, sell to the highest bidder for cash, free from the equity of redemption, homestead, and dower, and all other exemptions which are expressly waived, and subject to any unpaid taxes, if any, the following described property in BEDFORD County, Tennessee, to wit:

PROPERTY LOCATED IN THE COUNTY OF BEDFORD, TENNESSEE:

LYING AND BEING IN THE THIRD (3RD) CIVIL DISTRICT OF BEDFORD COUNTY, TENNESSEE, AND BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS, TO-WIT:

THE SAME BEING LOT NO. 4 IN EAST PARK SUBDIVISION TO THE CITY OF SHELBYVILLE, TENNESSEE, AS SHOWN ON PLAT OF RECORD IN PLAT CABINET "A", ENVELOPES 27 AND 30 (PREVIOUSLY OF RECORD IN PLAT BOOK 2, PAGE 66 AND 67), REGISTER'S OFFICE OF BEDFORD COUNTY TENNESSEE, TO WHICH REFERENCE IS HAD FOR A MORE DETAILED DESCRIPTION. SAID CONVEYANCE IS SUBJECT TO ALL MATTERS SHOWN ON SAID PLAT, INCLUDING SET-BACK REQUIREMENTS AND EASEMENTS. SAID CONVEYANCE IS ALSO MADE SUBJECT TO ALL MATTERS AND THINGS SET FORTH IN PROTECTIVE COVENANTS IN EFFORT ON EAST PARK SUBDIVISION, AS RECORDED IN DEED BOOK 162, PAGE 611, REGISTER'S OFFICE OF BEDFORD COUNTY, TENNESSEE.

SUBJECT TO ANY AND ALL OTHER EXISTING EASEMENTS AND RESTRICTIONS OF RECORD.

BEING THE SAME PROPERTY CONVEYED TO KAYLA ANN PARMER, A SINGLE WOMAN, BY WARRANTY DEED DATED FEBRUARY 18, 2020 AND RECORDED IN BOOK D355, PAGE 960, REGISTER'S OFFICE FOR BEDFORD COUNTY, TENNESSEE.

THIS IS IMPROVED PROPERTY KNOWN AS 404 LEDBETTER ROAD, SHELBYVILLE, TN 37160.

MAP 090G B 004.00

THE SALE OF THE SUBJECT PROPERTY IS WITHOUT WARRANTY OF ANY KIND, AND IS FURTHER SUBJECT TO THE RIGHT OF ANY TENANT(S) OR OTHER PARTIES OR ENTITIES IN POSSESSION OF THE PROPERTY. ANY REPRESENTATION CONCERNING ANY ASPECT OF THE SUBJECT PROPERTY BY A THIRD PARTY IS NOT THE REPRESENTATION OR RESPONSIBILITY OF TRUSTEE(S) OR SUBSTITUTE TRUSTEE(S) OR THEIR OFFICE.

THIS SALE IS SUBJECT TO ANY UNPAID TAXES, IF ANY, ANY PRIOR LIENS OR ENCUMBRANCES LEASES, EASEMENTS AND ALL OTHER MATTERS WHICH TAKE PRIORITY OVER THE DEED OF TRUST UNDER WHICH THIS FORECLOSURE SALE IS CONDUCTED, INCLUDING BUT NOT LIMITED TO THE PRIORITY OF ANY FIXTURE FILING. IF THE U.S. DEPARTMENT OF THE TREASURY/ INTERNAL REVENUE SERVICE, THE STATE OF TENNESSEE DEPARTMENT OF REVENUE, OR THE STATE OF TENNESSEE DEPARTMENT OF LABOR AND WORK FORCE DEVELOPMENT ARE LISTED AS INTERESTED PARTIES IN THE ADVERTISEMENT, THEN THE NOTICE OF THIS FORECLOSURE IS BEING GIVEN TO THEM, AND THE SALE WILL BE SUBJECT TO ALL APPLICABLE GOVERNMENTAL ENTITIES RIGHT TO REDEEM THE PROPERTY, ALL AS REQUIRED BY 26 U.S.C. 7425, T.C.A. 67-1-1433, AND 28 U.S.C. 2410 (C). THE NOTICE REQUIREMENTS OF T.C.A. 35-5-101 ET SEQ. HAVE BEEN MET.

THE RIGHT IS RESERVED TO ADJOURN THE DAY OF THE SALE TO ANOTHER DAY, TIME AND PLACE CERTAIN WITHOUT FURTHER PUBLICATION, UPON ANNOUNCEMENT AT THE TIME AND PLACE FOR THE SALE SET FORTH ABOVE. THE TRUSTEE/SUBSTITUTE TRUSTEE RESERVES THE RIGHT TO RESCIND THE SALE

IF YOU PURCHASE A PROPERTY AT THE FORECLOSURE SALE, THE ENTIRE PURCHASE PRICE IS DUE AND PAYABLE AT THE CONCLUSION OF THE AUCTION IN THE FORM OF A CERTIFIED/BANK CHECK MADE PAYABLE TO OR ENDORSED TO LAW OFFICE OF J. PHILLIP JONES. NO PERSONAL CHECKS WILL BE ACCEPTED. TO THIS END, YOU MUST BRING SUFFICIENT FUNDS TO OUTBID THE LENDER AND ANY OTHER BIDDERS. INSUFFICIENT FUNDS WILL NOT BE ACCEPTED. AMOUNTS RECEIVED IN EXCESS OF THE WINNING BID WILL BE REFUNDED TO THE SUCCESSFUL PURCHASER AT THE TIME THE FORECLOSURE DEED IS DELIVERED.

OTHER INTERESTED PARTIES: TENNESSEE HOUSING DEVELOPMENT AGENCY – GREAT CHOICE PLUS LOAN PROGRAM

THIS IS AN ATTEMPT TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

This is improved property known as 404 LEDBETTER ROAD, SHELBYVILLE, TN 37160.

J. PHILLIP JONES/JESSICA D. BINKLEY,
SUBSTITUTE TRUSTEE
1800 HAYES STREET
NASHVILLE, TN 37203
(615) 254-4430
www.phillipjoneslaw.com
www.williamsauction.com
F25-0046 (2273tc)

NOTICE

BONARD SINSEL:

The State of Tennessee, Department of Children's Services, has filed a **petition again you for dependent and neglect and for change of legal custody of Gavin Sinsel, DOB: 04/24/2023. It appears that ordinary process of law cannot be served upon because your whereabouts are unknown**. You are hereby **ORDERED** to appear in Bedford County Juvenile Court on the 3 rd day of March, 2025, to answer this. If you fail to do so, a default judgment will be taken against you pursuant to Rule 55 of the Tenn. R. of Civ. P. for the relief demanded in the Petition. You may view and obtain a copy of the Petition and any other subsequently filed legal documents at the Bedford County Juvenile Court Clerk, Shelbyville, Tennessee. Further questions may be directed to: Elizabeth G. Spurbeck, Associate Counsel, State of Tennessee, Department of Children's Services, 1106 Madison Street, Shelbyville, TN 37160, 931-309-5947.

Honorable Charles Rich
Bedford County Juvenile Court

Aging with grace and good health: Step out of your traditional, comfort zone

Drink smoothies for good health

If you're over the age of 50, exercise, and stay in fairly good health, congratulations! You're likely beating a lot of health issues and statistics by remaining active and being health conscious.

Nutritious foods support a strong immune system, which can help individuals avoid a number of illnesses. The colors of fruits and vegetables often indicate which nutrients are within them. For example, the bright orange color of fruits like peaches and apricots advertises that they are sources of beta-carotene, an important antioxidant.

Smoothies and frozen drinks can complement healthy eating plans, as they involve whipping up a few ingredients for something refreshing and filling. Smoothies are a favorite of adults and kids alike. This recipe for an "Apricot Peach Smoothie" from "Super Smoothies" (Crestline) by Ellen Brown is supercharged with beta-carotene, vitamin A, vitamin B6, vitamin C, and vitamin E.

Apricot Peach Smoothie

Makes 4

(1-cup) servings

- 1 cup chilled apricot nectar
- 1/2 cup silken tofu
- 1/2 cup unsulfured or organic dried apricots
- 1 1/2 cups peach slices, frozen
- 1/2 cup vanilla frozen yogurt
- 4 peach wedges for garnish, optional

Combine apricot nectar, tofu and dried apricots in a blender or smoothie maker. Blend on high speed for 45 seconds, or until mixture is pureed and smooth. Add peach slices and frozen yogurt, and blend on high speed again until mixture is smooth. Serve immediately, garnished with peach wedges, if desired.

'Bringing Healthy Smiles to Bedford County GALA' is April 12

Bedford County native, Dr. Lendell Massengale, Jr., to be recognized

STAFF REPORT

At the highly anticipated April 12 GALA at Humble Baron, Dr. Lendell Massengale, Jr., DDS, will be recognized by Community Clinic Board of Directors for his professional accomplishments as a dental provider and as a 1981 graduate of Meharry Medical College School of Dentistry.

The Meharry Medical College School of Dentistry has been instrumental over the last several years for assisting the medical clinic, which serves TennCare patients, with its dental needs. Proceeds from this GALA will support both the clinic and dental school.

Lendell is the son of Marilyn Gipson Massengale and the late Lendell Massengale, Sr., both who served as local educators and community leaders in their own rights.

Tickets are available for the event at Nearest Green Distillery. Contact the Community Clinic for additional information. shelbyvilleclinic@att.net or 931-684-6772.

Lendell is a 1973 graduate of Shelbyville Central High School. He received an academic scholarship to attend The University of the South, where he graduated with a BS in general biology in 1977. He would go on to graduate from the Meharry Medical College School of Dentistry (MMCSOD), DDS.

After his Meharry graduation, Lendell joined the U.S. Army and served as a captain in the U.S. Army Dental Corps. He served 6 years in the U.S. Army Reserves and did tours of duty at Fort Benjamin Harrison in Marion County, Ind., and Fort Knox in Fort Knox, Ky.

Prior to his retirement, he owned Dental Associates of West Knoxville. He has served as the director of Clinical Dental Services at Milledge Dental Partners in Knoxville.

As a dental professional, he specializes in preventing, diagnosing, and treating diseases and conditions associated with the mouth and overall dental health, according to Dental Associates of West Knoxville and Mrs. Marilyn Massengale.

Death Notices

Krystal Moore

Krystal Moore, age 41, of Shelbyville, passed away suddenly on Feb. 17, 2025, according to her family. She is survived by husband David and children Kaylee and Cayden Moore.

Charles Kincaid

Charles Kincaid, age 92, of the Longview community of Bedford County, passed away peacefully at Alive Hospice on Thursday, February 20, 2025. Mr. Kincaid is survived by his loving wife of almost 71 years, Elizabeth Simpson Kincaid of Longview; children, Brenda D. Smith of Murfreesboro, Charles Jeffrey Kincaid of Crestview, Fl, and Regina Ann (Kennard) Lang of Maine.

Lawrence Funeral Home in Chapel Hill is assisting the family with arrangements.

48th Annual Bell Buckle Daffodil Day is March 15

When the daffodils show up in all their splendor, then Spring has arrived in Bell Buckle!

Daffodil Day activities are set for Saturday, March 15, in historic Bell Buckle where the townspeople take their daffodils seriously and celebrate their cheerful beauty at the annual Bell Buckle Daffodil Day Flower Show.

Bring your best specimen or two and join us for a friendly competition, showcasing the many varieties of this beautiful flower. Entries will be accepted from 10 a.m. to 11:30 a.m. at Bethany Hall right next to Farm Girlz Goods off Main Street. For more details on Flower Show rules and Flower Show divisions and classes, please visit https://bellbucklechamber.com/daffodil-day-show-rules-of-entry/

While the flower show entries are being judged, be sure to take the opportunity to enjoy everything spring in historic Bell Buckle.

Family-owned nursery, M&L, will have daffodils, tulips, and other plants available for purchase. Bell Buckle is also super proud to be celebrating its quarter century mark as a Tree City USA.

Ever-popular FREE tree seedlings will be given away on the downtown Quilt Square. This year's selections will be Bur Oak, Common Persimmon, and Native Sweet Pecan.

What a great way to celebrate Spring by planting a tree to spread beauty and joy for years and years.

Additionally, the town will honor its Citizen of the Year on Daffodil Day.

Enjoy live music while exploring the charming shops of Bell Buckle. Some of our stores will be giving 20% off to anyone wearing Daffodil yellow so be sure to check Bell Buckle Chamber of Commerce's social media for more information closer to Daffodil Day!



H.V. Griffin Park plans a Community Garden

By DAWN HANKINS



It's nearly March and time to think about spring planting. Shelbyville Parks and Recreation Department has an ingenious idea for a Community Garden this spring.

Planting plots are now available at H.V. Griffin Park, which is located on Tulip Tree Road.

Each plot is planned to be a raised bed 3 foot wide by 6 foot long by 3 foot high. Cost is $10 a year with a $5 key fee. Participants must be 18 years of age to rent the space.

Beds must be kept organic and items grown are not for resale.

The parks department is now taking applications. Call 931-684-9780 for more information about this community garden.

Interested in having your garden story featured in the Times-Gazette this spring? Contact Dawn at dawn@richardsonmediagroup.net.



ANOTHER GREAT CJSO PROJECT

Submitted Photos

Community High School's Criminal Justice Student Organization (CJSO), along with Teaching as a Profession (T.A.P.S.) recently conducted its second annual I-Dent-A-Kit program at Community Elementary. Students worked hard to ensure that each child who requested an I-Dent-A-Kit received one free of charge. These kits are designed to help locate and identify a child who has been abducted or gone missing, according to Chris Hobbs, CJSO instructor.

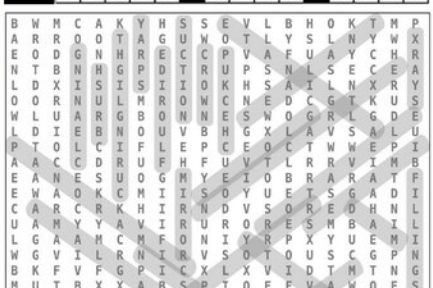




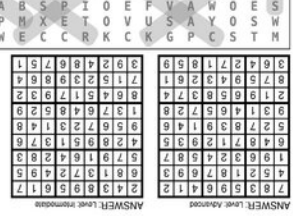
PUZZLE SOLUTION

WEE SHALL OVERCOME — By Richard Auer

1 A	2 T	3 O	4 P		5 T	6 O	7 A	8 D		9 C	10 L	11 A	12 I	13 M
14 B	A	B	U		15 O	L	L	A		16 H	E	N	R	I
17 E	X	I	T		18 N	E	A	R		19 A	C	T	O	N
20 L	I	T	T	21 L	E	O	R	N	22 O	T	H	I	N	G
				23 S	O	P			24 S	A	T			
25 C	26 A	27 B		28 G	O	E	29 R	30 T		31 T	I	32 P	33 P	34 E T
35 O	G	R	36 E		37 E	V	E	N	38	39 L	E	A	V	E
40 S	H	O	R	41 T	M	E	M	O	42 R	Y	S	P	A	N
43 T	A	I	G	A		44 S	A	G	O		45 T	A	D	S
46 A	S	L	O	P	E		47 P	O	O	L		48 L	E	E
				49 I	L	O			50 T	E	A			
51 R	U	N	T	O	F	T	H	E	L	I	T	T	E	R
52 B	A	A	C		53 H	O	N	E		54 L	A	D	Y	
55 D	E	B	R	A		56 E	M	I	T		57 A	L	G	A
58 E	S	S	E	S		59 R	E	D	S		60 S	E	E	N



ANSWER: Level: Beginner



ANSWER: Level: Intermediate



ANSWER: Level: Advanced

JUVENILE CENTER

From page 1A

proper bidding procedure.

"Being government and having to have checks and balance . . . the only way we're ultimately going to know the number is through bid. If you don't at least secure some funds . . . won't have big time vendors or people necessarily bidding contingent on whether the County is going to fund or not. It's the chicken and the egg and everybody gets uncomfortable about that."

He added, "The only way we can give you an absolute number is if we bid it. But if we bid it and you haven't approved the money yet . . . what does that do to your bid price?"

Sweeney noted how he handles those situations of bidding then funding-a 10% contingency amount is included in the price.

While the new juvenile facility will be open to other area detention kids, it was dually noted Tuesday evening by Judge Charles Rich that Bedford County juveniles always get first preference.

The juvenile project was bundled a while back with the County surplus building project, again, in an effort to save costs. Some Commissioners were not happy initially that these projects were bundled and stated so in meetings. But the 81 Act, which is the County's financial management tool, is generally the deciding factor.

Ironically, the County's planned surplus building has to now be turned into a County holding morgue with refrigeration, etc. Vanderbilt Bedford Hospital has put the County on notice that it will no longer store or hold deceased bodies-those other than its own hospital patients.

This was a service that was traditionally done for indigent individuals when the County owned its own hospital. Graham said currently the County is working with funeral homes until the new building is in place.

Bedford County property transfers

The following property sales were recently recorded in the Bedford County Register of Deeds office.

File date: February 18

Location: Benford Rd; Seller, Brenda Elrod Parker; Buyer, Brandon Braun, Samantha Taylor Braun; Price, $100,000 (Deed).

Location: 631 Union Ridge Rd; Seller, Kenneth Romoser, Richard Romoser, Carol Romoser Davis, Patrick Romoser, Brian Malooley, Kristi Malooley Mitchell, Matthew Romoser, Stacy Romoser; Buyer, Kevin Heslin, Ann Heslin; Price, $530,500 (Deed).

Location: Couch Lane; Seller, Stan Hayes, Janice Hayes, Chad M Hayes, Whitney W Hayes; Buyer, Meredith Hayes Harris, Mark Harris; Price, $0 (QD).

Location: Couch Lane; Seller, Stan Hayes, Janice Hayes, Meredith Hayes Harris, Mark Harris; Buyer, Chad M Hayes, Whitney W Hayes; Price, $0 (QD).

Location: Snell Rd; Seller, Sherry Kay Roberts, Cynthia Fawn Austin, Cynthia Fawn Dejournett Austin, Sherry Roberts; Buyer, Barry S Moring, Deanne Moring; Price, $300,000 (Deed).

Location: 128 Glider Loop; Seller, Paul Gregory Teachout, Micki Dawn Teachout, Paul G Teachout, Micki D Teachout; Buyer, Michelle Lacey, Jack W Lacey; Price, $450,000 (Deed).

Location: 1141 Longview Rd; Seller, Stephanie M Anderson, Stephanie M Anderson Gathright; Buyer, Stephanie M Gathright, Joshua L Gathright; Price, $0 (QD).

Location: Madison St; Seller, Sandra Elizabeth Clanton, Billy W Clanton Estate; Buyer, Sandra Elizabeth Clanton; Price, $0 (Deed).

Seller, Sandra Elizabeth Clanton, Billy W Clanton Estate, Billy Wayne Clanton; Buyer, Sandra Elizabeth Clanton; Price, $0 (Deed).

Location: Troupe Rd; Seller, Sandra Elizabeth Clanton, Billy W Clanton Estate; Buyer, Sandra Elizabeth Clanton; Price, $0 (Deed).

File date: February 20

Location: 209 Republic St; Seller, Charlsie Kalynn Dornan; Buyer, Charlee Ann Davis, Tyler Houston McBay; Price, $312,250 (Deed).

Location: Horse Mountain Rd; Seller, Richard Allan Bair, Beth Teagarden Bair; Buyer, Joy Anne Vaughn, Robert Julius Vaughn; Price, $710,000 (Deed).

Location: 82 Providence Rd; Seller, Heath Edward Johnson, Becky Lynn Johnson; Buyer, Jesse Chitwood; Price, $319,000 (Deed).

Location: 102 Virginia Ct; Seller, Cecilia Apilado Aguilus, Ramon A Simpauco Jr, Charmaine Grace Simpauco, Charmain Grace, Concepcion, Charmaine Grace C Simpauco; Buyer, Kimberly Adams; Price, $319,900 (Deed).

Location: Whitaker Rd; Seller, Sean T Willis, Ethan S Willis, Stanley E Willis Estate; Buyer, Ruben Soto; Price, $95,000 (Deed).

Location: John Brinkley Rd; Seller, MSQD Holdings LLC; Buyer, Howard Hamel, Kimberley Andrew Hamel; Price, $215,000 (Deed).

Seller, Roger William Barnes, Edna Lee Donnell Barnes; Buyer, Bailey Martin; Price, $314,000 (Deed).

File date: February 21

Location: Potts Rd; Seller, Tami Jones; Buyer, Logan Adcock, Morgan Adcock; Price, $0 (QD).

Location: 214 Warren Circle; Seller, Patrick John English, Angela Joy Smith; Buyer, Flor A Aguilar Raymundo, Patricio Cortes Aguilar; Price, $345,000 (Deed).

Seller, Michael Owens, Martin Owens, Ida Ruth Owens Estate, Ida R Owens; Buyer, Michael Owens, Martin Owens, John Paul Owens; Price, $0 (Deed).

Location: Scales Rd; Seller, Stanley Winston Hofferbert; Buyer, Donna Hofferbert; Price, $0 (QD).

File date: February 24

Location: 4343 Highway 41 A N; Seller, Walter Keith Looper, Connie C Looper; Buyer, Carl Ralston; Price, $1,120,000 (Deed).

Location: 285 Peacock Lane; Seller, Lawbs Holdings LLC; Buyer, Bendena L Lippelmann, Brian Farrell; Price, $339,000 (Deed).

Justice department delivers 12 more drug trafficking conspiracy sentences

Arrests, convictions, shut down large drug shipments to area

STAFF REPORT

Twelve members of a drug trafficking conspiracy were sentenced last week for their roles in conspiring to distribute and possess with intent to distribute controlled substances in middle Tennessee and elsewhere, announced Acting United States Attorney Robert E. McGuire for the Middle District of Tennessee. The TBI and some area local law enforcement were also involved in this drug trafficking case.

Among those charged was Davontay Holt who had been convicted previously of second-degree murder in Bedford County (case number 2021-CR-29041- for connection with the Oct. 5, 2022 shooting death of Charles Dejuan Mayes of Shelbyville.)

More about the drug trafficking investigation, which stretched across multiple states, is included in the release below from the U.S. Attorney's Office, Middle District of Tennessee.

According to court documents, around 2022, agents with Homeland Security Investigations, the Federal Bureau of Investigation and Drug Enforcement Administration began investigating large shipments of counterfeit fentanyl-laced pills that were inscribed "M30," methamphetamine, and marijuana that someone was shipping to Tennessee and approximately 16 other states from California. Agents reviewed shipping materials, monitored social media accounts, and conducted surveillance before identifying Matthew Cox as the individual who was shipping these packages to members of the drug trafficking conspiracy. In their messages on social media applications and phones, the defendants discussed drug prices, drug shipments, and quality of the drugs.

One defendant, Quortez Duncan, told Cox that he wanted stronger pills to get customers hooked on the pills to increase profits. Cox complied and attempted to send Duncan these pills, but Agents seized them. Agents also learned that another defendant, Khyre McClain, attempted to establish and launder money through a limited liability corporation.

In addition to this evidence of shipments to other states, agents seized packages of drugs that were being shipped to Tennessee. Specifically, on July 25, 2022, HSI agents seized a package from a UPS Store in Sebastopol, California, which was destined for Nashville. This package contained thousands of counterfeit fentanyl-laced pills weighing over two kilograms. The package also contained more than eight pounds of methamphetamine. On August 9, 2022, HSI agents intercepted two additional packages from the Santa Rosa, California, area which were destined for residences in Nashville. One package contained 472 grams of counterfeit fentanyl-laced pills, and the other package contained approximately four pounds of methamphetamine.

After collecting an overwhelming amount of evidence, law enforcement officers executed search warrants at multiple residences in California and Tennessee. They recovered handguns, assault rifles, bulk cash, expensive cars, marijuana, and large amounts of counterfeit fentanyl-laced pills.

"Stopping the trafficking of deadly fentanyl is a major priority of the Department of Justice," said Acting U.S. Attorney Robert E. McGuire."These successful prosecutions demonstrate our continued commitment to hit fentanyl traffickers with the full force of the law."

"These defendants took part in a cross-country conspiracy that brought significant amounts of fentanyl, methamphetamine, and marijuana to Tennessee," said Special Agent in Charge Joseph E. Carrico of the FBI Nashville Field Office. "The FBI and our law enforcement partners remain committed to holding those accountable who attempt to poison our communities."

Each defendant was convicted of conspiring to distribute controlled substances. Three defendants were also convicted of unlawfully possessing firearms after previously being convicted of felony offenses.

The defendants were sentenced as follows:

Quortez Duncan, age 37, was sentenced to 15 years in federal prison

Mathew Cox, age 28, was sentenced to 11 years and 8 months in federal prison

Jonny Rodriguez-Gonzalez, age 26, was sentenced to 11 years and 2 months in federal prison

Ricardo Molinero-Alcarez, age 29, was sentenced to 10 years in federal prison

Khyre McClain, age 23, was sentenced to 10 years in federal prison

Davontay Holt, age 30, was sentenced to 10 years in federal prison

Marcus Johnson, age 27, was sentenced to 5 years in federal prison

Tristain Orr, age 25, was sentenced to 5 years in federal prison

Ethan Kimes, age 22, was sentenced to 2 years in federal prison

Marquitues Sawyers, age 24, was sentenced to 1 year and 8 months in federal prison

Jahari Armstrong, age 22, was sentenced to 3 years of probation

Jaydan Armstrong, age 22, was sentenced to 3 years of probation

This case was investigated by the Drug Enforcement Administration; Homeland Security Investigations; the U.S. Postal Inspection Service; the Federal Bureau of Investigation, Nashville Field Office; the Tennessee Bureau of Investigation; and the Columbia Police Department. Assistant U.S. Attorneys Ahmed Safeeullah and Rachel Stephens prosecuted this case.



RHODES RECOGNIZED FOR YEARS OF SERVICE

SPD Photo

Sheri Rhodes was recently recognized by Shelbyville Police Department for her 16 years of service. She is assigned to the property and evidence division.

County Finance to research possible funding of LPR cameras

By DAWN HANKINS



Your back may be covered even better by law enforcement soon while traveling local roads and highways.

Deputy Chief of the Bedford County Sheriff's Office, Nikia Elliott, explained to the County's financial management committee on Tuesday about the LPR (license plate reader) cameras that the department is hoping to purchase. He explained how beneficial 14 or even eight Flock cameras can be in the way of local law enforcement.

While most of the information gathered would come from a license plate, he said vehicle descriptions can also be logged into the system-one accessed by many law enforcement agencies. Elliott said these are not cameras with which to catch speeders but rather a law agency tool that has already assisted with finding children, dementia patients and dangerous criminals.

Each camera costs $3,000 a year and there will be start up fees in the beginning associated with the installation, etc. The tech department was assured that the equipment would still be the property of Flock and upgrades, etc., would be that company's responsibility. After startup costs, the Sheriff's Department would then be responsible for budgeting for the lease cost. The contract would be renewed or discontinued on a yearly basis.

Elliott said with the City already in the process of using the LPR system, much of this community would be covered in a very secure way with the installation of more Flock cameras.

Watson's Heroic Three in OT Downs Vikes in D9-AA Consolation Game

BY NOAH MADDOX
noah@t-g.com

COALMONT, Tenn. – After losing by 17 points in each of the two regular season matchups, the 4-seed Community Vikings (14-16, 2-6) nearly pulled off the upset against the 3-seed Cascade Champions (16-12, 5-3) in the District 9-AA Consolation Game, but the Champs found a way to pull out the 55-53 win in overtime on Monday night inside of Ricky Richards Gymnasium.

Noah Watson, who returned to the starting lineup for this game, scored seven points in the first half, but he hit the biggest shot of the game with 58.5 seconds left in the extra session on Cascade's ninth three-pointer of the night on the left wing to put the Champs in front for good, 54-53. Henry Stone, who went 7-8 at the free throw line and finished with 11 points, split a pair of free throws with 9.5 seconds left after a Charlie Haskins layup rolled off the rim on the previous possession.

Community called timeout to set up a play to win the game, finding Moe Berman wide open in the right corner, but his shot careened off the rim at the buzzer, allowing Cascade to escape with the win and improve to 3-0 against the Vikes this season.

Cascade jumped out to a 26-19 lead at halftime and went on an extended 11-4 run into the third quarter to take a 34-23 lead, but the Vikings came storming back in response with a 16-3 run to close the period, taking a 39-37 lead going into the final frame. Charlie Haskins, who had just two points in the first half, exploded after halftime, scoring 20 points in the final 16 minutes to finish leading all scorers with a game-high 22 points, including 11 in the third.

However, in the fourth quarter freshman Cooper McElroy, took over for Cascade. Reminiscent of his older brother, Isaac McElroy, scoring 32 points in last year's consolation game win against Community, Cooper led Cascade with seven points in the fourth quarter to give Cascade new life and help get the game to overtime. He opened the quarter with his third three-pointer from the corner, then he drove to the basket, finishing through contact for an old-fashioned three-point play to give Cascade a 44-42 lead.

A Haskins drive tied the game at 44, then a Stone layup put Cascade back in front, 46-44 with 3:34 left. Haskins split a pair of free throws to cut the lead to one, Stone responded with another layup, then Landon Lovvorn, who ended the night with 11 points, connected on a 15-foot pull-up jumper. McElroy then split a pair of free throws to extend the lead to 49-47 with 2:07 to go. Another Lovvorn bucket tied the game at 49 with 26 seconds left, but the Champions had one last chance to win the game in regulation. Kaleb Kelso, who scored seven points in the first half, got a good luck at the buzzer on the left wing, but his shot went just long off the back iron, sending the game into OT.

In overtime, Tyler Rodgers jumped the passing lane on Community's first possession, and Kelso followed his missed layup to put Cascade in front, 51-49. Haskins responded with another strong drive to tie the game, then Haskins gave Community the lead, 53-51, on the Vikes' ensuing possession. As the clock ticked below one minute, Cascade swung the ball to Noah Watson, who connected on a deep three-pointer for his only basket of the second-half to put Cascade in front, 54-53, with 58.5 seconds left.

McElroy and Watson, who averaged 4.4 PPG and 5.9 PPG on the season, respectively, combined for 23 points on the night to help push the Champs over the top. Jason Cullum, who averaged 19.5 PPG in the two previous meetings with Community, was battling an illness going in and did not score in a game for the first time this season. His backcourt mate, Kaleb Kelso, connected on a pair of three-pointers in the middle two quarters and finished with 12 points.

Cascade took a 12-10 lead after the opening period after a slow-paced first quarter. Moe Berman and Lovvorn connected on two of Community's three total three-pointers to keep the Vikes within arm's reach.

In the second quarter, Kelso led all scorers with seven points, spearheading the Champs to a 26-19 lead going into the halftime locker room.

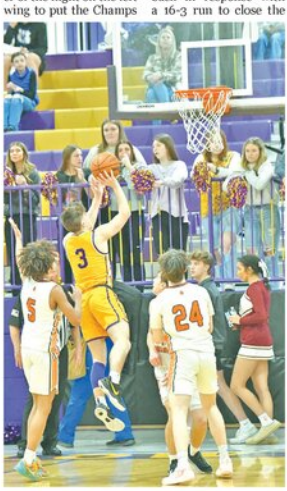
Community outscored Cascade, 20-11, in the third quarter behind Haskins' 11 points in the period to take a 39-37 lead going into the eventful fourth quarter.

With the loss, Community will have to travel to the District 10-AA Champions, Loretto, on Saturday night for the Region 5-AA Quarterfinals with tip-off set for 7:00 p.m.

Cascade will travel to Mt. Pleasant, who fell to Loretto, 58-41, in the District 10-AA Title Game, to take on the Tigers in a rematch from the final week of the regular season in the Region 5-AA Quarterfinals on Saturday night, LIVE on The Zinger 100.9 and AM 1400 starting at 6:45 p.m.



Cascade's Noah Watson (2) fires the go-ahead three-pointer in OT vs Community. He finished with 10 points on the night. *Photo courtesy of David Smith.*



Charlie Haskins (3) scored 20 of his 22 points in the second half on Monday. *Photo courtesy of David Smith.*

District 9-4A All-Tournament Teams Announced



(From left to right) Reese Smith, Cayden Trail, Deashawn Adams, Carson Thompson, Tae'Shawn Shelton, Jack Conditt, and Jevon Lee were named to the All-Tourney Team. *Photo by Noah Maddox.*



(From left to right) Janiya Leslie, Trinity Reynolds, Molly Brown, Jules Ferrell, Abby Bryan, Olivia Vincent, and Channah Gannon were named to the All-Tourney Team. *Photo by Noah Maddox.*

District 9-AA All-Tourney Teams Announced



Cannon County's Eli Pelham (3), Lukas Phillips (23), Antonio Jones (24), and Miles Alexander (11), Grundy County's Sam Parson (15), Nate Roberts (20), and Reece Strong (34), Cascade's Henry Stone (grey, 10) and Tyler Rodgers (black, 25), and Community's Landon Lovvorn (purple, 11) and Charlie Haskins (white, 3) were named to the 2024-25 D9-AA All-Tourney Team. *Photo courtesy of David Smith.*



(From left to right, top to bottom) Liv Prater, Sophie Ray, Keagan Young, Alyssa White, Anna Haskins, Kasadee Crabtree, Lizzie Keele, Jaylynn Taylor, Addie King, Abi Alexander, and Kallie Parson were named to the 2024-25 D9-AA All-Tourney Team. *Photo courtesy of David Smith.*

Golden Eagles Strike Pure Gold, Win First District Title in 17 Years Over Lincoln County, 60-56

BY NOAH MADDOX
noah@t-g.com

Continued from front...

Lincoln County, who upset the top-seeded Warren County Pioneers on Saturday, 54-51, looked like they were on their way to pulling off another shocker as they entered the fourth quarter trailing by just two points, 41-39. The Falcons led by as many as five points, 50-45, with five minutes left, but then Shelbyville Central bowed up defensively, closing on a 15-6 run over the final 4:45 to win the title.

All-District performer, Jevon Lee, who led Shelbyville with 16 PPG during district play in the regular season, took over for the Golden Eagles in the second half. Lee scored 14 of his game-high 20 points in the second half alone, including the go-ahead old-fashioned three-point play with less than 40 seconds left to give Shelbyville a 58-56 lead.

Coming out of a timeout with 41.5 seconds left, Young drew up a play to get the scorching-hot Lee a touch around the basket.

"Jevon [Lee] had the mismatch...Tae had the bigger guy on him, kind of physical, so we knew we could iso Von and let him go to his strong hand," Young explained. "At Coffee County I should have drawn up a play for him [Lee] because he was hot in that game. We lost that game by one, and I actually drew up the play for Tae, and they doubled Tae, so this time around I felt like I learned from that loss and had to go back the opposite way to make sure we got it right this time."

Tae'Shawn Shelton finished with 16 points of his own for the Golden Eagles, including eight points in the fourth quarter to complete the comeback.

Lincoln County's All-District guards, Reese Smith and Maddox Franklin, put up 17 and 16 points, respectively, but shot just a combined 7-15 at the free throw line. Elijah Parks chipped in with 10 points as the only other double-digit scorer for the Falcons.

Despite connecting on eight threes compared to the Golden Eagles one, Lincoln County's free throw woes as a team ended up costing them a district title. They shot 47% (8-17) from the charity stripe as a team while Shelbyville Central shot a moderately better 68% (11-16) and made just enough to close out the visitors.

This game was tight from the jump, with neither team holding a double-digit lead at any point. The Golden Eagles held a slim 12-10 lead after the opening period despite seven early points from Parks while Lee had all six of his first-half points in the first quarter.

Shelbyville took their largest lead of the night, 23-15, early in the second quarter, but then Reese Smith began to take over, getting to the lane at will and sparking a 10-2 run to tie the game at 25 going into the halftime locker room. Smith started the quarter by connecting on a three, then he scored a trio of floaters in the lane to finish with nine points in the period. Tommie Cannon, stepping in for Shelbyville's injured All-District guard, Jordan Taylor, scored all nine of his points in the first half with seven coming in the second quarter.

Coming out in the second half, Jevon Lee looked like a man on a mission. Lincoln County could not stop Lee below the free throw line, and the sophomore scored nine points to lead all scorers in the third quarter and give the Golden Eagles a 41-39 lead going into the final frame.

As the clock slowly ticked on, Lincoln County connected on a trio of three-pointers to open the fourth quarter. First it was Franklin from way downtown, then Parks connected, and finally Ridge Jones nailed one from the corner, putting the Falcons up 50-45 with just over five minutes to go.

However, the Golden Eagles showcased some newly forged championship mettle, digging deep and closing out the Falcons with a 15-6 run over the final five minutes.

"That means a lot, but this is really for the boys though," Young said about his team's resiliency. "This summer, when we lost last year and all the stuff that we went through, I remember Tommie Cannon coming in and saying 'Coach, we on the track' and they went and ran. At that point I knew that we had a different team."

Young also gave a shout out to Kyler Trice, who's basketball career came to an abrupt and unexpected end at Lincoln County a season ago.

"You know, it's special. We wanted to get over the hump, and we really wanted to win this one for [Kyler] Trice," Young continued. "He came in the locker room pregame and told us to go get it. He helped us all summer, put in the work with us, helping these guys, and when it came down to the moment, that's what it was, so for me it's all about everyone that came before us and getting this opportunity to bring it back to Shelbyville is something special."

The Golden Eagles forced a pair of missed threes from Franklin, and after Zyon Bonner split a pair of free throws with 6.8 seconds left to go up by four points, Shelbyville Central began to celebrate. Smith's last-second heave fell harmlessly off the rim, and the Golden Eagles officially clinched the District 9-AAAA Championship, 60-56.

Shelbyville Central will now turn their sights to the Region 5-AAAA Tournament. The Golden Eagles are scheduled to host Nolensville out of District 10-4A on Saturday night, LIVE on WLIJ 98.7 and AM 1580 starting at 6:45 p.m.

Lady Champs Squander District 9-AA Title in 2OT Against Cannon County Despite Keele's Career Night

BY NOAH MADDOX
noah@t-g.com

COALMONT, Tenn. – The 2-seed Cascade Lady Champions (13-13, 4-4) are left to rue late-game mistakes following Saturday's heartbreaking 60-59 (2OT) loss in the District 9-AA Championship Game against the 1-seed Cannon County (19-6, 7-1) despite never trailing in regulation.

Up by two points, 51-49, with just 3.8 seconds left in the first overtime following a turnover by the district MVP, Abi Alexander, Cascade was unable to inbound the ball and called a timeout. The only problem was that the Lady Champs had just used their final timeout immediately after Alexander dribbled the ball off of her foot, prompting a technical foul and sending Alexander to the free-throw line with a chance to tie the game. With shades of Chris Webber from the 1993 National Championship game, Cascade's ill-timed timeout eventually cost the Lady Champions their first district championship since 1990, but not until the second extra-session after the Lionettes were unable to get a shot off to end the first overtime.

In the second OT, the Lionettes were the beneficiaries of an atrocious illegal screen call against Cascade's Sophie Ray with just 23.4 seconds left and up by just a single point. Alexander connected on both ensuing free throws, and after Cascade went for the two-pointer with just 1.5 seconds left, Cannon County was able to inbound the ball and secure their second-consecutive district championship.

Freshman of the Year Lizzie Keele was the best player on the floor for 42 minutes on Saturday night, scoring a career-high 25 points on 10-15 shooting to lead Cascade. Senior Sophie Ray chipped in with 16 timely points of her own to go with eight rebounds while Kaydence Miller scored 10. Kaegan Young finished with just six points on the night, but she dished out six assists, blocked three shots, and swiped three steals in an impressive all-around effort.

Alexander led all scorers with 29 points on 10-18 shooting for the Lionettes while Addie King also eclipsed the 20-point mark, putting in 22 of her own to go along with eight rebounds.

Cascade controlled the game from the opening tip, jumping out to a 17-10 lead after the opening period. Miller knocked down a pair of early three-pointers while Keele punished the Lionettes defense with strong drives to the basket for easy layups. Janie Demonbreum's squad was locked in on both ends, moving the ball from side to side on offense with precision and quickness while giving Alexander and King everything they could handle on the defensive end. Miller did an excellent job defending Liv Prater in the post after she scored 12 points against Cascade in the previous meeting between the two teams.

In the second quarter, Cannon County alternated between a 2-3 zone and man-to-man in an attempt to stymie the Lady Champs' offensive rhythm, and it worked just enough for the Lionettes to nibble into the Cascade lead. After the Lady Champs took a 10-point lead, 21-11, Cannon County closed out the final five minutes on a 13-6 run. Cascade held a meager 27-24 lead at halftime.

Coming out for the second half, Cascade picked up their intensity to first-quarter levels, outscoring the Lionettes, 14-10, to take a 41-34 lead going into the final frame after Keele banked in a one-legged three-pointer from the right wing. Incredibly, Janie Demonbreum's squad was playing this well despite not making a single substitution in the entirety of regulation, perhaps sensing her starting-five was in an incredible rhythm and flow all night, and it seemed like this decision was going to pay off in the program's first district title in 34 years.

However, in the fourth quarter, the Lionettes showcased their championship mettle. After a Sopie Ray drive-and-finish with 6:45 left to go up 45-36, the Lionettes hunkered down, closing the final frame on a 10-1 run over the final 6-plus minutes. Despite this, Cascade still held a 46-44 lead with 17.9 seconds remaining after Alexander connected on a pair of free throws. Unfortunately for the Lady Champs, a turnover by Kaydence Miller on the inbounds pass directly under their own basket gifted the Lionettes with an opportunity to tie the game. Alexander drew a foul on Miller, and promptly tied the game at 46 after she calmly connected on both free throws.

Keagan Young had an opportunity to win it on the ensuing possession, but her 15-foot pull-up came up just short with less than five seconds left, sending the game to overtime.

In the extra session, Alexander gave Cannon County their first lead of the night, 48-46, on their first possession of the period with a driving layup. Cascade uncharacteristically settled for four consecutive three-point attempts on their next four possessions, but the Lady Champs' defense held the Lionettes scoreless on the other end. Eventually, Young split a pair of free throws with 1:16 remaining, and after she forced a tieup on the ensuing Lionettes' possession to give the ball back to Cascade, Keele connected on a driving layup with 47.7 seconds to go to put the Lady Champs back on top, 49-48.

After Kaegan Young was whistled for her fifth personal foul,Addie King split a pair of free throws to tie the game with 30.6 seconds to go. On Cascade's ensuing possession Kaydence Miller seemed to atone for her turnover at the end of regulation with a baseline floater off the glass to put Cascade back in front, 51-49, with 9.2 seconds left. Then came the haunting phantom timeout, allowing Alexander to inexplicably send the game into a second overtime.

Without their primary ball-handler and leader on the court in Young, Cascade looked to Lizzie Keele to continue her career night. Keele opened the second overtime with a layup, then split a pair of free throws. After the Lionettes took a 58-56 lead, Keele was again fouled on a drive, sending her to the line with 23 seconds to go. She split another pair of free throws, and after King connected on a pair of her own, Cascade was unable to score again until there was just 1.5 seconds left, allowing the Lionettes to escape with their second-consecutive district title, 60-59, under the most extraordinary circumstances.

Cascade will host Lewis County on Friday night at 7:00 p.m. LIVE on The Zinger 100.9 and AM 1400 in the Region 5-AA Quarterfinal.



The Cascade Lady Champions finished as the District 9-AA Runners-up for the second consecutive season after falling in 2OT against the Cannon County Lionettes. Lizzie Keele (11) scored a career-high 25 points on the night. *Photo courtesy of David Smith.*

Shelbyville City Council and Friends take tour of Riverview District

Plans ahead for a great family-oriented area-Phase I

Photos by Marilyn Ewing

It was a day of excitement for Shelbyville City Council-new and long-time members-all celebrating what is to come in an area of the public square that's needed some love for a long time.















For better health, ladle up some nutritious soup

Recreating recipes is easy

In the South, there's nothing better than soup to warm the soul, especially following a hunting trip or competition.

Make no bones about it, soup has been heralded as a health remedy-a reputation that dates back thousands of years.

In the 12th century, Egyptian Jewish physician Moshe ben Maimonides prescribed chicken soup as a treatment for respiratory tract issues. And Penn Medicine suggests eating soup while ill is a good idea because the meal is nourishing, easy to digest and often full of nutritious components.

People may wonder what they can do to tweak their favorite soups to make them even more nutritious, as many modern soups have gained a reputation as being sodium-heavy. These ideas can give soup a powerful boost.

· Use a higher ratio of vegetables in the soup when compared to meats and grains. Vegetables are notoriously high in nutrients that the body needs to stay healthy, including antioxidants and vitamins.

· Make your own soup stock from fresh ingredients. Doing so helps retain control over what goes into the soup, helping to reduce potential additives or other ingredients like sugar and sodium.

· Vary the color of the vegetables. Aim for vegetables of at least three different colors. The colors of the vegetables often correspond to the nutrients and phytochemicals they contain. For example, carrots are high in beta-carotene. Beta-carotene converts into vitamin A, which is necessary for eye health, healthy skin and a strong immune system.

· Replace the cream in soups with healthier ingredients. Soups that are cream-based tend to be loaded with calories and saturated fat. Instead, use Greek yogurt at the end (to prevent curdling) or even low-fat cottage cheese to ramp up the protein content and give the soup a creamy consistency without the fat. Silken tofu or even a vegetable purée made from potato and cauliflower can add creaminess as well.

· Swap any meat for lean proteins in the soup. Lentils, for example, are a plant protein rich in flavor and nutrition. According to UC Davis Health, lentils have about 18 grams of protein per cup and also are high in fiber. Relatively inexpensive, lentils also can help keep meal budgets in check. Alternative legumes also can work in soups, as can seafood or lean poultry.

· Add texture to the soup. Pumpkin seeds or flax seeds have taste and texture, and can be a healthier option for topping soups over buttery croutons or crackers.

· Keep ingredients "whole" in the soup. Lean on whole grains, fibrous vegetables, fresh herbs, and lean meats to build a well-rounded soup that's bursting with nutrition.

· Add some turmeric and ginger. If the flavor profile allows, incorporate some fresh turmeric and ginger to the soup. Health magazine says these ingredients are part of the same plant family and have been used in traditional medicine in India and China for centuries. Both are known for reducing inflammation and alleviating symptoms of digestive disease.

Experiment with different ingredients to create soups that are not only delicious, but nutritious as well.

Jalapeño Pork Stew with Pickled Onions

Serves 8

•4 tablespoons olive oil

•5 pounds boneless pork shoulder or butt, trimmed and cut into 2-inch pieces

•2 tablespoons ground cumin

•Kosher salt and black pepper

•3 tablespoons all-purpose flour

•1 cup fresh orange juice

•1 14.5-ounce can of diced tomatoes, drained

•12 cloves garlic

•1 to 2 jalapeño peppers, seeded and sliced

•1 large red onion, thinly sliced

•1/4 cup red wine vinegar

•1 1-pound package frozen cut okra

•1 1/2 cups grits

1. Heat oven to 325 F. Heat 2 tablespoons of the oil in a large oven-proof pot or Dutch oven over medium-high heat. Season the pork with the cumin, 11/2 teaspoons salt and 1/2 teaspoon black pepper. In batches, cook the pork until browned, turning occasionally, 6 to 8 minutes; transfer to a plate.

2. Add the flour and the remaining 2 tablespoons of oil to the pot and cook, stirring for 1 minute. Add the orange juice, tomatoes, garlic, jalapeños, and 4 cups water and bring to a boil. Return the pork to the pot, cover, transfer to oven, and cook until the pork is tender, 21/2 to 3 hours.

3. Meanwhile, in a small bowl, toss the onion with the vinegar, 1/2 cup water, and 1/2 teaspoon salt. Let sit, tossing occasionally, for at least 30 minutes (and up to 4 hours).

4. Skim off and discard any fat from the stew. Add the okra. Cover the pot, return it to the oven, and cook until the okra is tender, about 15 minutes. If the stew is too thin, place the pot on the stove and simmer, uncovered, until thickened, 5 to 10 minutes more.

5. Meanwhile, cook the grits according to the package directions. Serve with the stew and marinated onions.



Chicken Barley Soup with Vegetables

Makes 6 servings

•8 cups chicken stock

•4 cups water

•1 teaspoon marjoram

•1 tablespoon fresh rosemary, chopped

•2 tablespoons fresh parsley, chopped

•1 medium onion, sliced

•1 cup carrots, sliced

•2 cups cooked chicken breasts, diced

•1 russet potato, peeled and cubed

•1 cup broccoli, chopped

•1/2 cup barley

•Salt, to taste, Pepper, to taste

1. In a large pot, combine chicken stock, water, marjoram, rosemary, and parsley. Simmer for 15 minutes.

2. Add onion, carrots, cooked chicken, potato, broccoli, and barley. Add salt and pepper to taste. Simmer over low heat for 35 to 45 minutes, stirring occasionally.

Stuffin' Muffins

Makes 1 dozen

•1 pound breakfast sausage

•2 medium onions, diced

•2 cups diced fresh baby portobello mushrooms

•1/2 cup butter

•8 cups crumbled cornbread

•Salt and ground black pepper to taste

•1 tablespoon dried rubbed sage

•1 teaspoon onion powder

•1/2 cup shaved or grated parmesan cheese

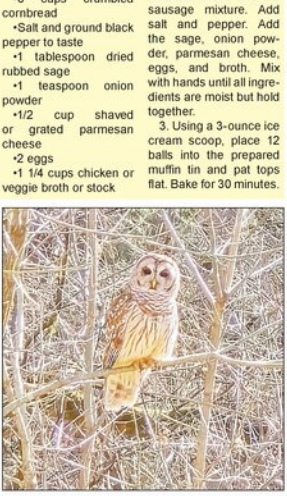
•2 eggs

•1 1/4 cups chicken or veggie broth or stock

1. Preheat the oven to 350 F. Butter a 12-hole muffin tin. In a large skillet, crumble the sausage and cook until halfway done. Add the onions, mushrooms and butter. Cook until tender.

2. In a large mixing bowl, combine the crumbled cornbread and the sausage mixture. Add salt and pepper. Add the sage, onion powder, parmesan cheese, eggs, and broth. Mix with hands until all ingredients are moist but hold together.

3. Using a 3-ounce ice cream scoop, place 12 balls into the prepared muffin tin and pat tops flat. Bake for 30 minutes.



BEDFORD COUNTY BEAUTY

Photo by Thomas Bucka II

Thomas Bucka II captured this owl photo in Wartrace. He said just being in this regal creature's presence was grand.