SHELBYVILLE TIMES-GAZETTE Weekend

$1 SATURDAY, APRIL 2, 2022 www.t-g.com



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Best of Bedford

Life & Leisure/1B



Vikings action

Sports/1C

Partly sunny 64/35

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UT-TPA PRESS AWARD 2021

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Vol. 141, No. 26

Cloud of Meth hangs over county

Law enforcement weighs in on problem

By ZOE HAGGARD & DAWN HANKINS
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The basic objective of law enforcement is to protect people and their property. It's a goal that has remained the same over the years, Bedford County Sheriff Austin Swing said. But what's changed the most are the prevalence of drugs.

Swing said when he started as an officer in the 1970s, marijuana was the biggest drug problem. Then it moved to cocaine and then crack cocaine. He thought it couldn't get any worse, but now many Tennessee counties are seeing a rise in crystal Meth. "Which I think is worse than crack cocaine," Swing said.

'He was quiet and silent. He sat there and stared at the wall. He seemed angry that I had managed to get into his apartment. It's kind of like watching someone drown, and all they have to do is stand up.'

— Recovering addict helping addicted friend.

Basically, it's that way everywhere. Swing said there's also a

▷ See **County**, Page 2A

Millions of adults using Meth, CDC says

In 2020, 2.5 million Americans aged 12 or older reported having used methamphetamine (METH) in the past year, according to reports from the Centers for Disease Control (CDC)—a significant increase from the previous 5 years.

Meth use and distribution in Bedford County actually goes back several years, based on filed Circuit Court cases. (See today's

▷ See **CDC**, Page 7A

Meth cases fill circuit court docket

By TERENCE CORRIGAN
Special to the T-G

The sale and use of methamphetamine continue to crowd the docket in Bedford County circuit court. At the Divison 1 session on March 21, there were 11 cases of the 19 on the docket involving charges of methamphetamine sales.

Ricky Lee Reed Jr., 43, Murfreesboro, is currently serving an eight-year sentence at West Tennessee State Penitentiary in Henning on convictions of theft and bringing contraband into a correctional facility. He committed those crimes in 2017 and was sentenced in 2018 (bringing contraband into a correctional facility) and in February of 2019 for theft.

On April 19, 2018, a Bedford County deputy was dispatched to a wreck on Walker Road. Reed was the driver of the vehicle involved. According to the deputy's affidavit, Reed had four plastic bags in his pocket that contained a total of 20.8 grams of methamphetamine. The street value of methamphetamine is around $40 per gram. Reed attempted to rid himself of the drugs by throwing it into the grass alongside the road. Reed also resisted the deputy by turning around and moving away when the deputy attempted to handcuff him. Reed is asking for a trial on the charges: two counts of possession of methamphetamine with intent to sell and resisting arrest. His trial was set for July 27-28.

Aaron Lee Kelley, 42, of Shelbyville, has a variety of charges lodged against him. He was arrested on Oct. 9, 2018 for possession of more than 300 grams of methamphetamine (street value of around $12,000), possession of marijuana and possession of drug paraphernalia. On Nov, 29, 2021 he was arrested for failure to appear in court and on March 15, 2018 he was arrested for possession with intent to sell marijuana and driving with a revoked license, a 4th offense. He had been convicted of driving with a revoked license twice in 2001 and again in 2013. Kelley's trial date has been set for Aug. 8 of this year.

Danielle Nicole Hammrick, 46, of Manchester, has been out

▷ See **Cases**, Page 2A



The National Drug Helpline is open to any individual dealing with addiction issues, including family members and other loved ones. 1-844-289-0879.

OFFICER TRAINING



Submitted photos

The Bedford County Sheriff's Office hosted an Instructor Development class taught by the Tennessee Highway Safety Office this week. Officers from the BCSO, Shelbyville Police Department, Tennessee Highway Patrol, Tennessee State Parks, Dechard, Martin and Nolensville police departments and Humphries and Montgomery County sheriff's offices attended

Myron Fleming pleads guilty to Perkins murder

By TERENCE CORRIGAN
Special to the T-G

Early in the evening of Dec. 2, 2016, 51-year-old Robert Timothy Perkins was murdered in his home on Highway 231, 3 miles south of the Rutherford County line. His wrists and ankles had been bound with fluorescent-green duct tape and zip ties; he had sustained a gunshot wound, execution-style, to the back of his head and his throat was slashed. Perkins' home was set ablaze using gasoline as the accelerant. Perkins' dog, Justice, was missing and his 2005 Chevy pickup was stolen.

Perkins' pickup truck was found the night of the murder, a couple of miles north of Perkins' home. Justice, the pit bull, was inside the truck. The pickup had a flat right-front tire.

Within a week, investigators had identified three suspects, termed "persons of interest": Jeremy Lee Fleming, 27, his brother, Myron David Fleming, 29, and Myron's girlfriend, Autumn Nicole Slade, 26.

The Fleming brothers and Slade left for Florida the day after Perkins was murdered.

On Dec. 7, five days after the murder, Jeremy Lee, drove his dark green 1993 Honda onto the lawn of a law enforcement officer in Bushnell, Florida. The car got stuck in the yard and he was taken into custody initially on a charge of driving with a suspended license. Myron and his girlfriend, Slade, were arrested 17 miles away, at a Motel 6/IHOP restaurant near I-75 in Wildwood, Florida. Myron was jailed on a Tennessee warrant for violation of probation. Slade was taken into custody on a Tennessee warrant for violation of probation in a burglary case.

On Dec. 9, seven days after Perkins was murdered, Jeremy Lee was charged with homicide.

At a jury trial in 2019, Jeremy Lee Fleming, was found guilty of First Degree Murder, Theft and Arson. He was sentenced to serve a life sentence plus 15 years. He will first chance for early release will be in 2082 when he'll be 93 years old. Jeremy Lee appealed his sentence in 2020, claiming that there was insufficient evidence to support his conviction. The Court of Criminal Appeals rejected his claim. The appeals court did, however, reduce his sentence on the theft charge from 12 years to one year but that change did not reduce the amount of time he must stay in prison.

▷ See **Perkins**, Page 7A



OBITUARIES

Michael Wade Campbell

March 27, 2022



Michael Wade Campbell, 53, of Lewisburg died Sunday, March 27, 2022.

A gathering of friends was held Tuesday, March 29 at Hillcrest Funeral Home.

He was born February 6, 1969 in Shelbyville; was an employee of Foley Products Co. of Franklin and a veteran of the U.S. Navy.

He was the son of Sandra Kaye Bassham Karukin of Lewisburg and the late Wesley Wade Campbell. He was preceded in death by a brother, Brett Campbell.

In addition to his mother he is survived by two sons, Justin Wade Campbell (Elizabeth), Michael Jade Campbell; brothers, Chris Webster, Jimmy Campbell; sister, Lana (David) Crutcher; three grandchildren, Maverick Campbell, Jamesen Wade Campbell and Lawsen Weslee Campbell.

Maj. Charles Alfred Cooke

March 25, 2022

Maj. Charles Alfred Cooke passed from this life on Friday, March 25, 2022 at Alive Hospice in Nashville.

A native of Bell Buckle, Bedford County, Charles was born on Tuesday, December 23, 1930, to the late Curtis Arthur Cook, Sr. and Daisy Blanche Williams Cook. He was preceded in death by: his beloved wife of 66 years, Mary Jo Gibson Cooke, brother; Curtis Cook Jr., sister; Rubye Jean Cook Jarrell.

Charles served his country for 22 years from 1952 until 1974. He retired as a Major in the United States Air Force. He was a member of the National Car Club. For many years he and his wife enjoyed going with friends to the car shows.

He was proud to live in Bell Buckle and was a good supporter of the community.

He was a kind soul and a very generous man. He will be missed by his family and friends.

Survivors include: brother-in-laws and sister-in-laws, nieces, nephews, and dear and loyal friends.

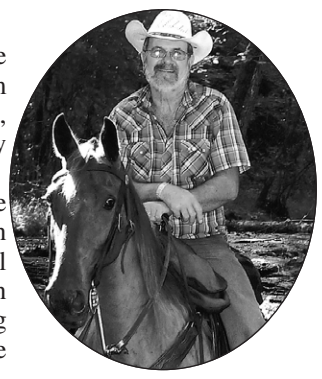
Per his request, he will be cremated and no public services will be held.

Memorial donations may be made to the local DAV and VFW.

Gowen-Smith Chapel is in charge of arrangements.

C. Wayne Dunnavant

March 29, 2022



C. Wayne Dunnavant, age 66, of Lewisburg passed from this life Tuesday, March 29, 2022, at home surrounded by his family.

Funeral services will be 7 p.m. Monday, April 4 in the chapel of Doak-Howell Funeral Home with Owen Lewter officiating. Following funeral services he is to be cremated, per his wishes. Visitation will begin at 5 p.m.

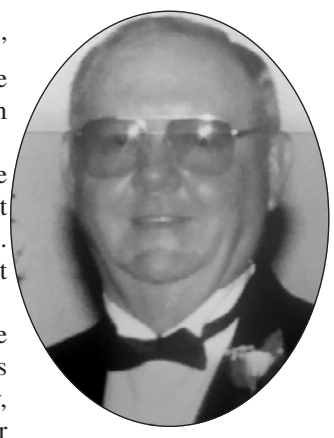
Born October 8, 1955, in Pulaski, Wayne was the son of late James and Myrtice Curtis Dunnavant. He was preceded in death by daughter, Stephanie Dunnavant; brother, Billy Joe Dunnavant; sister, Martha Ann Dunnavant; and daughter-in-law, Jamie Casteel.

Wayne was a graduate of Pulaski High School and served his country in the U.S. Marine Corps. He worked as a mechanic in industrial maintenance for various companies throughout his career, having retired from Lewis Bakery after 10 years of employment. In his free time he enjoyed tinkering, growing excellent vegetable gardens, watching westerns, and trail riding horses with family and friends.

Survivors include: loving wife of 20 years, Rosie Burks Dunnavant; children, Eric (Leann) Dunnavant of Tullahoma, and Felisha Dunnavant of Bell Buckle; step-children, Mary Ann Cabral, Paul H. Casteel, Boon Casteel, and Lilly Casteel, all of Lewisburg; 15 grandchildren, 7 great-grandchildren; sisters, Paula (Larry) Cox of Kingston, and Carolyn Watkins of Pulaski; brothers, Randy (Nancy) Dunnavant, and Ray (Sherry) Dunnavant both of Pulaski; and sister-in-law, Mary Dunnavant of Prospect.

Henry Carmack 'Jack' Davis

March 27, 2022



Henry Carmack "Jack" Davis, 88, of Shelbyville went to be with the Lord on Sunday, March 27, 2022.

Funeral services were held Friday, April 1, at Hillcrest Funeral Home. Burial followed at Hillcrest Memorial Gardens.

He was lead outside machinist for over 37 years for Sverdrup Technology, AEDC; former member of Southside Baptist Church; a 50-year member of Shelbyville Benevolent Lodge No. 122 and a veteran of the U.S. Army.

The beloved husband, father and grandfather was always a joy to be around and we will cherish his excitement of life and big smile forever in our hearts.

He is survived by his wife of 67 years, Reba Faye Reed Davis; son, Ricky L. Davis (Pamela); grandchildren, Nicole Lindsey Davis and Courtney Renee Davis.

He was preceded in death by his parents, Herman Carmack Davis and Lavetor Bennett Davis; three sisters, Edna Pauline Davis, Frances Maletta Adams and Ora Anne Shaffer.

Shelbyville child struck, killed on Florida vacation trip

By DAVID MELSON
dmelson@t-g.com

A 4-year-old child from Shelbyville vacationing with her family in Panama City Beach, Florida was struck and killed by a hit-and-run driver Tuesday.

Marlina Catherine Anspach was in the parking lot of Breakfast Point Marketplace when she was hit by a truck, Panama City Beach police said. Family members posted her name and that she had been killed on social media but declined further comment when contacted by the T-G, stating police told them not to talk to news media because the case remains active.

The family has returned to Shelbyville and is making funeral arrangements, according to social media posts.

Kenneth Martinez, 62, of Panama City was arrested later in the day Tuesday, Panama City Beach police said.

Arrest records show Martinez was driving a lifted four-wheel-drive truck while talking to his wife on a cellphone. Martinez told his wife he thought he'd struck an animal, police said.

Police were able to obtain the license number of Martinez's truck from traffic cameras. He was found with the help of officials at Tyndall Air Force Base, where he works as a civilian contractor, WMBB-TV reported.

"He provided little to no remorse of the situation," Panama City Beach Police Chief J.R. Talamantez said. "The way he behaved himself, his lack of remorse for the situation, this is a bad guy."

Cases

(Continued from Page 1)

on $2,500 bond since her arrest on March 27, 2021. She was charged with two counts of possession with intent to sell methamphetamine. In a plea agreement with prosecutors, Hammrick took a "best interest plea" to one of the counts, the other was dismissed. She was sentenced to eight years of incarceration but she will only spend 90 days in jail and then be released to serve the balance of the sentence under the supervision of community corrections. She was also fined $2,000.

According to Assistant DA Mike Randles, agents with the 17th Judicial District Drug Task Force observed a black BMW, driven by Hammrick, run a stop sign on Knob Creek Road. The agents noticed a bulge in the pants pocket of the passenger, Pam Scott. Scott told the agents, that as they were being pulled over, Hammrick passed a plastic bag containing 3.14 grams of methamphetamine to her. Scott told the agents that Hammrick was delivering the drugs and was supposed to collect $130 for it.

As the sentencing hearing neared completion on March 21, Hammrick balked at accepting the plea deal apparently not wanting to acknowledge that she might be found guilty if her case went to a jury trial. However, after consulting with her attorney, Public Defender Mike Collins, outside the courtroom, she accepted the plea and was ordered to begin serving her 90 day jail sentence immediately.

Bobby Allen Sanders, 42, of Unionville, pled guilty March 21 to one count of possession with intent to sell methamphetamine. He was arrested one year-to-the-day earlier (March 21, 2021) on two counts of possession with intent to sell methamphetamine, simple possession (casual-exchange of drugs) and possession of drug paraphernalia. He was sentenced to serve 12 years in prison and fined $2,000. He must serve 30 percent (43 months) before he will be eligible for early release.

Drug Task Force agents caught Sanders at a woman's home on Old Pencil Mill Road. Sanders was wanted on outstanding warrants. Agents found Sanders sitting in a gold Lexus. He had six bags of methamphetamine weighing 14.49 grams in his pockets. In a subsequent search of his residence and an RV, agents found scales and balance sheets connected with selling drugs.

Nicholas Todd Fortune—On March 18, 2021, three days before they arrested Bobby Allen Sanders, Drug Task Force agents executed a search warrant on a residence at 425 Haskins Chapel Road. While engaged in the search, agents were told someone named Nick" supplied methamphetamine to the residents. A short time later, Nicholas Todd Fortune rode into the driveway on a motorcycle. Agents ordered Fortune to stop but he turned around and attempted to drive away. According to the agents, Fortune fell over on the motorcycle after a very short distance and was taken into custody.

He was found to be in possession of 2.65 grams of methamphetamine, $2,683 in cash, digital scales and plastic baggies. Earlier, agents had engaged a confidential informant to conduct a controlled buy from Fortune.

Fortune was charged with two counts of possession with intent to sell methamphetamine. In a plea deal, March 21, he was sentenced to serve 12 years in prison and fined $2,000. He must serve 30 percent (43 months) before he will be eligible for early release.

Adrian Padilla Garcia—On Jan. 15, 2021, Drug Task Force agents, Bedford County deputies, Shelbyville police and Tennessee Bureau of Investigation agents, executed a search warrant at Sherwood Court in Shelbyville.

They found Adrian Padilla Garcia, 34, to be in possession of a stolen 2001 Ford pickup truck, an unlawfully sawed-off 12-gauge shotgun, methamphetamine, digital scales and possession of a methamphetamine smoking pipe. He was charged with possession of a firearm as a felon, possession of a firearm with intent to go armed in the commission of a dangerous felony, possession of a prohibited weapon, drug paraphernalia and theft.

He was sentenced in a plea deal on March 21, to 10 years in prison for one count of possession of methamphetamine and two years for possession of an illegal weapon. The other four counts were dismissed. The illegal weapon sentence will run concurrently with the drug sentence resulting in an effective sentence of 10 years. He must serve 30 percent of the sentence before he will be eligible for early release.

Arraignments

•Anthony Phillip Smith, 30, College Street, Tullahoma, was arraigned on seven charges: two counts of possession with intent to sell methamphetamine, possession of a firearm with the intent to go armed in the commission of a dangerous felony, convicted felon in possession of a firearm, possession of drug paraphernalia, attempting to evade police in a motor vehicle and driving with a revoked license. According to police, Smith failed to stop at a traffic light at the intersection of North Main Street and Fairfield Pike in Shelbyville on March 10, 2021. Eventually, Drug Task Force agents were able to stop the vehicle and Smith and two other passengers were taken into custody. Police found a loaded .45 caliber pistol under the driver's seat and seven grams of methamphetamine in Smith's backpack. They also found a smoking pipe and digital scales.

•Alejandro Martin Ontiveros, 32, Warners Bridge Road, Shelbyville, was arraigned on two counts of possession of methamphetamine with intent to sell. He is being held in Franklin County jail.

•James Paul Nowlin, 41, of Baker Street in Shelbyville, was arraigned on a charge of failure to appear in court. He is also facing charges of possession of methamphetamine with intent to sell (two counts) and a single count of possession of drug paraphernalia. Nowlin was stopped by a sheriff's deputy on Warners Bridge Road near Pass Road on March 11, 2020. Nowlin consented to a search of his vehicle and a deputy found a backpack that contained "several" plastic baggies containing methamphetamine, pills and a glass pipe.

•Forrest Ray Hester, 40, of Fosterville Short Creek Road in Bell Buckle, was arraigned on three counts of possession with intent to sell methamphetamine and a single count of possession of drug paraphernalia. His bond was set at $25,000.

•Leandra Dawn Pratt Plemons, 32, of Midland Road in Shelbyville, was arraigned on 11 counts connected with drugs. She was arrested first on Feb. 10, 2021 on four counts of possession of 38 grams of methamphetamine with intent to sell, two counts of possession of three grams of heroin, possession of three grams of marijuana and possession of drug paraphernalia. After a subsequent search of her home on Midland Road, on April 8., 2021, Plemons was charged with two more counts of possession with intent to sell methamphetamine and possession of drug paraphernalia.

Plemons was living with, and apparently married to, Jack Kenneth Plemons, 18 years her senior. Jack was sentenced on Feb. 24 to start serving 38 years in prison for a variety of charges connected with the sale of methamphetamine. Another of Jack's wives, Mary Elizabeth Plemons, 42, pled guilty in January to a charge of possession of methamphetamine for resale and was sentenced to 12 years in prison.

County

(Continued from Page 1)

reemergence of heroine since it's cheaper price and gives a better "high."

"There are so many other crimes and people are in jail for other crimes, but often it's because of a drug habitat," he said.

"Thankfully, both the Bedford County Sheriff's Department and the Shelbyville Police Department as well as some other counties, we have the 17th Judicial Drug Task Force and that's all they do," said Swing. "They do a good job, but it's so overwhelming."

These drug cases aren't necessarily new to law enforcement, nor will they end. As long as there's demand, there will always be a supply of drugs, according to Swing.

Busy year for SPD

From April 2021 to April 2022, Shelbyville Police Department made 52 Methamphetamine-related arrests.

The patrol division has responded to 70 overdoses, with Narcan being administered approximately 37 times throughout those dates.

Out of those overdose calls, not all resulted in death. Out of those 70 overdoses not all were Meth related, however in most, Meth was a common factor, SPD detectives report.

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Caregiver charged after 1-year-old's leg broken

By DAVID MELSON
dmelson@t-g.com

A man described by Shelbyville police as the "temporary caregiver" of a 1-year-old boy who suffered a broken leg has been jailed.

Jonathan Drake Griffin, 22, of Unionville is charged with aggravated child abuse and neglect. Det. Carol Jean said Griffin is not related to the boy.

Griffin is being held on $100,000 bond.

The victim also suffered a bruise to his forehead while in the care of Griffin on March 21 or 22, police were told. Further details of how the injuries were suffered have not been released.

The Tennessee Department of Children's Services is also involved in the investigation.

Officers assaulted

A man received two jolts from a Taser after allegedly refusing to follow officers' orders Thursday, according to a Shelbyville police report.

Eddie Doris Ray, 67, of Plum Hill Drive has been charged with two counts of assault on an officer and single counts of resisting and arrest.

Police were called when Ray refused to leave Pop-A-Top, Madison Street, where he had earlier been barred, police were told.

Ray had been allegedly been pushing customers before officers Dylan Farrar and Bailey Dineen arrived. Both officers were pushed by Ray as he "remained adamant that he was not going to leave," Farrar said,

Farrar jolted Ray after he allegedly refused repeated orders to hit the ground, then gave a second jolt after Ray refused to give Dineen his hands. Ray complied with orders at that point, Farrar's report said.

Medics checked and cleared Ray, police said. He was being held on $16,500 bond Friday.

Series of thefts

A stolen pizza was too much for a South Cannon Boulevard resident who told police she's had items taken from outside her home since early March.

The victim told police the pizza she'd ordered was delivered to the suspects' nearby apartment instead of hers.

She said a cellphone and tablet were sent to her apartment March 3 but weren't on her porch when she arrived home from work. Security video showed the suspects walking past her apartment that day, according to the police report.

The victim said she was filing a dispute with the seller over the phone and tablet but the stolen pizza "pushed her over the edge."

Other thefts reported to area authorities:

•More than $6,500 worth of vehicle parts have been stolen recently from a salvage yard in the 1600 block of Sims Road, Shelbyville police were told Wednesday.

A radio, diesel engine cooler and approximately 26 wheel rims are missing, the report said. A security camera placed on the property after the initial thefts shows two people on the property during early morning hours.

•Cattle gates were stolen from farms in the 100 and 300 blocks of Cedar Grove Road in northwest Bedford County, a deputy's reports said.

The gates were last seen at one of the locations around 7 a.m. Thursday.

One neighbor reported seeing a white truck with camper shell in the area.

•A grass blower was stolen from the bed of a truck at a U.S. 231 South home while the owner was mowing a yard Wednesday.

Jail intake

The following were charged since Monday by the Shelbyville Police Department, Bedford County Sheriff's Office, Tennessee Highway Patrol or 17th Judicial District Drug Task Force. They are only charged; guilt or innocence will be determined by the courts.

•Arath Alvarez Galindo, 20, Kingwood Avenue; no driver's license, registration violation; released, no bond

•Tony Wayne Anderson, 28, Lawrenceburg; violation of probation; held, $3,000 bond

•Stephanie Verica Ballentine, 49, Murfreesboro; violation of probation; released, $500 bond

•Justin Xolphers Bass, 31, Rabbit Run Road; harassment, vandalism; summons issued

•Crystal Renee Bentley, 36, Tyler Drive; shoplifting, theft involving merchandise; summons issued

•William Jeffrey Bledsoe, 54, Philippi Rpad; reckless endangerment with a firearm, unlawful possession of a firearm; held, $25,000 bond

•David Keith Carpenter Jr., 30, Lewisburg; failure to appear; held, $1,000 bond

•April Marie Carter, 24, Belmont Avenue; driving on suspended license; summons issued

•Devin Casteel, 26, Cypress Street; driving on suspended license, no driver's license/exhibited on demand, running traffic control device, financial responsibility; released, no bond

•Timothy Edward Cook, 45, Railroad Road; perjury, violation of sex offender registry; held, $10,000 bond

•Tiffani Lynn Cox, 39, McMinnville; failure to appear; released on recognizance

•Bruce Dwayne Curry, 56, Shelbyville Mills Road; driving on revoked license; released, $500 bond

•Darrell Derby, 50, U.S. 231 South; DUI, resisting arrest; held, $10,500 bond

•Endina Estrado Diaz, 19, Baker Street; no driver's license/exhibited on demand; released, no bond

•Douglas G. Dodson, 51, Tate Street; failure to appear, two bench warrants; released, $10,000 bond

•David Damon Fenn, 57, Warners Bridge Road; show cause; released, no bond

•Elicelma Lopez Godinez, 25, Carney Street; no driver's license, speeding; released, no bond

•Esdras Perez Godinez, 22, Bridlewood Drive; violation of probation; released, no bond

•Javier Montonez Gonzales, 23, El Bethel Road; no driver's license, financial responsibility, speeding; released, no bond

•Pedro Gonzales, 35, Hendon Memorial Road; no driver's license, speeding; held, $2,000 bond

•Jonathan Drake Griffin, 22, homeless, Unionville; aggravated child abuse and neglect; held, $100,000 bond

•Kristian M. Hale, 20, Carney Street; domestic assault; released, $1,000 bond

•William Chadwick Henderson, 45, Fayetteville; probation revocation; held, $500 bond

•Jacob L. Hoffman, 27, homeless, Shelbyville; public intoxication; held, $1,000 bond

•Julie Marie Landreth, 45, Carlisle Avenue; show cause; held, no bond

•Faith Thelma Martin, 32, South Pittsburg; failure to appear, two bench warrants; summons issued

•Isaias Ramos Martin, 20, Ray Street; DUI, no driver's license, financial responsibility; held, $5,000 bond

•Pablo Domingo Miguel, 43, Comanche Place; violation of probation; released, no bond

•Ashley Hope Mooningham, 25, Barksdale Lane; show cause; summons issued

•Jennifer Lynn Nava Velez, 33, Normandy-Tullahoma Road, Normandy; identity theft, violation of probation, show cause; held, $10,000 bond

•Kevin James Ortiz Noriega, 18, Cedarwood Drive; contributing to delinquency of a minor; released, $3,000 bond

•James Robert Plemons, 43, Nashville; simple possession of schedule V drug, simple possession of schedule VI drug; released, no bond

•Clinton Edward Powell, 27, Chockley Street; probation revocation; released, $1,000 bond

•Eddie Doris Ray, 67, Plum Hill Road; resisting arrest, disorderly conduct, assault on an officer (two counts); held, $16,500 bond

•Nathan Devall Ringer, 33, Coop Road; probation violation, show cause; released, no bond

•Kahmya Monae Scheaffer, 20, Barksdale Lane; violation of probation; held, no bond

•Jamison Lee Shipley, 21, Fosterville; violation of probation, show cause; held, $1,000 bond

•James Leslie Smith, 59, U.S. 231 South; attachment; released, $1,000 bond

•Shawn Michael Ward, 44, Tullahoma; shoplifting (two counts); released, $500 bond

•Joseph D. Williams, 40, Narrows Road; driving on suspended license, financial responsibility, driving on suspended license (third offense), speeding, financial responsibility; released, $1,500 bond

•Octavious Dayquan Wyatt, 28, Saddlewood Drive; failure to appear; released, $500 bond

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Austin SWING FOR SHERIFF
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Digging, chewing toys



Hints from Heloise

Heloise

Dear Heloise: From time to time, there are hints in your column about how to stop dogs from digging holes in the yard or chewing on things inside. We had a dog that dug many holes in our yard, so we asked our veterinarian how to discourage that behavior. He said to buy a large bone to encourage the dog to chew on it when he was bored, and discourage him from digging holes. We did exactly that, and he dug a large hole to bury his large bone. Well, it was worth a try. -- Shirley Hendricks, Maumelle, Arkansas

PHOTO STUCK TO THE GLASS IN A FRAME?

Dear Readers: If you have a treasured photo in this awful situation, you can try to save and remove it. Follow these steps carefully. First, scan the pic or take a photo of it through the glass. You will have a copy, just in case. Second, put the frame and photo or just glass and photo into a plastic freezer bag, but don't close it completely shut so moisture can evaporate. Then place it in the freezer for a day or two. You should be able to slowly lift the photo from the glass. But do not try this with antique, valuable or one-of-a kind pictures. Instead, call a professional photo restorer. -- Heloise

CLOTHESPIN USES

Dear Heloise: In addition to the woman's suggestion to use a clothespin to attach a shopping list to her shopping cart, there is a more expansive use for clothespins for grocery items. I became sick and tired of undoing the many twist ties and plastic clips to open loaves of bread, fruits and vegetables, etc. It's a major effort to open the packages and a lot of work spinning the plastic bags and then reattaching the clip or twist ties to re-close them.

So to make it simple, I simply use a clothespin to close the package. It works like a charm. You unpin to open and pin back to close the plastic. It saves a major amount of time and cuts down on frustration. -- Steve P., via email

DOUBLE BAGGED BREAD

Dear Heloise: I tend to buy bread when it's on sale. I double bag the bread and freeze it You never know if the bread bag has tears or holes. Also, I reuse the newspaper plastic bags for scraps, which I put in my freezer, since I only put out my trash every other week. I read your column in the Omaha World-Herald every day. I have many articles that I and my late mother have saved. -- Diane Holmes, Omaha, Nebraska

Diane, reusing plastic helps to save our planet, so good for you! -- Heloise

GIFTS FOR SENIORS

Dear Heloise: We always struggled with what to get my mother-in-law for birthdays or holidays. My sister-in-law gave her gift cards for groceries, personal items, etc. We decided to pay for 100 gallons of fuel oil for her, and I made a gift certificate to put in her card. It was really appreciated and a big help. -- Mary T. in Vermont

PET PAL

Dear Heloise: Our 3-year-old black and tan German shepherd is named Hilton. We were vacationing on Hilton Island, South Carolina, and found a family with a litter of pups for sale. What else could we have named her but Hilton? -- Cheryl D. Coffman

Readers, to see Hilton and our other Pet Pals, go to www.Heloise.com and click on "Pet of the Week."

Do you have a furry family member to share with our readers? Send a pic and description to Heloise@Heloise.com. -- Heloise

Puzzle solution

4	1	3	7	9	2	8	5	6
6	5	9	3	4	8	1	2	7
2	7	8	1	5	6	4	9	3
1	8	7	4	3	5	2	6	9
5	2	4	6	8	9	3	7	1
3	9	6	2	1	7	5	8	4
7	6	1	8	2	3	9	4	5
8	4	5	9	7	1	6	3	2
9	3	2	5	6	4	7	1	8



POSITION OPENING

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COMMUNITY CALENDAR

Send Community Calendar items to tgnews@t-g.com, notify us on Facebook, call 931-684-1200 or stop by our office, 323 E. Depot St.

SATURDAY

Fish fry

Bedford County Rescue Unit is holding a fish fry Saturday, April 2 from 10 a.m.-2 p.m. at 433 E. Depot St. Plates are $8 each. Delivery is available inside Shelbyville city limits. Call Charles Grant, 931-580-1142 or Phillip Grant, 931-205-4168.

Spaghetti supper

Flat Creek Community Center will be having its annual spaghetti supper Saturday, April 2 from 4-7 p.m.

Chili supper

Normandy Fire Department is holding a chili supper from 4-7 p.m. Saturday, April 2. Chili, dessert and drink are $7. An auction will be held at 5 p.m.

APRIL 4-8

Food drive

UT/TSU Extension will be collecting canned goods for Good Samaritan as part of a statewide food drive in celebration of Food Waste Awareness Week the first week in April. Drop off canned soups, canned fruits, jars of peanut butter or canned proteins like chicken, stew, beans and hot dogs, ravioli, spaghetti, etc. at the Extension Office, 2105 Midland Road, on April 4-8, from 8 a,m.-4:30 p.m. For more information, call the office at 931-684-5971.

MONDAY

Good Sam Bag Day

Good Samaritan Bag Day will be noon-2 p.m. Monday April 4 at 201 E. Highland St.

Beer board

Bell Buckle Beer Board will meet 6 p.m. Monday, April 11 in Town Hall.

APRIL 9

Easter egg hunt

Riverbend Ranch, 239 Cortner Mill Rd., is hosting an Easter egg hunt and pancake breakfast Saturday, April 9 beginning at 9 a.m.

T-Ball signups

Registration for First Christian Church T-Ball League will be 10 a.m.-noon Saturday, April 9 at the church.

Postcard show

The 18th annual Paper and Postcard Memorabilia Show is scheduled Saturday, April 9 from 9 a.m.-3 p.m. at The Fly Arts Center. Masks are suggested.

FFA Extravanganza

A Spring Extravaganza and Cruise-In is scheduled 4-8 p.m. Saturday, April 9 at Bedford County Agriculture Center. A cornhole tournament, food trucks and entertainment by the Mid-State Cloggers and Justin Williams & Band are scheduled. All proceeds will go to support Bedford County FFA. Bedford County FFA Alumni and Newton Motor Group are sponsors.

Pastor Pageant

A Pastor Pageant, to raise funds for Homes of Hope of Bedford County, will be held 6 p.m. Saturday, April 9 at Shelbyville Central High School's theatre. Tickets, at $10 each, may be obtained by calling or texting Homes of Hope 931-205-6869 or contacting First Church of the Nazarene, Wartrace Baptist Church, First Assembly of God, Rover Baptist Church, International House of Prayer, Shiloh United Methodist Church, Himesville Nazarene Church, Gateway Church or Calvary Baptist Church and casting a vote for the participating pastor.

APRIL 11

Republican forum

Republican candidates for Bedford County offices in the upcoming primary will speak Monday, April 11 at Bedford County Agriculture Center, Midland Road, from 7-8:30 p.m. Bedford County Republican Party is sponsoring the event.

APRIL 16

Wartrace fern sale

A spring fern sale fundraiser for the Wartrace Gym will be held at the Wartrace Well House from 8a.m.-2 p.m. on Saturday, April 16. For more information or to place an order visit Friends of Wartrace Gym on Facebook or call Beverly Saylor at 931-205-4702.

APRIL 18-21

City clean-up

The spring version of Shelbyville's annual city-wide clean-up is scheduled Monday, April 18 through Thursday, April 21. Larger items that are not considered normal garbage, with some exceptions, may be left by the roadside on the week's regular trash collection days.



APRIL 23

Bake, yard sales

The Family Support Program, 111 Eaglette Way (across from Central High School), is holding a benefit yard and bake sale Saturday, April 23 from 7 a.m.-2 p.m. Proceeds to benefit children and adults with disabilities. The nearby Senior Citizens Center on J.G. Helton Drive is also holding a yard sake at the same time.

MAY 7

5K run

The Run the River 5K is scheduled at 8 a.m. Saturday, May 7 at Riverbend Ranch (formerly Arrowhead Ranch), 239 Cortner Mill Road. The run is hosted by the Cascade High School wrestling team and Shelbyville-Bedford County Chamber of Commerce. Sign up at https://www.reg2run.com/index.php/event_details/306.

Mother & Son Picnic

Shelbyville Recreation Center is hosting a Mother & Son (ages 4-14) Picnic at 11 a.m. Saturday, May 7 at the Lewis Pavilion in H.V. Griffin Park. Moms vs. sons carnival games will be followed by lunch. Cost is $10 per person. Sign up at shelbyvilletnparks.org.

Fish fry

First Choice Pregnancy Center's annual fundraising fish fry is scheduled Saturday, May 7 at Walnut Ridge Farm, 1198 Whiteside Hill Road, Food will be served from 3-6 p.m. Purchase tickets at eventbrite.com or by calling the center, 931-680-0066.

ONGOING

Soup kitchen

Shelbyville Community Soup Kitchen serves meals from 4-5 p.m. Tuesdays at the old Save-A-Lot building on South Cannon Boulevard. One take-away meal per person present, with come-and-go service only. Donations may be made to Shelbyville Community Soup Kitchen, 122 Public Square N., Shelbyville, TN 37160 and are tax deductible under its 501c3 non-profit designation.

Head Start signups

All Head Start and Early Head Start Centers are taking applications for fall 2022 enrollment. For more information or to complete an application, contact any Head Start Center. Phone numbers are Wartrace 931-389-6406, Harris Head Start 931-773-0033, North Side Head Start Center 931-773-0141 and Bedford Early Head Start 931-685-0876.

For Head Start, the child must turn 3 before Aug. 15, 2022. For Early Head Start pregnant women make weekly educational visits and for the center children 6 weeks up to 3 years old are eligible.

Seniors meals

The Shelbyville/Bedford County Senior Citizens Center is serving breakfast on Tuesdays and Thursdays at 9 a.m. You must be 60 or over to participate. Contact Gary at 684-0019 to sign up (two-day notice required) and for menu details. There is no charge for the breakfast, but a donation to help the program continue and expand is greatly appreciated.

County meetings

Bedford County Courthouse is closed for government meetings until at least March due to remodeling. Meetings of the full County Commission are held at Shelbyville Central High School auditorium on Eagle Boulevard and committee meetings at Bedford County Office Complex on Dover Street.

Assistance

The State Health Insurance Assistance Program (SHIP)/Senior Medicare Patrol (SMP) is a statewide program that provides free and objective counseling and assistance to people with questions or problems regarding Medicare and other related health insurance. They do not sell insurance. New volunteers are needed in Bedford County. Training is provided both online and in person. Call 1-877-801-0044 or 931-379-2927, or email Mike David at mdavid@sctdd.org.

Sunny, cool weekend can be expected



Steve Norris

Weather

The weekend forecast is looking pretty good with partly sunny skies and high temperatures around 65 degrees and then dropping to 45 at night. A warming trend begins on Monday and we will be in the 70s Monday through Wednesday, but expect rain to return Tuesday and Wednesday.

Wednesday we had wind gusts over 50 miles an hour and severe weather threats across most of Middle Tennessee. The tornado data for this area goes back to the 1800s and the month of April has produced more tornado touchdowns in our county than any other month. So we are entering the most dangerous time of the year.

If a tornado watch is issued, it simply means that conditions are favorable for severe weather and possible tornadoes. If a warning is broadcast, know ahead of time where you are going to go that is safest and get there immediately. The smallest room on the lowest floor is the best place to go if you do not have a basement available. During the Spring, large hail or frequent lightning flashes are often signs of a storm that could produce a tornado.

You can reach me anytime at weather1@charter.net.

• *Steve Norris is a trained, Middle Tennessee-based professional meteorologist.*

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Easter thoughts The thief on cross is forgiven

By DAWN HANKINS
dhankins@t-g.com

Easter is such a great time to humble ourselves like little children. I still love Easter egg hunts.

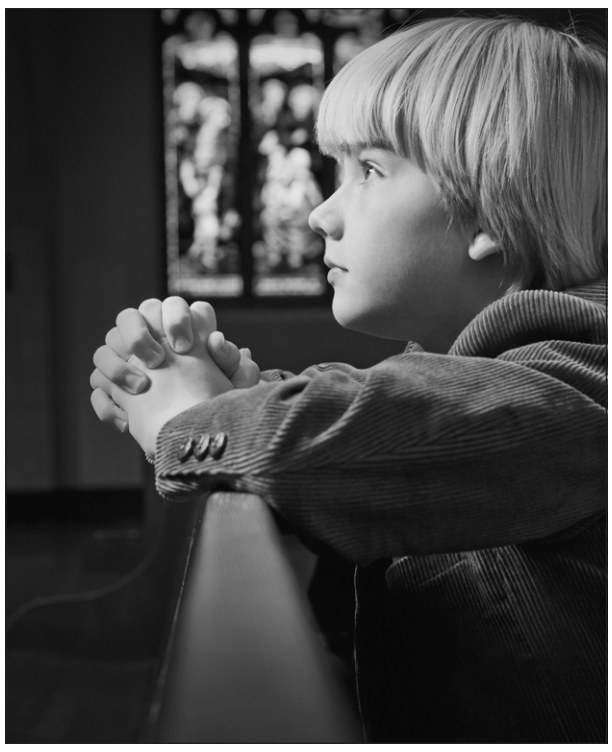
While I love chocolate and peanut butter like a kid, my greatest joy has been sharing the Easter story over the years. I'm so honored to have had the window to tell the Easter story to little children.

Matthew 18:3 tells us: "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven."

This scripture simply means that by humbling ourselves like "little children," we have confidence in the promises of Christ and faith—even in situations where we cannot "see" or envision.

As I prepared our front page for today, I began to pray for those likely to spend the rest of their lives in prison for their crimes. If there is a silver lining for those incarcerated, crucifixions like Jesus and the two thieves endured are not observed here (people were crucified for all crimes in Rome, robbery included.)

I was reminded today of the thieves placed on both sides of Jesus at His crucifixion. The men, along with the crowd, belittled and mocked Jesus. As darkness began to set in on that day, in more ways than one, the thief on the right, according to scripture, asked Jesus to remember him when he went on to heaven.



JOHN 20:29

Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed."

Jesus' response was that he would be with him in paradise.

How could such a murderer be forgiven?

Ever heard the old saying, "Hate the sin, not the sinner?" Well, that's not in the Bible. But we are assured in John 3:16 (NIV version): "For God so loved the world, he gave his one and only son, that whoever believes in him shall not perish but have eternal life."

Some might wonder about the thief on the left? The Bible does not speak of him further (that is if he repented), as Jesus was soon to draw his last breath.

The penitent thief

The story of the penitent thief on the cross is found in the following Bible verses: Matthew 27:38; Luke 23:32-43; and Mark 15:27.

It's truly a beautiful story—one describing that a dying thief accepts Christ as Lord and Master and is assured by Jesus of a place with him in "paradise."

This scripture to me is one of the most touching in the Bible. Even after both thieves had mocked him, along with the angry crowd, and he was bleeding, Jesus forgave the sinner who asked.

The Bible doesn't give the names of the thieves, because I don't think that was the bigger picture for humankind. The point of this Bible lesson is to demonstrate to us a beautiful picture of God's love as shown through Jesus and His mercy freely given to all.

To me, this story is truly one that depicts the beauty of the Easter season—new life, eternal.

CHURCH ACTIVITIES

Send church news to tgnews@t-g.com.

Baptist

Edgemont Baptist Church's message Sunday morning will be "There is Hope in His Forgiveness" from Luke 7:36-50 by Pastor Jimmy West. Services are livestreamed.

The message at **Grace Baptist Church** on Sunday morning will "The Old Rugged Cross Brings Glory" from Galatians 6:14-15 by Pastor Bobby McGee. Services are livestreamed.

Christian (Disciples of Christ)

Sunday morning's study at **First Christian Church** will be in Luke 23, about the Thief on the Cross. First Christian T-Ball Registration is Saturday, April 9 from 10 a.m.-noon.

Church of Christ

The sermon Sunday at **Fairlane Church of Christ** will be "Favorite Stories of Jesus" from Luke 18:16-17, by Michael Rector, youth minister. Services are livestreamed and broadcast on WLIJ (98.7 FM/1580 AM).

"Believing on the Lord" from Acts 16:27-31 will be the message 10 a.m. Sunday at **Southside Church of Christ**. Prayer and parents groups will meet at 6 p.m. Sunday and a study of 2 Peter continues Wednesday at 6:30 p.m. The Sunday morning and Wednesday evening services are livestreamed at cofcsouthside.com.

Presbyterian

First Presbyterian Church's service for the 5th Sunday in Lent will be held at 10 a.m. Sunday led by Pastor Jim Moran. This Sunday's sermon in the "Feasting on the Word" series will be from John 12:1-8, Mary anoints Jesus. Services are livestreamed.





Dressed eggs

Easter Sunday
April 17th • 10:30am
Shelbyville Mills Baptist Church
900 Union St., Shelbyville
931-684-3625
Shelbyville MILLS BAPTIST CHURCH

Tasty bites for Easter Sunday

Easter dinner is a special occasion, presenting an opportunity for family and friends to gather, celebrate their faith and give thanks for their blessings.

Traditional dishes tend to find their way to the Easter dinner table, but no meal would be complete without some sort of dressed eggs appetizer. Dressed eggs make good use of hard-boiled eggs that may not have been colored, or even those that have been dyed and can now be safely repurposed as food.

Try out this Sunday dressed eggs recipe.

Hints: These make good use of hard-boiled eggs that many not have been colored or even those that have been dyed and now can be safely repurposed for the dinner table. Large eggs are best used for egg plates and are easier to eat in one or two bites.

For a festive plate, dye coconut green and place dressed eggs over.

Yum! Happy Easter!

Serves 8 to 12
12 large eggs
1⁄4 C. mayonnaise
4 slices bacon, cooked and crumbled (optional)
3 Tbsp. sweet pickle relish
2 tsp. prepared mustard
1⁄4 tsp. salt
1⁄8 tsp. ground black pepper
Sprigs of fresh savory or another herb for garnish
Jalapeños on the side for those who like it spicy

Turn the eggs bottom (wider) side up in the carton. Use a pushpin to delicately poke one hole squarely in each center.

Fill a large saucepan or small Dutch oven with 2 to 21⁄2 quarts of water (enough to cover the eggs; use two pans if cooking all the eggs at once). Bring the water to a rolling boil.

Use a slotted spoon to add six eggs to the pan (working quickly but carefully to get them in at the same time); boil the eggs for 6 minutes.

Remove the pan from the heat. Let the eggs sit for 6 minutes for slightly soft yolks; add about 40 seconds for firmer yolks).

Remove each egg with a slotted spoon and place it on a kitchen towel. Repeat with the remaining six eggs. Let the eggs cool to room temperature, about 20 minutes, before peeling. (Store in the refrigerator, unpeeled, for up to 1 week; peeled for up to 4 days).

Peel the eggs under cool running water. Slice the eggs in half lengthwise, gently scooping out the yolks into a medium bowl. Add the mayonnaise, three-fourths of the crumbled bacon (if using), pickle relish, mustard, salt, and pepper. Stir to combine (and adjust seasonings as desired). Use a small spoon (or better yet, a piping bag) to insert the filling into the egg halves. Garnish with the remaining chopped bacon and savory, if desired, before serving.

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Call and leave us a message or send us an email with your questions. We help people by phone, fax, email and by appointment at your local Senior Citizens Centers.

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The team at Gingham Jellybean, a children and youth speciality shop located on the historic public square, was busy preparing for Sunday's children and youth fashion show at Riverbend Country Club. Shopping at home is really key to making Easter special.





Gingham Jellybean plans fashion show

By DAWN HANKINS
dhankins@t-g.com

The Gingham Jellybean at 111 South Side Public Square, will have a spring fashion show 1 p.m. Sunday at River Bend Country Club.

Models 3 months (aww) to age 15 will showcase Easter and spring outfits.

Those wanting to partake of a small lunch, may arrive at 11 a.m. Non member country club guests may pay via credit card for their meal. Complimentary dessert will be served to all in attendance.

Easter trees makes festive decorations

Easter is coming and it's time to put up the tree. For those thinking right now that trees are for an entirely different Christian holiday, you are both right and wrong.

Even though trees may be more widely associated with Christmas, Easter trees are an increasingly popular and festive tradition that trace their roots to Germany.

The Easter tree is known as Ostereierbaum in Germany and is a centuries-old custom. Eggs are hung on outdoor tree branches and bushes or are placed on cut branches displayed inside. While the tradition is traced to Germany, German-influenced locales like Hungary, Poland, the Czech Republic, and the Pennsylvania Dutch region of the United States also are popular places for Easter trees to appear.

For 50 years, one person branched out with his own Ostereierbaum tradition. Volker Kraft decorated an apple tree on his property in the town of Saalfeld, Germany, adding more eggs each year as the tree grew larger. The tradition came to an end in 2015. At one point the tree held 10,000 eggs, all hand-crafted by Kraft and his family. However, a tree in Rostock, Germany held the Guinness World Record for tree with the most eggs — a display of 80,000.

While Easter trees are typically more modest than Kraft's tree, the displays can be as large or as small as one desires. Many Easter trees consist of a few branches placed in a vase decorated with flowers, ribbons and Easter eggs. Pussy willow branches work well, though any branches can stand in.

Decorating an outdoor tree also is possible and very visible. It can be a great way to share Easter blessings with others in the community.







Perkins

(Continued from Page 1)

The case against Myron Fleming was scheduled to go to trial on April 11 this year but on Feb. 24 he accepted a plea deal. Myron was initially charged with First Degree Murder, Facilitation of First Degree Murder, Arson and Theft. He pled guilty to Facilitation of First Degree Murder (helping or rendering aid to someone who commits murder) and was sentenced to a prison term of 15 years. The other charges (First Degree Murder, Arson and Theft) were dismissed.

The evidence

The evidence implicating the Flemings in the murder of Perkins was substantial.

Investigators found ATM receipts and video surveillance from two banks on Cason Lane in Murfreesboro that showed that Jeremy Lee Fleming had attempted, unsuccessfully, to withdraw cash with a debit card from an account belonging to Perkins on the night Perkins was murdered.

When the Honda Jeremy Lee was driving was searched in Florida, investigators found prescription slips and medications in Perkins' name. In the car, investigators found prescription slips, dated Dec. 1, the day before the murder. The medications and prescription slips found are for drugs commonly abused for their narcotic effect: Percocet, Ambien and diazepam.

One of Perkins' neighbors, a 10-year-old girl, had identified the green Honda at Perkins' home the night of the murder.

Investigators analyzed cellphones belonging to the Fleming brothers and determined that Myron Fleming was in the area of Perkins' home at the time of the murder. There was, however, no conclusive cellphone location information on Jeremy Lee Flemings' phone that night.

At trial friends and associates of the Flemings brothers and Perkins testified to the group's ongoing use of methamphetamine and heroin. Samantha McBride, who said she had "kinda dated" Myron Fleming, testified that she and Myron had injected methamphetamine and heroin together. She testified that, while "hanging out" at Perkins's home, a few days before the murder, she saw Jeremy Lee Fleming point a shotgun at Perkins demanding that he open a safe and reveal the PIN for Perkins' debit card. McBride testified that Myron pulled his brother away and ordered him to get in the car.

As the Flemings were on their way to Florida, the day after the murder, Jeremy Lee Fleming boasted in a Facebook message, "So I got $2,500, a legit car, my brother, a couple of firearms, and a few bags of clothes. I just crossed the GA (Georgia) line. We are on 75 South, I'm ready to get on with my life."

The appeal

In reviewing his criminal history, to determine if his sentences were appropriate, the court of appeals noted that in the presentence report it was stated that Jeremy Lee Fleming "had prior convictions for two counts of RICO offenses (serious felony crimes), tampering with evidence, theft of property, and felony marijuana possession. In his juvenile record, Jeremy Lee had been convicted twice of marijuana possession, driving under the influence and five counts of automobile burglary."

According to the appeals court, at the trial for Jeremy Lee Fleming, his aunt, Jeriesse Fleming, said he was a "sweet kid" who had a "good upbringing." She said he had a "heart of gold" and wanted to change his ways after being caught up in a lifestyle to which he was not accustomed. She said (Jeremy Lee) had tried to change his ways …." but his brother (Myron) and others "had been bad influences."

In a statement to the court, Jeremy Lee Fleming, said he thought about the victim (Perkins), with whom he had had a good relationship. Fleming said he prayed nightly for Perkins and Perkins' family. He said he did not kill Perkins. and the Perkins' killer is "still … out on the streets." Jeremy Lee testified that the case was not over, and said he "will be back."

CDC

(Continued from Page 1)

T-G for the latest Meth case rulings from Circuit Court.) Meth is a highly addictive central nervous system—psychostimulant—according to the CDC. Most people are addicted from the start, especially in pubescent age teens, studies indicate.

Still, millions of Americans of all ages, races, genders and socio-economic statuses—many located right here in this county—continue to misuse Meth. (Weekly court dockets show a trend.)

Meth, as it is commonly known, usually comes in the form of a crystalline white powder that is odorless, bitter-tasting and dissolves easily in water or alcohol. Other colors of powder on the street might include brown, yellow-gray, orange and even pink. It can also be compressed into pill form.

It's known on the streets as Meth, ice, speed or crystal. Users can smoke it, snort it, inject it or orally ingest it.

Why the appeal? The CDC explains that Meth is a highly addictive central nervous system stimulant. There's a great high, euphoric state, when ingested. While this type of substance abuse is treatable, it can be difficult to put in the past, for many, National Institute of Drug Abuse (NIDA) reports indicate.

In addition to risking addiction to Meth, people who use Meth long-term may experience a range of negative health outcomes, including damage to the heart and brain, anxiety, confusion, insomnia, mood disturbances, and violent behavior.

The NIDA reports that Meth is classified by the U.S. Drug Enforcement Administration as a Schedule II stimulant, which makes it legally available only through a nonrefillable prescription. Prescribed doses for certain disorders are far lower than those amounts typically misused, states the CDC.

The CDC also reports that in recent years, Meth-involved overdoses have been increasing in the United States—across many demographic groups.

In 2020, 2.5 million Americans aged 12 or older reported having used Meth in 2019, according to CDC studies. From 2015-2018, an estimated 1.6 million American adults, age 18 years, on average, reported prior meth use.

Among adults who used methamphetamine during this time, 53% met diagnostic criteria for what the CDC refers to as "methamphetamine use disorder." Less than 1 in 3 of those with the Meth use disorder received substance use treatment in the past year, according to the CDC.

Where there is misuse of one drug, often along comes another. The CDC also reports that co-occurring substance use and mental illness were common among those using Meth.

What might be important to young users is that health reports show that Meth will alter someone's physical appearance. It can also cause bad hygiene and many Meth users loose teeth (known in layman's terms as Meth Mouth) due to the drug being acidic.

The CDC reports that nearly 85% of overdose deaths involved illicitly manufactured Fentanyls, Heroin, Cocaine, or Meth (alone or in combination) during January through June 2019. Over 50% of psychostimulant-related overdose deaths involved opioids in 2018, the CDC reports.

Treatment for meth rising

Methamphetamine use among people who were admitted to drug-related treatment has been increasing, according to the CDC. For more information, see SAMHSA's Treatment for Stimulant Use Disordersexternal icon, or call 1-800-662-HELP (4357.)

Amazon workers in NYC vote to unionize in historic labor win

NEW YORK (AP) — Amazon workers in Staten Island, New York, voted to unionize on Friday, marking the first successful U.S. organizing effort in the retail giant's history and handing an unexpected win to a nascent group that fueled the union drive.

Warehouse workers cast 2,654 votes — or about 55% — in favor of a union, giving the fledgling Amazon Labor Union enough support to pull off a victory. According to the National Labor Relations Board, which is overseeing the process, 2,131 workers — or 45% — rejected the union bid.

The 67 ballots that were challenged by either Amazon or the ALU were not enough to sway the outcome. Federal labor officials said the results of the count won't be verified until they process any objections — due by April 8 — that both parties may file.

The victory was an uphill battle for the independent group, made up of former and current workers who lacked official backing from an established union and were out-gunned by the deep-pocketed retail giant. Despite obstacles, organizers believed their grassroots approach was more relatable to workers and could help them overcome where established unions have failed in the past. They were right.

Chris Smalls, a fired Amazon employee who has been leading the ALU in its fight on Staten Island, bounded out the NLRB building in Brooklyn on Friday with other union organizers, pumping their fists and jumping, chanting "ALU." They uncorked a bottle of Champagne, and Smalls hailed the victory as a call to arms for other Amazon workers across the sprawling company.

"I hope that everybody's paying attention now because a lot of people doubted us," he said.

Smalls hopes the success in New York will embolden workers at other facilities to launch their own organizing campaigns. Even his group will soon shift their attention to a neighboring Amazon warehouse on Staten Island, where a separate union election is scheduled to be held in late April. Organizers believe Friday's win is going to make it easier for them to win there, too.

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Ukraine strike on Russian territory reported as talks resume

By NEBI QENA and YURAS KARMANAU
Associated Press

KYIV, Ukraine — Talks to stop the fighting in Ukraine resumed Friday, as another attempt to rescue civilians from the shattered and encircled city of Mariupol was thrown into jeopardy and Russia accused the Ukrainians of a cross-border helicopter attack on an oil depot.

The governor of Russia's Belgorod region, Vyacheslav Gladkov, said an airstrike on Russian soil by a pair of helicopter gunships caused fires and wounded two people. Several nearby businesses were also reported hit.

"Certainly, this is not something that can be perceived as creating comfortable conditions for the continuation of the talks," Kremlin spokesman Dmitry Peskov said, five weeks into the war that has left thousands dead and driven more than 4 million refugees from Ukraine.

The Russian claim could not immediately be verified. Ukrainian Foreign Minister Dmytro Kuleba said he could "neither confirm nor reject the claim that Ukraine was involved in this, simply because I do not possess all the military information."

Russia has reported cross-border shelling from Ukraine before, including an incident last week that killed a military chaplain, but not an incursion of its airspace. The depot, run by Russian energy giant Rosneft, is about 35 kilometers (21 miles) from the Ukraine border.

Meanwhile, Russian troops were withdrawing from areas around Kyiv, three days after Moscow said it would reduce military activity near the Ukrainian capital and the northern city of Chernihiv to promote trust between the two sides and help the negotiations.

But Ukraine and its allies have warned that the Kremlin is not de-escalating but regrouping, resupplying its troops and redeploying them to the country's east for an intensified assault on the predominantly Russian-speaking Donbas region, which includes Mariupol.

The latest negotiations, taking place by video, follow a meeting Tuesday in Turkey, where Ukraine reiterated its willingness to abandon a bid to join NATO and declare itself neutral. In return, it proposed that its security be guaranteed by several other countries.

The head of the Russian delegation, Vladimir Medinsky, wrote on social media that Moscow's positions on retaining control of the Crimean Peninsula — seized from Ukraine in 2014 — and expanding the territory in eastern Ukraine held by Russia-backed separatists "are unchanged."

The International Committee for the Red Cross struggled to work out an operation to send emergency aid into Mariupol and bring civilians out by bus.

The strategic southern port city on the Sea of Azov has seen some of the worst suffering of the war, with weeks of heavy fighting and shortages of water, food and medicine. Around 100,000 people are believed to be in the city, down from a prewar 430,000.

"We are running out of adjectives to describe the horrors that residents in Mariupol have suffered," Red Cross spokesperson Ewan Watson said. "The situation is horrendous and deteriorating, and it's now a humanitarian imperative that people be allowed to leave and aid supplies be allowed in."

City authorities said the Russians were blocking access to Mariupol and it was too dangerous for people to leave on their own. Those who have fled have mostly done so via private cars, but working vehicles and fuel are in short supply.

"We do not see a real desire on the part of the Russians and their satellites to provide an opportunity for Mariupol residents to evacuate to territory controlled by Ukraine," Petro Andryushchenko, an adviser to the mayor of Mariupol, wrote on the Telegram messaging app.

He said Russian forces "are categorically not allowing any humanitarian cargo, even in small amounts, into the city."

On Thursday, Russian forces blocked a 45-bus convoy attempting to evacuate people from Mariupol, and only 631 people were able to leave in private cars, the Ukrainian government said. Russian forces also seized 14 tons of food and medical supplies bound for Mariupol, Deputy Prime Minister Iryna Vereshchuk said.

In the past few days, the Kremlin, in a seeming shift in its war aims, said its "main goal" now is gaining complete control of the Donbas. Mariupol's capture would be a major prize for the Russians, giving them an unbroken land bridge to Crimea.

The Donbas is the industrial region of eastern Ukraine where Moscow-backed separatists have been battling Ukrainian forces since 2014. The separatists have declared two areas independent republics.

Despite its pledge to scale back, Russian forces have subjected both Chernihiv and Kyiv to continued air- and ground-launched missile strikes. But Ukraine's military said it has retaken control of 29 settlements in the two regions, where Russia has pulled back some of its troops.

Russian troops in the northeast also continued to shell Kharkiv, and in the southeast sought to seize the cities of Popasna and Rubizhne as well as Mariupol, the Ukrainian military said.

Invading forces also withdrew from the heavily contaminated Chernobyl site in northern Ukraine early Friday.

Ukraine's state power company, Energoatom, said Russian soldiers had received "significant doses" of radiation from digging trenches in the exclusion zone around the closed nuclear power plant. But the International Atomic Energy Agency said it could not independently confirm that, and there was no immediate comment from the Kremlin.

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Saturday, April 2, 2022



Doug Dezotell
Musings and Memories

Thank you Lord!

Thank you!

I like to say those words.

Thank you!

Thank you!

Thank you!

I have so many things to be thankful for… so many people to be thankful for…

I have experienced so many health issues in the past year, with my lungs and my heart and arthritis.

But I am so thankful that I have two lungs and a beating heart. I really am.

I am thankful that I have not contracted COVID-19 or any of its variants.

I have so many "underlying conditions" that kept me concerned about that since early 2020.

I was tested for the virus numerous times and I thank God that every test came back negative.

Thank You Lord!

Thank you!

I want to thank you for reading my columns week after week.

Thank you for putting up with my multiple "Musings and Memories."

I want to thank you for sending me your emails and calling me thanking me for my columns.

Thank you for stopping me in the aisles of the grocery store and thanking me, and telling me how much you enjoy my columns.

Thank you for stopping me in the aisles of the drug store or in the aisles of a church to let me know you like my columns.

Several of you even cut some of them out and tack them up or send them to a friend or a relative.

Thank you!

I want to thank my family for taking such good care of me this past year.

I want to thank my Sweet Wife, Patricia Lynn Dezotell, RN., for walking by my side all these years, and for always being there when I need her, and sometimes listening to my stories and my musings and my memories.

Sometimes I repeat myself. Sometimes she listens. Sometimes she just walks away.

I want to thank my precious daughter, Laura Michelle Dezotell, for making me proud every day.

She has helped me in so many ways throughout the year, and she sometimes listens to my stories and my musings and memories.

Sometimes she listens, and just like her mother, sometimes she walks away.

I want to thank my sons, Gabriel Paul Dezotell and Michael Robert Dezotell, for representing our family so well in the community.

▷ See **Doug**, Page 3B

FLOWER SHOW YOUTH WINNER



Submitted Photo

Kaylin Jamison won in the category of "best of category—youth single specimen" during the recent Bell Buckle Flower Show. The event was part of the activities of the annual Bell Buckle Daffodil Day. See more photos on page 6B.

'Best of Bedford' shine at Chamber banquet

Y'all picked them! Here they are!

The "Best of Bedford" awards were presented last week during Shelbyville Bedford County Chamber of Commerce's awards banquet at the Fly Cultural Arts Center.

This is a first, it was announced, and nominations went out to the community in 19 different categories.

The Chamber stated that it received nearly 45,000 votes. The winners were all small, local businesses this year.

Sponsors for the Chamber event were Vanderbilt Bedford Hospital, Peoples Bank of Tennessee and First Community Bank. Tad Craig of Craig and Wheeler Realty served as auctioneer during the dessert auction.

Glass Hollow catered the Mexican meal.

Kay Rose served as emcee.

Josh Lynch, Chamber board chair and Scott Cocanougher presented the welcome and introductions for the evening.



'Best of Bedford'

• Best Hair Salon—Moon's Barber Shop

• Best Margarita-La Hacienda

• Best Clothes Shopping-North Main Street Marketplace

• Best Boutique—The Pomegranate

• Best Park in Bedford County—Bell Buckle Park

• Best Southern Cooking—Bell Buckle Cafe

• Best Veterinarian Clinic—Cascade Vet Clinic

• Best Burger—Urban Plantation

• Best Place To Take Kids—Shelbyville Recreation Center

• Best Event or Festival—Bell Buckle Craft Fair

• Best Nail Salon-La Belle

• Best Florist—Longview Silks

• Favorite hometown hero was announced as Kimberly Williams of Catch the Wave Food Mob—a social media group which gives daily attention to local food businesse

• Best Healthcare Provider—Vanderbilt Bedford Hospital

• Best Antique or Resale Shop—Shops at Main and McGrew (A huge voter turnout, the Chamber reported.)

• Best BBQ—Purdom's BBQ

• Best Catering Company—Rowdy Ranch

• Best Auto Care/Tire Shop—Landers Tire

• Best Coffee—Southern Cup

More voting will take place this fall, the Chamber stated.

Please put in a separate box

Chamber Executive Director, Lacey Deeds

2022 Chamber Board of Directors

Josh Lynch, chair, United Communications

Sheila Orrell, vice chair, Lewisburg Electric

Jenny Hunt, Bell Buckle treasurer

Andrew Blair, Tyson Foods

Faye Buckingham, Skills Development Center

Cassie Davis, Celebration Way

Ashley House, Enchanted Bridal

Aaron Melhorn, Newell Brands

Ashley Rowland, Cooper Steel

Anita Teague, Community Development Center

Elisabeth Thompson, Duck River Electric

Charlie Williams, Edward Jones

Heather Williams, Bell Buckle

Wallace Cartwright, Shelbyville Mayor

Chad Graham, Bedford County Mayor

2022 Chamber Ambassadors

Brad Whitaker, co-chair, The Waters

Whitney Collier, co-chair, Vanderbilt Bedford Hospital

Alexandria Mullins, treasurer, First Bank Mortgage

Yolanda Flick, Shelbyville Times-Gazette

Jennifer Insell, Lou Lou's Private Care

Lori Johnson, Mobile Living

Linda Nichols, First Community Bank

Jeremy Richey, Edward Jones Investments

Charlie Williams, Edward Jones Investments

In memory: Mindy Shipley, Superior Insurance, who passed away Feb. 20, 2022



Mark McGee
My Take

Pot holes

Middle Tennessee is going to pot…as in potholes.

We have all heard the excuses. A brutal winter. Cheap asphalt that didn't hold up. Few asphalt companies are open during the offseason to provide what is needed to repair the deep holes. And not enough contractors are available to fulfill the work requirements.

Excuses are like potholes. It seems like everybody has hit one. And everyone who has hit one is fully aware of the excuses.

Sunday afternoon I hit a large pothole on I-24 West heading towards Nashville. The pothole was somewhere between Murfreesboro and Smyrna. That road is well-travelled. I am sure I am not the only one who has hit that pothole and suffered damage to their vehicle.

My encounter left me with both tires on one side of my car flattened. Luckily, I have drive flat tires that allowed me to get off the interstate and to a location where it would be easier for a wreck to pick up my car.

I don't know whether it was the blow to my car from hitting the pothole or something else, but my car shut down and refused to go back into any gear including neutral.

My insurance will take care of the towing fee. I have to buy two new tires. If either one of the rims is bent insurance will take of that as well. So, it could be worse.

Thank goodness for insurance. Several news agencies have reported the Tennessee Department of Transportation has denied 99 percent of the claims made due to pothole damage.

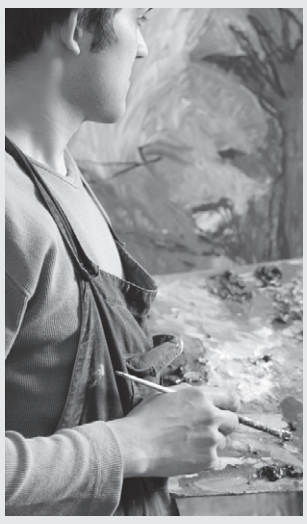
It is up to the driver to prove negligence on the part of TDOT. In other words, you have to prove TDOT knew about the pothole but had yet to fix it.

TDOT also claims it needs to be given a reasonable time to make a repair after the pothole has been discovered. What is a reasonable time? Nobody knows for sure. And how do you know when TDOT first discovered a pothole in order to determine if they had a reasonable time to fix it and failed to do it.

I have heard numerous stories similar to mine from other drivers. Bedford County is much better in terms of road conditions than the areas in and around Nashville. Even roads in some of more

▷ See **Mark**, Page 3B





Fly Cultural Arts Center Calendar

April



3,4,5 - Auditions for "Jungle Book" children's play
9 –Postcard and Paper Memorabilia Show
24, 25 - "Biloxi Blues" auditions
28 –Bedford County Teacher's Youth Art Exhibit

May

1- "Biloxi Blues" auditions
9 –Potluck and Program

June

13 –Potluck and Program
13, 14 - Auditions for "12 Angry Jurors"
16, 17, 18 –Children's Theatre presents "Jungle Book" by Vera Morris

July

1, 2, 8, 9, 10 – "Biloxi Blues"
11 –Potluck and Program

August

8 –Potluck and Program

September

2, 3, 9, 10, 11 – "Twelve Angry Jurors"
12 –Potluck and Program

October

8 – "Write Now" at the Fly
10 – Potluck and Program
21, 22 –Clue (Fundraiser)

November

14 –Potluck and Program
19 –Festival of Trees

December

2, 3, 9, 10, 11 –Dashing Through the Snow (Dinner Theatre)
12 –Potluck and Program

Go to: www.flyartscenter.com for more information on tickets and events.

The Fly reopens with success

'Til Beth Do Us Part reopened the Fly Arts Center's theatre recently after a 2-year Covid sabbatical.



Audiences howled when Hank (Brad Whitaker) came out on stage posing as Celia Carmicheal (Faye Crews.)



Director Linda Wyant teared up each night in her opening speech saying, "Brand new to the stage is Allie Minnick and I'm especially proud of her because she is my granddaughter." Minnick was applauded for her incredible job as Margo James.



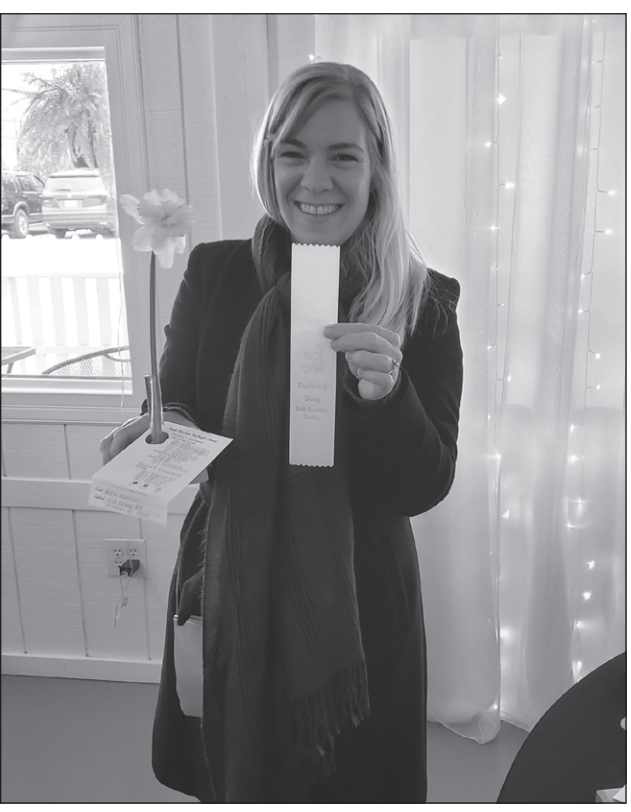
Backstage crew who even spent a little time on stage acting as "Beth's workers" during scene changes are from left: Paris Adcock, Kameron Adcock, Angela Schweppe and Martin Jones.



Thomas Whitaker (with Linda Wyant) worked in the sound booth for the first time and learned the ropes of "show business."

Bell Buckle flower show: rave reviews

Congrats to: Bell Buckle Flower Show winners!



Submitted Photos

Winning in single stem youth age categories during the recent Bell Buckle Flower Show was Ana Belle Cherry.



Renata Stone of Tullahoma was selected "Best of Show" during Bell Buckle's recent Daffodil Day flower show. She also won in the categories of "adult collection, arrangement—small, medium and large, senior arrangement, miniature and multiple blooms per stem."



The competition was fierce (nah) but certainly enjoyable during Daffodil Day in Bell Buckle. Here's the single bloom category winner in the flower show accepting his award. (Buhler.)

Have you slapped anybody lately?



Tyrades!

Danny Tyree

After the Academy Awards incident between Will Smith and Chris Rock, I started wondering how many of my gentle readers have resorted to physical violence in their adult life.

In 1983 a co-worker sucker-punched me at the end of second shift and in 1999 (at a different workplace) a co-worker shoved me to the ground; but so far, I haven't been in any two-way fights since childhood. (Some folks play tennis. Some folks play cornhole. Some folks play "the long game." Bwahahahaha…)

But what about you? Have you ever slapped, punched, head-butted, butt-kicked, snatched bald-headed anyone who has run afoul of you? Do you regard it with pride or shame?

If you have a story, I hope you acted in self-defense, or to protect someone from a bully or to defend your country or at least to keep that &^%$# hussy from interfering with your sacred right to the last Samsung 85-inch TV on Black Friday. ("With liberty and justice and Crystal Processor 4K for all who lay hands on it first!")

PLEASE don't tell me that you have instigated a family squabble at a funeral, scuffled with a conscientious police officer or manhandled an editor who didn't use my columns often enough. (Regarding the latter, "don't tell me" is the operative phrase. Plausible deniability and all that.)

AT LEAST tell me you were thorough with your use of force. No knocking someone into the opening of Happy Hour when you were AIMING for the middle of next week. No giving someone an UNSOUND thrashing and getting the Building Codes people involved.

For statistical purposes, I hope any hypothetical disciplinary slaps can be broken down in terms of being provoked by sass or backtalk or attitude or "that look" or at least copyright infringement. ("How DARE you plagiarize and use the excuses I used on MY parents!")

I pray that you spring into action only when totally justified, Grasshopper. The world certainly has enough low-brows who tend toward the hair-trigger mode. (As Yoda once observed, "The Jerry Springer Show is strong with this one.")

Yes, "taking umbrage" seems to be the default value in our culture. "Them's fightin' words, mister" lurks in our psyche decades after its introduction in Westerns. Hey, how come no one ever announces, "Them's huggin' and dancin' and singin' Kumbaya words, mister"?

Okay, self-restraint is harder than the Decorum Police imply. More than once when I've encountered an infuriating jerk, I've dutifully retreated to my Happy Place -- only to discover that the scumbag was already there, using the American flag for a picnic blanket and groping my grandmother!

Today's brawlers can always conjure up an excuse for their behavior, but it's sad just how wimpy we've gotten since the halcyon days of chivalry, the Hatfields and McCoys or dueling. ("Defending my sister's honor is worth a night in jail, but I ain't getting shot at over her! I mean, she always got the most toys and let's face it, she IS sort of a flirt…")

Taunts, challenges, unintentional slights and the ensuing donnybrooks may always be with us; but there is a glimmer of hope that social media trends may take a lot of oomph out of the animosity.

("You say my momma is so fat her blood type is Ragu??? Let me fact-check that before we do anything hasty. Your aspersion is probably missing context.")

©2022 Danny Tyree. Danny welcomes email responses at tyree-tyrades@aol.com and visits to his Facebook fan page "Tyree's Tyrades." Danny's weekly column is distributed exclusively by Cagle Cartoons Inc. newspaper syndicate.



T-G Photos by Zoe Haggard

Old film rolls are some of the hidden treasures in The Capri Theatre.

New Capri Theatre owner Patrick Curtis saving the nostalgia

By ZOË HAGGARD
zhaggard@t-g.com

The Capri Theatre will be yet another project on the Shelbyville Square in the next couple of months under Patrick Curtis' new ownership. Originally from Orange County, Calif., he and his business partners plan to renovate the old 1940s theatre, keeping in mind the nostalgic feel while also giving it more life.

The original theatre opened around 1948 as the Princess Theater. It was then remodeled to a two-screen theater around the late 1960s and its name changed to the Capri Theater.

"We're going to try our best to keep it nostalgic," Curtis said. "We're not going to be able to compete with the IMAX's and that kind of stuff, but we can compete by bringing families here. We want them to remember always having a great time visiting the Capri when they grow up."

Back in California, Curtis' family sold their 80-year-old company, which manufactures coffee equipment. It meant they no longer had to stay in the Los Angeles area.

Buying the theatre was originally not in Curtis' plan when they decided to move to Shelbyville last June to conduct organic farming research (i.e., how to get more nutritional value out of what you grow).

"Everybody always asks, 'why Shelbyville?' And I say, why not?" They also looked at Shelbyville as an ideal place between Huntsville and Nashville.

Shelbyville has a lot of potential, Curtis said. Upon seeing the iconic Capri Theatre, Curtis reached out to the owners, and the movie theatre was sold. The previous owners felt it was the right time to sell, he said.

Curtis said he was inspired by some of the changes coming to the square, such as the sidewalk project as well as Keith and Fawn Weaver ~~th~~e starters of Uncle Nearest Premium Whiskey ~~ex~~panding their facility to include a tap room at the old box plant off the Square.

"It's hard for some of us to see where it can go . . . . So with the movie theatre, I kind of look at it like, how can we make this a place someone would want to their wife or significant other to," Curtis said. That was part of the business side of it, he said ~~th~~at is, the "boom" of other businesses coming.

"Here in Shelbyville, the sky's the limit," Curtis said. "The business opportunities exist. A lot of people from Franklin or Murfreesboro are moving down here to Shelbyville. They know what they like, so they bring their entrepreneurial ideas down here with them."

Ultimately, Curtis said the goal is for people to feel like they're coming into a modern, nice location ~~bu~~t still with that nostalgic feel.

"This is more of our creative outlet. So, we're going to use the theatre as an opportunity to come in and have a fun conversation about what we can do for the community," he said.

The new owners want to make the movie experience "interactive."

"The concept that we have right now is to try to create an environment where people feel like when they're walking in here, they're walking into the movie that they're going to see."

For example, during The Batman showing, the Capri added a Gotham backdrop in the main lobby. It's a small step in the right direction. Eventually, Curtis hopes it will be like a Disney amusement park ride where visitors "become a part of the ride."

However, determining which movies to play is a challenge, due to the politics and licensing agreements involved. For example, the theatre's booking agent knew "The Batman" attendance had dropped only 12 percent at Capri, which meant that Warner Brothers would want it to play longer, according to Curtis.

"I had to kind of push back because for a small town, I can't just keep playing the same movies over and over...We want to be more creative than that," Curtis explained.

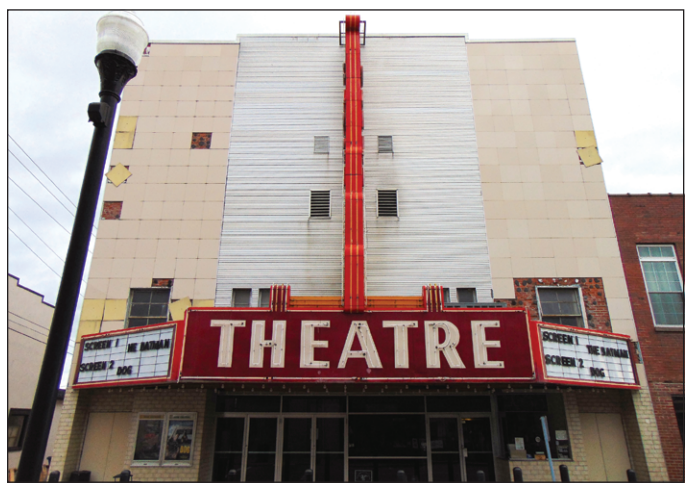
Capri is now showing the Lost City and Death of the Nile, while for spring break, they'd like to re-play the last Minions movie and Toy Story.

"We really want to focus on families; we prefer to play more family movies. But we need to know that those families are going to come out and see it," Curtis said.

Curtis said he's hoping the big remodel will be done by July 4, as long as the "supply chain" doesn't interfere too much.



Patrick Curtis stands in front of nostalgic, theatre concession stand with his daughter Eisla, left, and son Emmett.



Falling tiles on the exterior are some of the first repairs the new owners will make.



During "The Batman" movie showings, the Capri added a Gotham backdrop in the main lobby. It's part of new owner Patrick Curtis' goal for visitors to feel like they're stepping into the movie.

Doug

(Continued from Page 1)

I want to thank them for being there for their mother and me and coming to our "rescue" when they are needed.

I want to thank my live-in granddaughters, Kori and Jojo, for being my "gofers" and stopping what they're doing to come to their Papa's aide.

I want to thank my oldest granddaughter, Charlie, for telling me her stories (I love stories) about her daily schoolhouse escapades and her friends and her life. And Charlie helps me out when she can too.

Thank you! Thank you! Thank you!

I also want to thank Carol Spray and Mary Cook and David Melson and Dawn Hankins for letting me share my Musings and Memories with the public through the outlet of the printed page.

Those four wonderful people are hardworking, dedicated professionals who make the Shelbyville Times-Gazette available to all of us.

Thank you! You are truly great friends as well.

I want to thank all the medical professionals who have been there for me over the past year.

Thank you so much!

My awesome primary care professional, Kristen McBay, FNP-C, and her wonderful staff, have been there for me to calm my fears and…and…and… and…and everything else. Thank you!

My amazing cardiologist, Dr. Ifeoluwa Okusanya, MD, and her great staff, have been so helpful and kind.

Thank you!

My podiatrist, Dr. Russell Oliver, DPM, and his super staff, are there when I need them in (what I consider) an emergency.

Dr. Oliver and I always get to share our musings and memories with each other.

Thank you, Doc, for listening!

Thank you Dr. Peterson, my orthopedic specialist, for showing me pictures of my messed up back and sending me to therapy, and never once mentioning that scary word…SURGERY.

Thank you to Esther and Lexi and Shannon and Victor and Jenna at Star Therapy. You are all the greatest and have pushed me to stretch and contort myself.

My back is feeling so much better thanks to your techniques and educating me. You are the greatest.

Thank you to all my absolutely amazing, totally awesome, delightful and inspiring members of the Cannon Methodist Church family for listening to all my musings and memories and messages and being there for me and one another.

Thank you for all you do! Thank you!

I have so much to be thankful for.

And you, my friend, have so much to be thankful for as well.

We all have so much to be thankful for.

Giving thanks is a good thing…all year long.

We don't have to have turkey on the table before us to be thankful.

God gives us things to be thankful for every day… every day.

Thank you Lord!

Thank you!

• Doug Dezotell is the pastor of Cannon UMC. He is grateful to be a columnist for the Times-Gazette. And he is grateful to be a husband, a father, a grandfather, and a friend to so many wonderful people. Doug can be contacted at dougmdezotell@gmail.co or at 931-607-5191.

Mark

(Continued from Page 1)

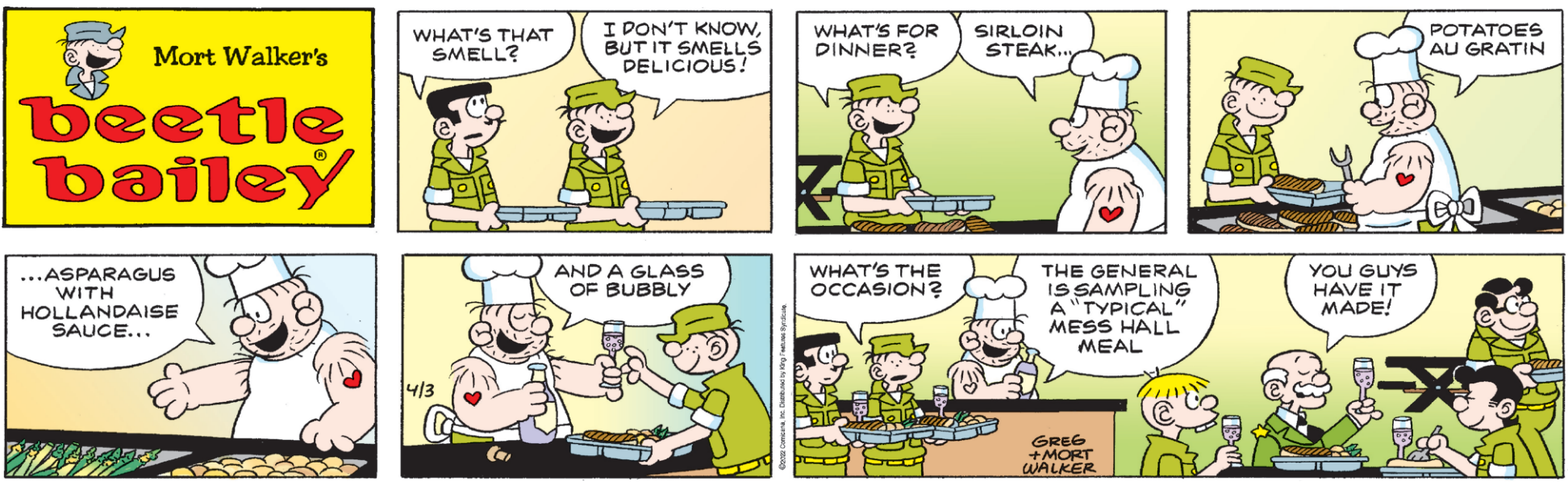
affluent areas of Nashville are in extreme states of disrepair.

Maybe with warm weather inching closer roads needing repair and repaving will soon be returned to a smooth surface. Until then watch out in front of you and try to be as safe as possible. Don't let the pothole gremlins get you.

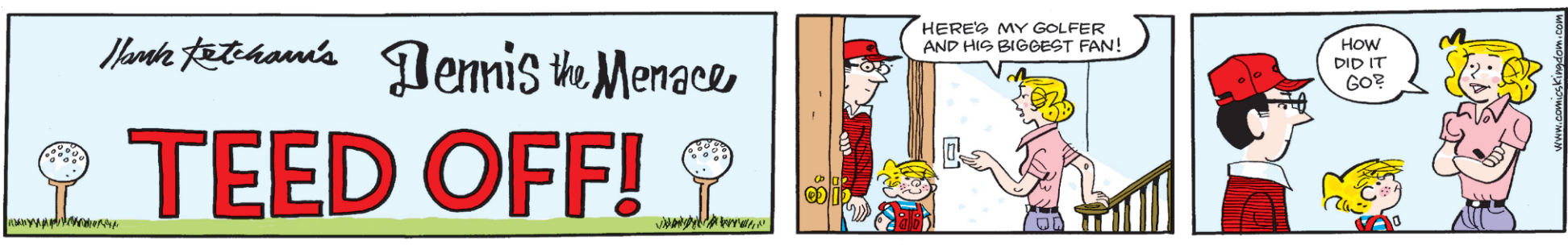
• Mark McGee is executive director of United Way of Bedford County and a former editor of the Times-Gazette.

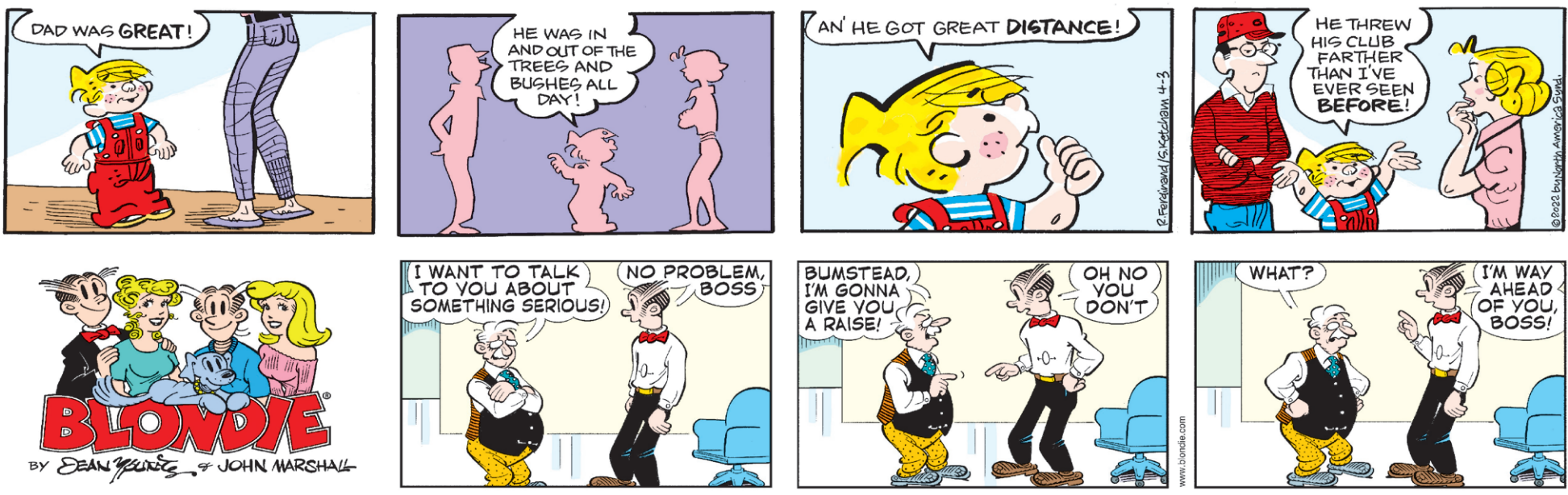
SHELBYVILLE
TIMES-GAZETTE
SATURDAY, APRIL 2, 2022

Mort Walker's beetle bailey®



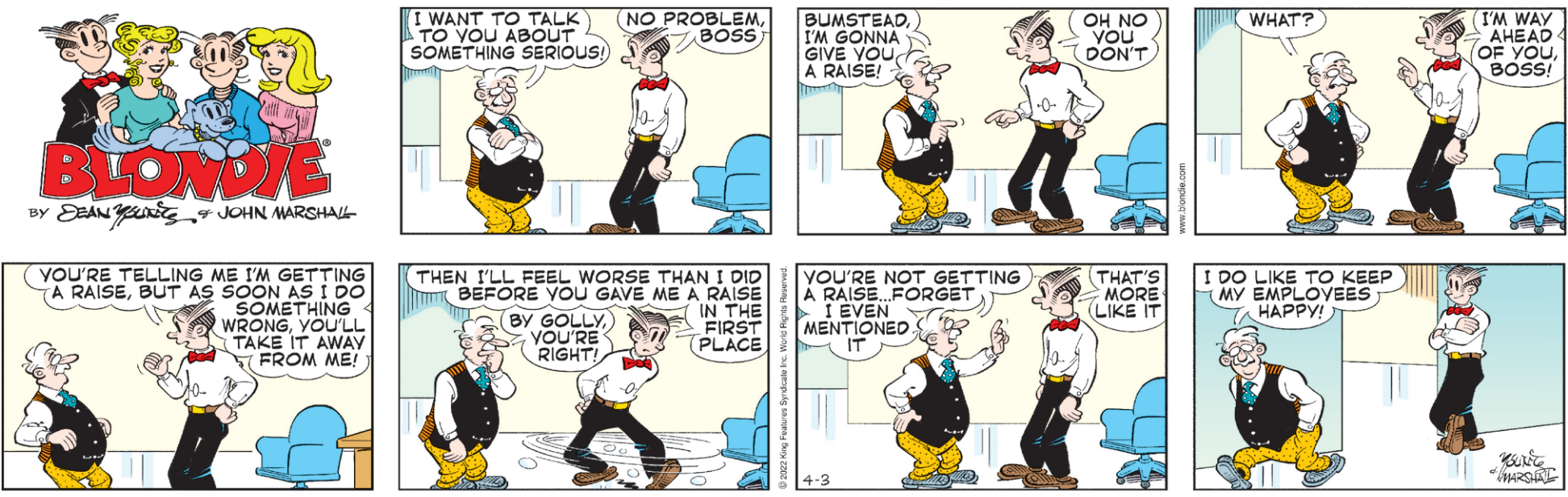
Hank Ketcham's Dennis the Menace





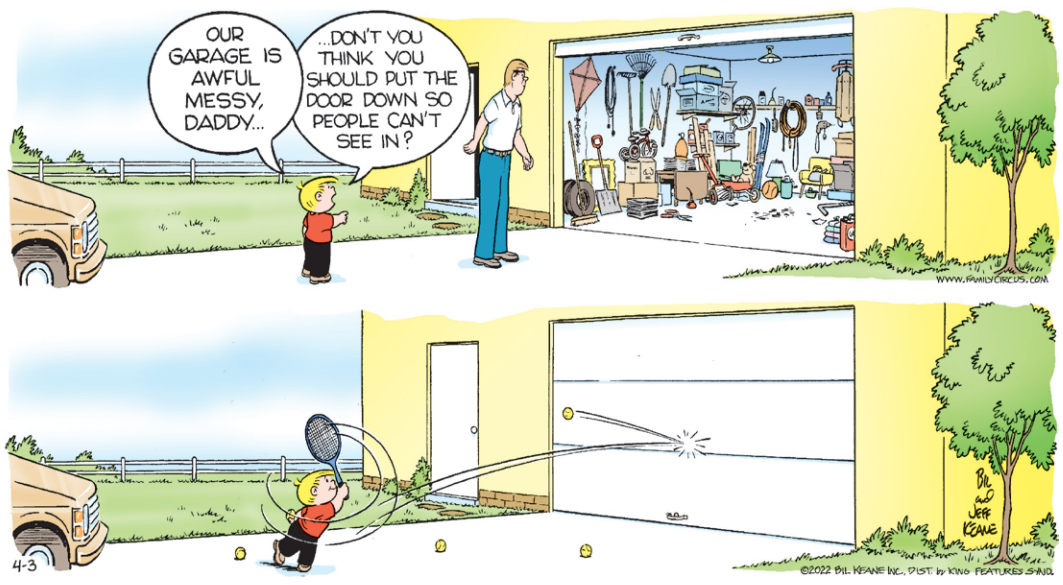
BLONDIE

BY DEAN YOUNG & JOHN MARSHALL



The FAMILY CIRCUS®

By Bil Keane

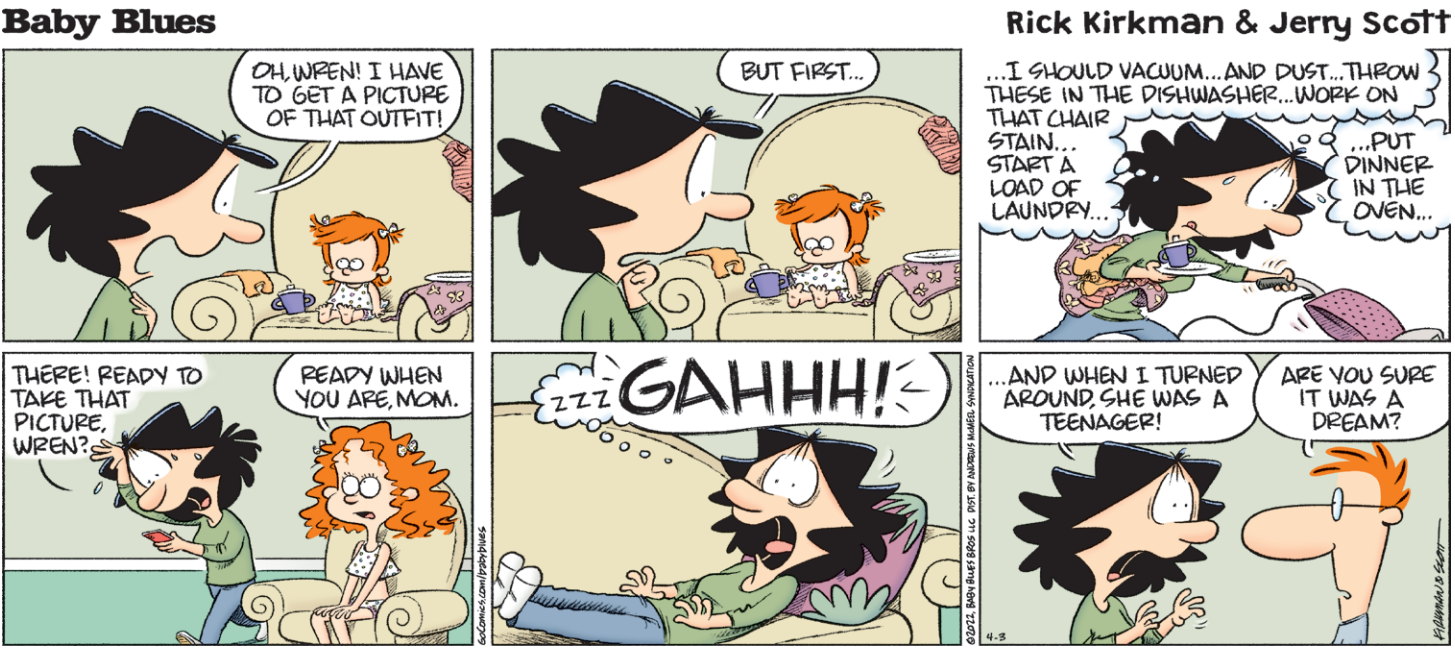


PICKLES BY BRIAN CRANE



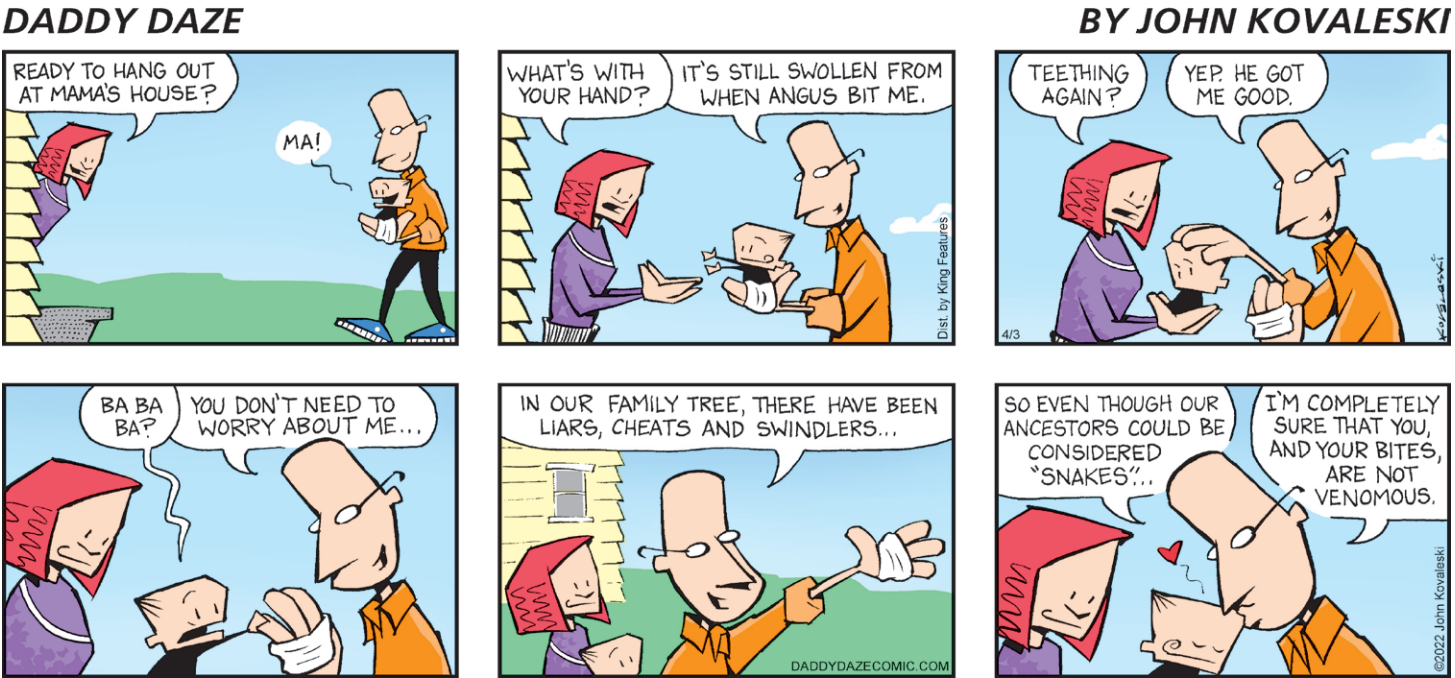
Baby Blues

Rick Kirkman & Jerry Scott



DADDY DAZE

BY JOHN KOVALESKI



Sally Forth ®

by Francesco Marciuliano



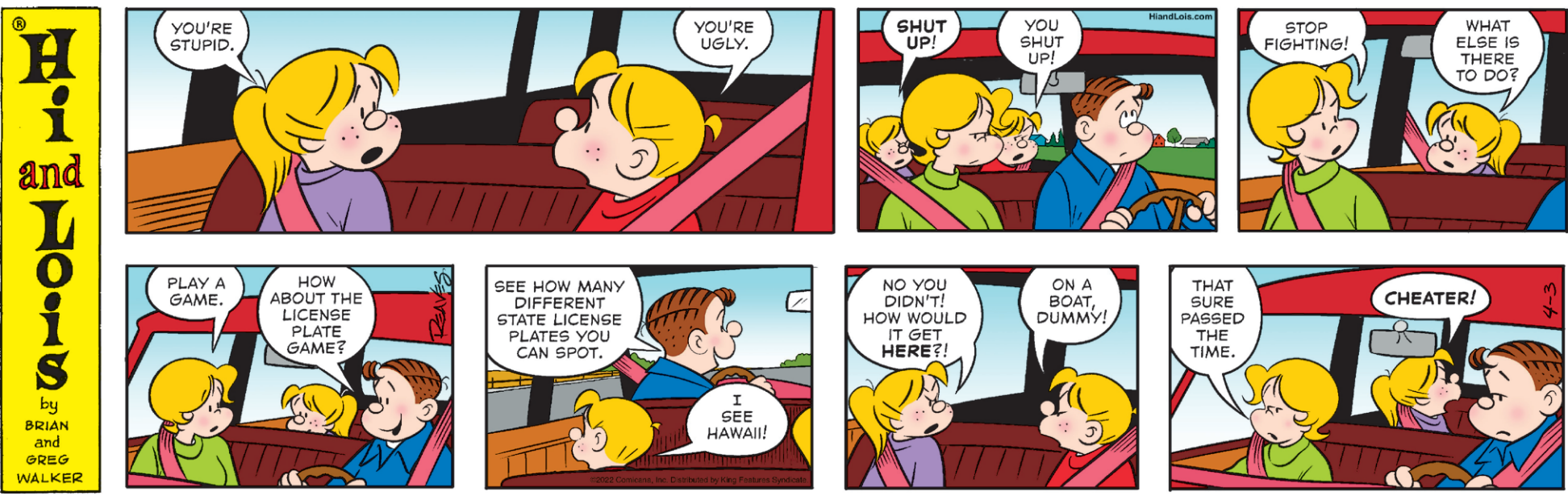
The Phantom ®

by Lee Falk



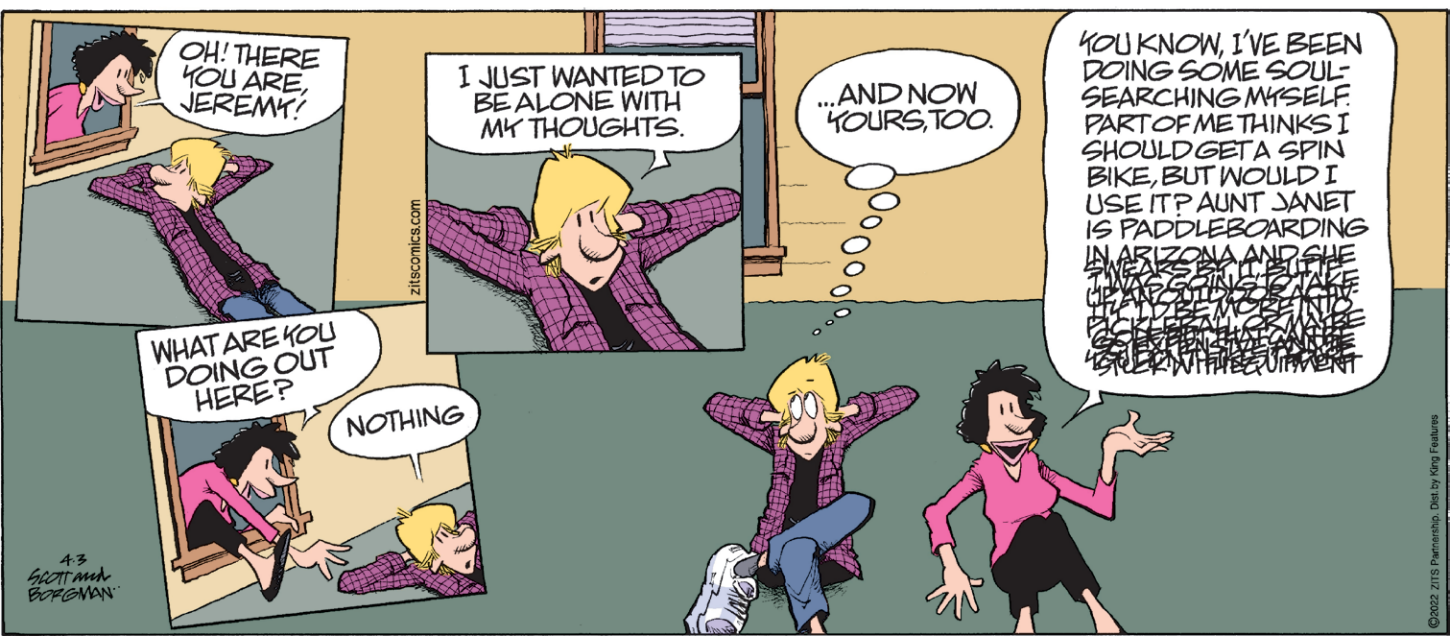
Hi and Lois

by Brian and Greg Walker



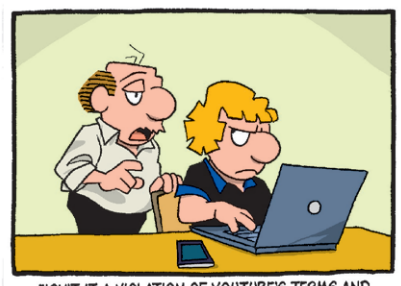
Zits

BY JERRY SCOTT AND JIM BORGMAN



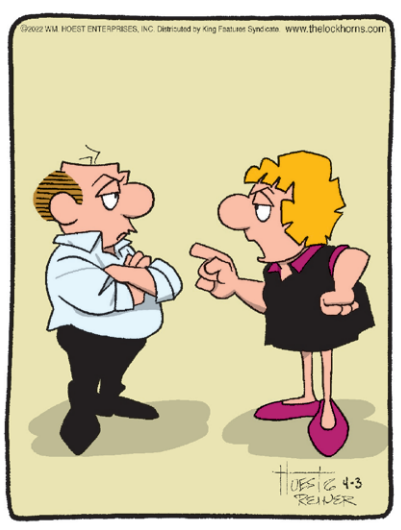
The Lockhorns

BY BUNNY HOEST AND JOHN REINER


"ISN'T IT A VIOLATION OF YOUTUBE'S TERMS AND CONDITIONS FOR YOU TO UPLOAD YOUR PIANO VIDEOS?"



"AT LEAST NOW YOU KNOW WHAT POISON IVY LOOKS LIKE."



"I KNOW YOU'RE WRONG BECAUSE YOU'RE WINNING THE ARGUMENT."



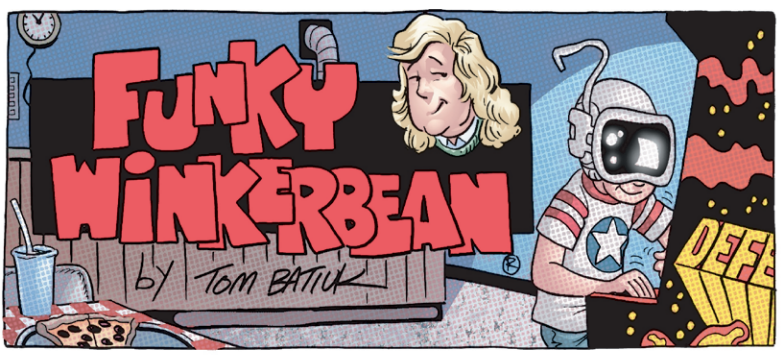
"I REALLY THINK WE SHOULD STOP SHOPPING AT BULK SUPPLY STORES."

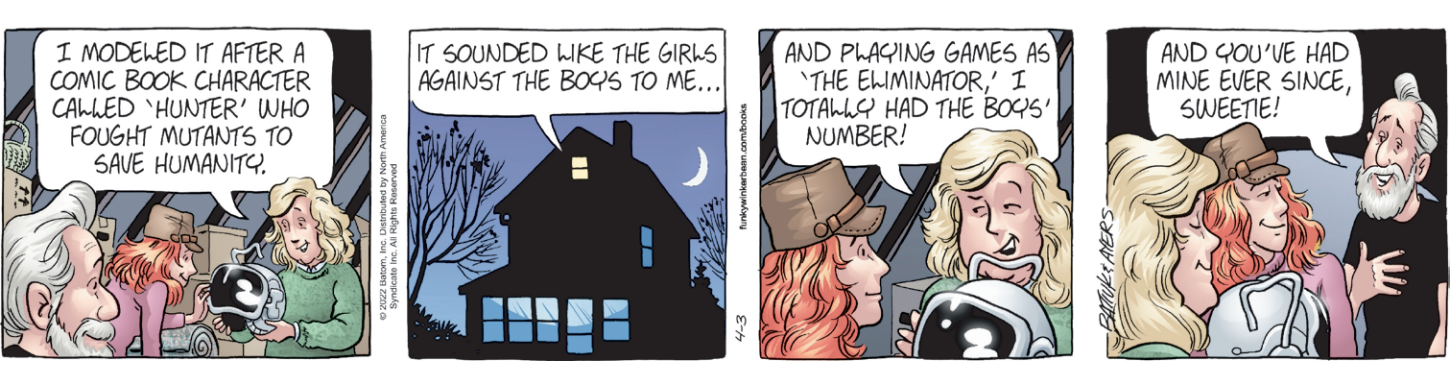


"WE TRIED TO SETTLE OUR DIFFERENCES BY TOSSING A COIN, BUT WE COULDN'T AGREE ON WHOSE COIN TO USE."

Funky Winkerbean

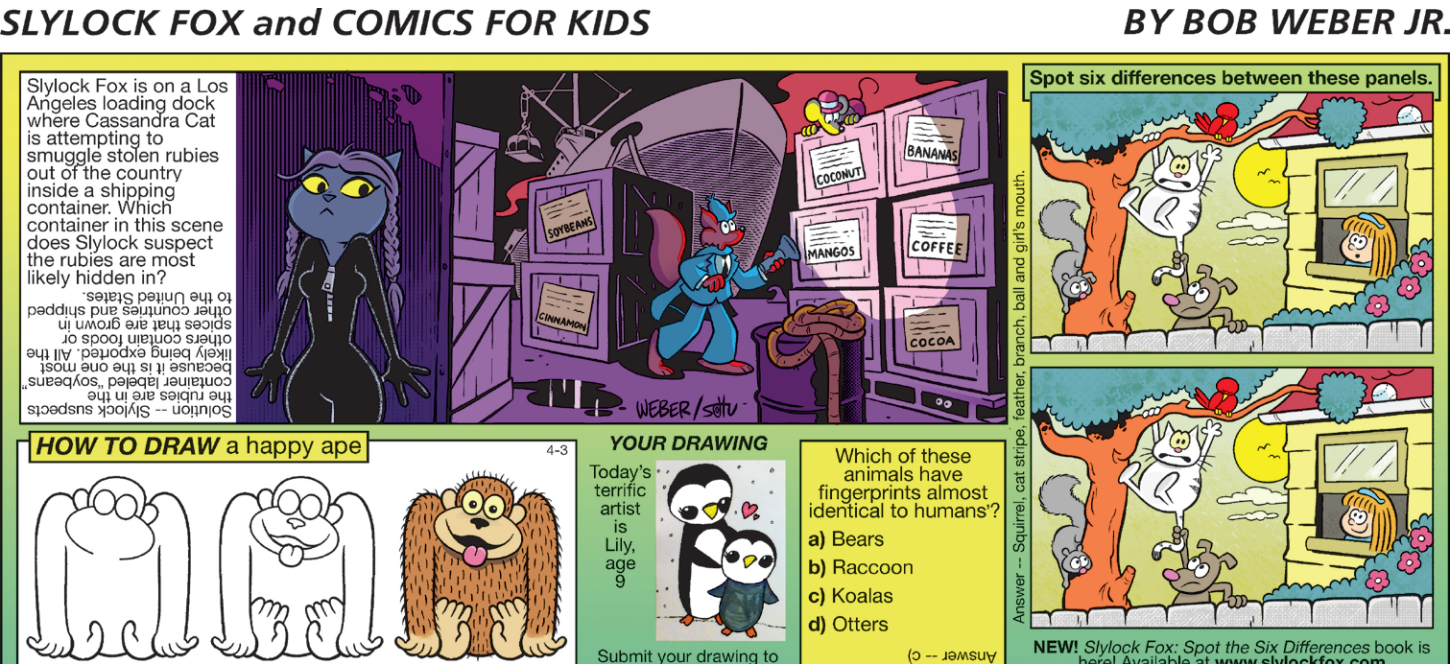
by Tom Batiuk





Slylock Fox and Comics for Kids

BY BOB WEBER JR.



Serve a traditional, yet simple, Easter dinner

By DAWN HANKINS
dhankins@t-g.com

We're preparing a 5-course, Easter Sunday sit down dinner that will surely please everyone after church or following all the Easter egg hunts. This Easter Sunday menu springs to life with fruitful flavor in each bite.

A tip: Invite youth in your church to serve and clear tables; they can earn earn a little spending money from tips. Ask your guests to tip them generously, just like they would in a restaurant.

Many of these recipes can be found in the treasured church cookbooks in your cupboard from days past. Nothing fancy here. But, if you have any questions about the recipes, just email me at dhankins@t-g.com. By the way, we're always looking for good cooks to feature.

Course No. 1—Grapes with Ginger Topping

6 C. seedless grapes, washed
1 Tbsp. grated fresh ginger or ½ teaspoon ground ginger
½ C. yogurt, low-fat
2 Tbsp. brown sugar
Ground cinnamon
Fresh mint leaves (optional)

In a large bowl, toss grapes with fresh ginger. Spoon equal amounts into 4 dessert dishes. Carefully spread ½ cup yogurt on top of grapes and sprinkle with ½ Tablespoon brown sugar followed by a dusting of ground cinnamon.Allow desserts to chill for 20–30 minutes. Garnish with a fresh mint leaf and serve chilled.

Course No. 2—Main dish-Crockpot Dressing w/ Pork Roast and Herbs with Ginger Peach Glaze any light vegetable side; suggestion: Chow-Chow Relish (Store bought is fine.)

Crockpot Dressing

1/4 C. butter
1 C. chopped celery
1/2 C. chopped onion
1 pkg. (12 oz.) seasoned bread stuffing cubes (about 8 cups)
1 1/2 C. chicken broth (from 32-oz carton)

Lightly spray bottom and side of 3 1/2- to 4-quart slow cooker with cooking spray. In 10-inch nonstick skillet, melt butter over medium-high heat. Add celery and onion; cook 3 to 4 minutes, stirring occasionally, until crisp-tender. Place bread cubes, celery mixture and broth in slow cooker; toss to combine. Cover; cook on Low heat setting 3 to 3 1/2 hours. Stir before serving. Garnish dressing with fresh herbs.

Pork Roast and Herbs/ Ginger Peach Glaze

2 tsp. seasoned salt
1 tsp. ground thyme
1 boneless pork loin, about 2 lbs.
1/2 C. peach preserves
2 tsp. Worcestershire sauce
3/4 tsp. ground ginger

Preheat oven to 350 degrees. Mix seasoned salt and thyme in small bowl. Place pork roast in foil-lined roasting pan. Rub seasoning mixture all over roast. Roast 1 1/4 hours or until desired doneness. Mix preserves, Worcestershire sauce and ginger in small bowl. Spoon glaze over roast during last 10 minutes of cooking.

Course No. 3 Cheddar Puffs with Tomato Jam

Makes 10 Servings
1 C. water
½ C. unsalted butter
1 C. flour
4 eggs, large
1/8 tsp. freshly ground black pepper
8 oz. reduced-fat sharp cheddar, shredded

Tomato jam (approx. 1 ½ tsp. per puff)

3 large ripe tomatoes (approx. 1 1/2 -2 lbs.)
1 small white onion
3/4 cup sugar
1/2 tsp. kosher salt
1/2 tsp. red pepper flakes
1/2 tsp. black pepper
Juice of 1 lemon

Preheat oven to 400 degrees. Combine butter and water in a small sauce pot and cook until the butter has melted and the water is boiling. Once the water is boiling, stir in the flour. Continue to stir, still over the high heat, until the mixture comes together as a ball of dough, just about one minute. Transfer the ball to a stand mixer with the paddle attachment; turn onto the lowest speed. Add one egg at a time, and then turn to high speed and whip until the dough is sticky.

Incorporate the cheddar and black pepper and whip together another 30 seconds.

Drop heaping tablespoons of batter onto a parchment-lined cookie sheet. Bake for 20 minutes.

Remove from the oven and poke a hole in each puff with a toothpick.

Allow the puffs to cool enough to touch and spoon tomato jam into the center. Serve while warm.

Prep your tomato jam ingredients: remove the stems and dice the tomatoes, mince the onion, juice the lemon.

Stir together the tomatoes, onion, sugar, salt, red pepper flakes, black pepper, and lemon juice in a large sauté pan. Turn to medium-high heat.

Let cook for 1 hour until there is minimal moisture in the pan. Stir frequently to prevent burning at the bottom. **Reduce the heat and stay close the last 10 minutes because without a lot of moisture and all the sugar, the jam can easily burn.

Serve warm or allow to cool completely. Store in the refrigerator.

Course No. 4—Cheese and Corn Chowder (serve with a variety of crackers) Save some time and use a good store-bought soup. Serve side of soup with Easter Bunny's Favorite Salad (Just rough chopped salad mix, carrots, green peppers and tomato. Dressing: Lemon Vinaigrette (store bought is fine.)

Course No. 5—Grand Easter dessert with coffee and milk and chocolate bunnies for the kids (see instructions for Easter bunnies below.)

Blue Berry and Dark Chocolate Bread Pudding

3 eggs
3/4 C. brown sugar
2 tsp. vanilla extract
4 C. milk
5 C. dried wholegrain bread cubed
1 C. fresh or thawed frozen blueberries
3 oz. 70 % cacao chocolate chopped coarsely
1/3 C. almonds chopped coarsely

Preheat oven to 350 degrees. In a large bowl, beat together eggs, brown sugar and vanilla extract for 2 minutes. Stir in milk. Add bread. Mix and let sit 45 minutes. Add blueberries. Pour mixture into 8-inch square baking dish. Sprinkle with chocolate and almonds, pressing pieces lightly into surface. Bake 55 to 60 minutes. Serve warm or chilled.

Chocolate Easter Bunnies

The Easter bunny is a tradition that has been passed down for centuries. Symbolizing fertility and wealth, the Easter bunny became a holiday standard in Germany during the 16th century.

The custom of chocolate eggs came along centuries after the Easter bunny, originating in the 19th century in France and Germany. As Easter celebrations evolved, chocolate eggs were not the only delicacy; chocolate Easter bunnies also were shared and enjoyed.

While there are scores of mass-produced chocolate bunnies available for purchase, and many local chocolatiers also make Easter bunnies and other sweet treats, families may want to try making their own chocolate Easter bunnies this year. This can be a family-friendly activity that favors togetherness with the promise of a sweet reward.

1. The first step to creating chocolate Easter bunnies is to select the type of chocolate you prefer. Bunnies can be made from white chocolate, milk chocolate, dark chocolate, or even a combination for a marbleized effect. Chocolate melts, chips or chocolate couverture are widely available at specialty chocolate and food shops or craft supply stores, according to DoItYourself.com. This simplifies the bunny-making process. Some retailers also may sell bunny-making kits that pair the chocolate melts with the mold in one box for ultimate convenience.

2. Craft stores also have aisles devoted to culinary crafts. Browse to find an Easter bunny mold. Some may sell solid chocolate bunnies or hollow varieties. Choose molds in the desired size, as bunny molds may be large or small.

3. Follow directions to melt chocolate successfully. Some chocolates can be slowly melted in the microwave. A double-boiler method, in which the chocolate is melted in a bowl placed above a pan with boiling water, can help the chocolate melt consistently and prevent it from burning.

4. Pour the chocolate into the mold and gently tap the mold so that it displaces air bubbles and helps the chocolate settle evenly into the design. Allow the chocolate to set up in the refrigerator. If your mold is hollow, you can seal the two halves of the bunny with a little melted chocolate on the seam.

Creativity can be unleashed when making homemade chocolate bunnies. Experiment with adding a few drops of peppermint oil or orange liqueur to customize the flavor. Before sealing hollow bunnies, place peanut butter or raspberry jam inside for a tasty surprise. Use colored candy melts to add colorful eyes or cheeks or to tint the inside of the bunny ears.







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Die Hard star Willis retires after diagnosis of aphasia

NEW YORK (AP) — Bruce Willis is stepping away from acting after a diagnosis of aphasia, a condition that causes loss of the ability to understand or express speech, his family said Wednesday.

In a statement posted on Willis' Instagram page, the 67-year-old actor's family announced that Willis was recently diagnosed with aphasia and that it is impacting his cognitive abilities.

"As a result of this and with much consideration, Bruce is stepping away from the career that has meant so much to him," read the statement signed by Willis' wife, Emma Heming Willis, his ex-wife Demi Moore, and his five children, Rumer, Scout, Tallulah, Mabel and Evelyn.

"We are moving through this as a strong family unit, and wanted to bring his fans in because we know how much he means to you, as you do to him," they said. "As Bruce always says, 'Live it up' and together we plan to do just that."

There are many potential causes of aphasia. It often occurs after a stroke or head injury, but can also develop gradually due to a slow-growing brain tumor or a disease that causes degenerative damage, like Alzheimer's disease. It's treated primarily with speech therapy and learning non-verbal means of communication.



Bruce Willis



T-G Photos by Zoe Haggard

County mayoral candidate, Brent Smith, fielded questions from the audience during a "Meet and Greet" on Saturday.



Those attending the "Meet and Greet" for Brent Smith on Saturday were treated to a buffet meal.

County mayoral candidate Smith has 'Meet & Greet'

Bedford County mayoral candidate Brent Smith (R) held a meet and greet Saturday to further discuss his goals and answer audience questions. Smith highlighted several main points in his stump speech, including:

- Having more representation in County leadership
- Keeping both the small-town and agricultural atmospheres amidst the County's growth
- Keeping a "seat at the table" when big companies come
- Putting taxpayers first and implementing a senior citizen tax freeze
- Encouraging parents to be vocal with the school board
- Maintaining better road repairs

Smith took several questions from the audience, most of whom expressed their concerns over growth and development. Even though some in the audience said they would like to see more amenities, like more stores and restaurants, they don't want to see the loss of farmland and space as well as increased traffic.

Smith said, "It's a balance." In order to protect the local beauty, Smith said the County does not need to have a "we'll take whatever" attitude when it comes to moving industries and businesses to the area.

Smith said the number of amenities currently in Bedford is not where it should be because local planning leadership has not been reaching out to companies to work with them and bring them here. Smith said it's part of his plan to "treat the County like a business."

He also added that he would also like to see increased transparency in local government. For example, instead of holding public meetings during the average person's workday, Smith said he would like to move those meetings to times where working citizens can attend them as well as broadcast them over Facebook live.



Candidate Brent Smith told a social gathering of supporters on Saturday that he would like to see more transparency in local government. He is vying for the county mayor's office.

In addition to this, Smith said, if elected, he would like to host a State of the County address every month.

Current Bedford County Mayor, Chad Graham (R), who is running for re-election, will have a meet and greet fish fry at the VFW on Depot Street on Saturday, April 9, from 4 to 6 p.m. Randy Clanton is frying the fish with extras, while Joe McCurry with Southern Connection Catering is providing catering services. The T-G will be giving equal time to that event also.



Live Theatre Returns to Moore County campus in April

LYNCHBURG, TN (March 30, 2022) – Motlow State Community College is proud to announce that live student theatre is returning to the Moore County campus in April.

Motlow theatre students will present Metamorphoses on April 21 and 22 at 7 p.m. and April 23 at 2 p.m. in Power's Auditorium inside Eoff Hall. The public is invited to attend. Admission is free to Motlow students with a valid student ID, and $5 for the general public. To reserve a seat, contact Motlow Humanities Secretary Daisy Martienez at 931-393-1700.

Join the cast of talented artists on a winding journey through ancient Greece as the story, based on Ovid's epic poem Metamorphoses, tells the origins of your favorite Grecian myths with a comedic twist.

Prepare to be dazzled by the brilliant state design crafted by theatre virtuoso Kenton Jones and the masterful supervision of accomplished director and Motlow Associate Professor of Speech and Theatre Emily Seal.

CREW

Emily Seal …….....…… Director
David Bethea …….…… Musical Director
Kenton Jones …….…… Scenic Design

CAST

Lana Bassel ……..Midas's Daughter and others
Alexandria Bradford ……...Zeus and others
Ethan Cusick …….....Philemon and others
Shayna-Raye Funderburk ….....Poseidon and others
Madelyn Hansen ……..Midas and others
Violet Hendricks ……..Icyone and others
Gloria Jacobs ……....Bacchus and others
Sarah Reece ……...Erisichton's Mother and others
Keiry Tenorio-Vargas ……..Eurydice and others
Zoe Zielinski ……... Psyche and others

Tennessee's Community Colleges is a system of 13 colleges offering a high-quality, affordable, convenient, and personal education to prepare students to achieve their educational and career goals in two years or less. The system offers associate degree and certificate programs, workforce development programs, and transfer pathways to four-year degrees. For more information, please visit us online at tbr.edu or visit Motlow at mscc.edu.

April is child abuse prevention month

Junior's House remembers

Every day in this country, 1,900 children are abused. Child abuse continues to be prevalent in society with 1 in 10 children being sexually abused before they turn 18 years old.

Junior's House wants to remind everyone of this month's special observance.

Child abuse prevention programs and trauma services are imperative in every community. Left untreated, child abuse is linked to higher rates of drug use, teen pregnancy, mental illness, physical health problems, and even shorter life spans, according to those who see the abuse first-hand.

The economic impact of child abuse and neglect, to our society, is significant. Providing free services to child abuse victims is indispensable in every community and Bedford County has ensured that their children have a place to receive these specialized services.

Junior's House Inc. was established in 2003 in honor of a special little boy named "Junior" who tragically died as a result of child abuse.

Junior's House opened a satellite office in Shelbyville in 2016 to ensure that child abuse victims receive the services and support that they need. The CAC has provided free services to thousands of child abuse victims across the 17th Judicial District which is the home of Bedford, Lincoln, Marshall, and Moore Counties.

Each year Junior's House plants a Pinwheel Garden to represent the 500+children served annually. Each pinwheel planted across the district, during the month of April, represents 10 abused and neglected children served over the past year.

Junior's House representatives welcome the Bedford County Community to join them in planting its annual Pinwheel Garden on April 8 at 9:00 a.m., at Shelbyville Police Department.

Junior's House representatives remind everyone to join the Bedford County Child Protective Investigative Team as it plants these pinwheels to raise awareness aboutthe tragic effects of child abuse.

As always, Junior's House continues to need your support to help the numerous victims we see each year. Every day new abuse referrals come in and every day we have another family to help.

Please consider donating new stuffed animals to Junior's House. Every child who visits the CAC leaves the Center with a stuffed animal and promise of hope and healing.

Junior's House accepts monetary donations which can be mailed to: P.O. Box 1062, Fayetteville,TN. 37334.

If you can't attend the Pinwheel planting event, please consider joining Junior's House for its annual Blue Ribbon Walk Fundraiser at the Lincoln County Fairgrounds in Fayetteville. Kick off time is at 9:30 a.m. on May 12 with Rep. Pat Marsh officiating.

Walker forms can be picked up at Junior's House or found on-line at juniorshousecac.org. Please register by April 18 to get a free T-shirt. Then, please take a moment to "like" the non profit on Facebook for more information and updates about Junior's House, Inc.



BEDFORD COUNTY DEVOTIONAL PAGE

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Pastor: Mark Rosson
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Wednesday Night Service - 6:00 pm

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834 Union St., Shelbyville • 931-684-3664
Rev. Andrew Lee Keffer • shelbyvillefirstnaz.com
Sunday School - 9:00 am • Morning Service - 10:00 am
Prayer Meeting - Wednesday at 6:30 pm
Youth Meeting - Wednesday at 6:30 pm

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longviewbaptistchurch.org • servingoursavior@yahoo.com
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Life Points (age 3 - youth) - 5:45 pm • Wednesday Worship - 6:00 pm

Grace Baptist Church
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Pastor: Bro. Bobby McGee
Sunday School - 9:00 am • Sunday Worship - 10:00 am
Wednesday night 6:00 pm

Fellowship For Christ
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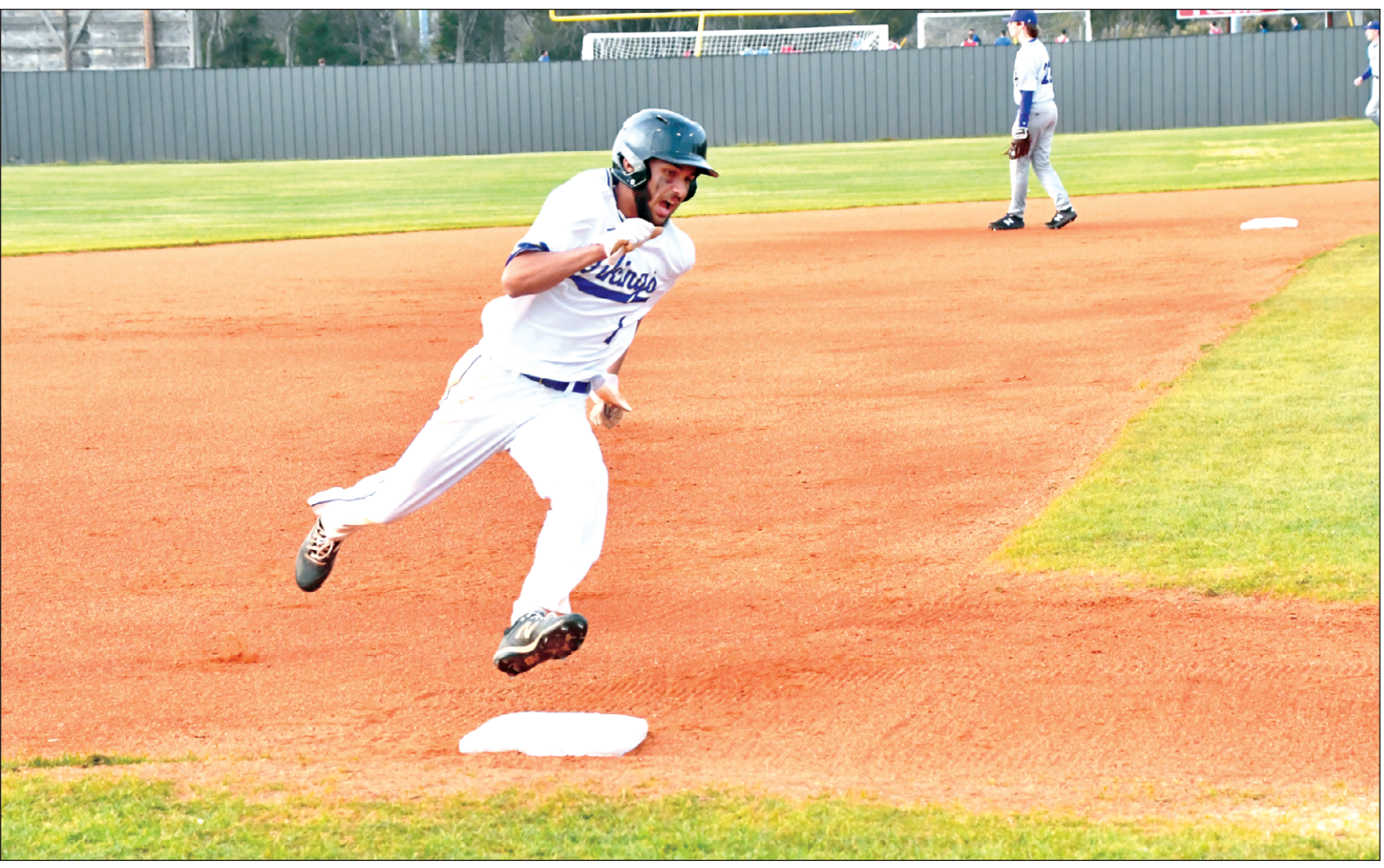


T-G Photos by Ricky Clardy

Maki Fleming of the Vikings rounds third and scores on a 2-run double by Dylan Norris in the opening inning.

District dominance: Vikes sting Jackets

By RICKEY CLARDY
Sports Writer

UNIONVILLE – The Community Vikings jumped out in front with a 7-run first inning and rode the pitching of Dylan Norris as the Vikings defeated the Grundy County Yellow Jackets 10-0 to complete a sweep of a District 7-AA baseball series Tuesday night.

Community (6-2, 2-0 D7AA) beat the Yellow Jackets 14-1 in the first game of the series Monday.

"Monday and Tuesday, we hit the baseball," Coach Robbie Davis of the Vikings said. "It's been guys all the way up and down the lineup."

The Viking bats were hot from the outset as seven different Community players produced eight hits in the opening inning. Norris helped his own cause with a 2-run double to put the first Viking runs on the board. Mason Russell, Drew Harris, and Blaine Paschal each drilled safeties to drive in runs as the hits kept on coming. After the dust had settled, 12 Vikings came to the plate with seven scoring as Community took a 7-0 lead.



Stratton Lovvorn of the Vikings connects on a single in the first inning.

Community added single runs in the second and third innings to increase its advantage. Russell led off the second with a double and scored on an RBI-single by Gage Underwood to put the Vikings up 8-0. After Maki Fleming led off the third with a double, a sacrifice fly by Norris brought home Fleming to increase the Viking lead to 9-0.

Meanwhile, Norris was cruising on the mound. The senior struck out 10 in five innings of work while allowing one walk. The Yellow Jackets could only manage one hit, an infield single in the third inning.

The Vikings closed the game on the run rule in the bottom of the fifth. Fleming led off the inning with a walk and scored on a triple by Norris as Community started its district season in grand style.

Fleming had three hits while Norris and Russell each knocked out two hits for the Vikings.

"Our pitchers, Mason yesterday and Dylan today had low pitch counts and really threw strikes," Davis said. "All around, two really good jobs by our pitchers and our hitters."

The Vikings have plastered the baseball for 85 runs in their first eight games of the season.

"We lost seven seniors from last year's team and with a lot of these guys, it's their first high school season playing varsity," Davis said.

"To score that many runs, it's been impressive," Davis added. "We just need to keep it going when the weather keeps warm."

Community will be hosting its own Viking Classic starting Thursday with action going through Saturday.

Grundy Co.	000 00 -	0	1 2
Community	711 01 -	10	12 1

Community – Maki Fleming 3-for-3, Dylan Norris 2-for-3, Mason Russell 2-for-3, Sam Holley 1-for-1, Blaine Paschal 1-for-2, Gage Underwood 1-for-3, Drew Harris 1-for-3, Stratton Lovvorn 1-for-3.
WP - Norris.

Eagles salvage 2nd half of Rebel series

By GARY JOHNSON
gjohnson@t-g.com

Shelbyville Central fell behind early and could not find a way to come back in a 5-1 loss to Franklin County in a District 6 4-A matchup on the road on Monday.

The Rebels scored five runs in the first inning. The Eagles' lone run came in the third frame.

Henley got the start and win on the mound for Franklin County, giving up one run with 13 strikeouts and a pair of walks in five innings of work.

Vincent followed with two scoreless innings.

Henley helped his cause at the plate with a double and single in three at bats.

Parker Burks got the start for the Eagles with relief appearances from Jarius Brown and William Bobo.

Arye Kavanaugh's double was Shelbyville's top hit.

Shelbyville Central	001 000 0 – 1	4	1
Franklin County	500 000 x – 5	5	0

Shelbyville Central – Marquis Wilson 1-for-3, Carston Williams 1-for-3, Jayden Cooper 1-for-3, Arye Kavanaugh 1-for-3.
Franklin County – Jones 1-for-02, Henley 2-for-3, Whitsett 1-for-3, Baker 1-for-3.
WP – Henley
LP – Burks

TUESDAY

Shelbyville 7, Franklin Co. 6

A seven-run third inning proved to be the difference as the Eagles split the two-game series.

Shelbyville Central, Franklin County, Coffee County and Warren County all sit atop the district standings with 2-2 records.

After trailing 4-0, the Eagles sent a dozen batters to the plate and pushed across seven runs to take control of the game.

The Rebels added a pair of runs in the sixth frame and had bases loaded with two outs when Shelbyville Central right-hander Carson Williams took over on the mound and got a strikeout to end the inning. Williams then retired the side in order in the top of the seventh inning to get the save.

Marquis Wilson got the start and win on the rubber.

Nick Johnson ripped a triple and single to lead the Eagles at the plate while Caleb Molder had a double and single.

Franklin County	310 002 0 – 6	7	0
Shelbyville Central	007 000 x – 7	11	2

Franklin County – Vincent 2-for-4, Jones 2-for-3, Henley 1-for-4, Miller 1-for-4, Hardison 1-for-3.
Shelbyville Central – Marquis Wilson2-for-4, Jayden Cooper 2-for-2, Caden Thomas 1-for-3, Caleb Molder 2-for-4, Arye Kavanaugh 1-for-2, Nick Johnson 2-for-3, Terrence Johnson 1-for-2.
WP – Wilson
LP - Stoltzfus
HR – Henley (FC)



T-G Photo by Gary Johnson

Shelbyville Central right-hander Carson Williams was tough in relief in the Eagles' district win over Franklin County on Tuesday night.

Champs drop 2 to Forrest

T-G STAFF REPORT

CHAPEL HILL — For the first four innings on Monday, the Cascade Champions felt pretty good about where they sat against the Forrest Rockets.

But a disastrous, seven-run, fifth-inning for the Rockets ultimately proved the Champs' undoing in a 10-4 loss.

Cascade starter Tyler Knight minimized the potent Rocket offense through the first three innings.

After the Rockets led off the game with back-to-back walks, the Cascade defense answered with three straight outs to strand the pair of runners on base.

Forrest cracked through in the second inning and scored the game's first run on a passed ball.

The Rockets added two more runs in the third on a double by Preston Gentry, bumping the score to 3-0.

Cascade threatened in the third with two outs, Hunter Lemmons and Chance Brown were walked and Ryan Inmon went on to load the bases after being hit by a pitch.

The Champs couldn't get the needed two-out hit and left the bases loaded in the inning.

Cascade did eventually push the game's first run across the plate in the fourth following a leadoff walk by Conner Melson.

He scored on a RBI single by Caden Hammonds, cutting the Rockets' lead to two runs.

Disaster struck in the fifth frame when Forrest put its first five batters of the inning on base with two hits, two walks and an error.

While Cascade went a quiet, 1-2-3, in the sixth, the Champs did mount a rally in the seventh inning.

Inmon, Sawyer Lovvorn and Melson led off the inning with three-straight singles before Inmon scored on a balk.

Walker Craig stepped to the plate and drove in two more runs on a 2 RBI double to left, but Cascade was unable to push anymore runs across the plate in the loss.

In total, the Champs hammered the Rockets for six hits, but were plagued with five errors in the field.

Melson was the only Champion to record multiple hits, while Craig's 2 RBI double was the biggest hit of the night.

On the mound, Knight went four innings and struck out seven, but was tagged for six runs on six hits.

Zach Crosslin worked 1/3 of an inning in relief and was charged with four runs, but none of which were earned, while Lucas Clanton pitched 1 2/3 innings allowing just one hit.

Cascade continued a busy week of baseball in the Viking Classic.

Cascade	000 100 3 —	4	6 5
Forrest	012 070 x —	10	8 1

Cascade: Ryan Inmon 1-for-3, Sawyer Lovvorn 1-for-3, Conner Melson 2-for-3, Walker Craig 1-for-3, Caden Hammonds 1-for-3.
2B: Craig
WP: Mealer
LOP: Knight

TUESDAY

Forrest 9, Cascade 5

One big inning got Cascade back in the game on Tuesday, but wasn't enough to overcome four errors in a 9-5 loss to the Forrest Rockets.

Forrest was opportunistic in the first several innings, plating three in the first and fourth, one in the second, fourth and sixth innings.

▶ See **Champs**, Page 2C

Champs

(Continued from Page 1C)

Trailing 5-0 after 4 1/2 innings, Chance Brown slugged a leadoff home run in the bottom of the fourth.

Ryan Inmon followed with a single and later scored on a second home run of the inning by designated hitter Kobe Inmon.

Inmon's homer knocked in plated three more runs, which completed the rally and allowed Cascade to tie the game at five runs apiece.

Ryan Inmon also scored on a RBI single by sophomore Conner Melson in the five-run inning.

While Cascade was able to rally for the tie, Forrest responded with a three-run fifth inning an one final run in the sixth inning to nix the Champs' comeback bid.

Brown and Kobe Inmon led the Champs at the plate with the long ball, while Ryan Inmon, Melson, Walker Craig and Daxton Hittson all singled.

On the mound, Cascade burned through five pitchers, with Jake Bates and Craig each recording three strikeouts.

Forrest	310 131 0 — 9 7 0
Cascade	000 500 0 — 5 6 4

Cascade: Chance Brown 1-for-4, Ryan Inmon 1-for-3, Conner Melson 1-for-3, Walker Craig 1-for-3, Kobe Inmon 1-for-2, Daxton Hittson 1-for-3.
HR: Brown, K. Inmon

Eaglettes handed loss at Columbia

T-G STAFF REPORT

Shelbyville Central's Golden Eaglettes dropped a 6-2 decision on the road at Columbia Central on Monday night.

The Lady Lions scored a run in the first, third and sixth innings and added three in the fourth frame.

Shelbyville Central scored twice in the sixth inning.

Spring Holland ripped a double to pace Columbia Central with Saviya Morgan, Addison Maurer and Bailey Lovell collecting two hits apiece.

Kaydence Rippy smacked a home run and singled while Jaleigha Harris added a pair of hits for the Eaglettes.

Lovell claimed the win in the circle.

Shelbyville Central	000	002	0 – 2	4 2
Columbia Central	101	301	x – 6	9 1

Shelbyville Central – Jaleigha Harris 2-for-4, Kaydence Rippy 2-for-3.
Columbia Central – Saviya Morgan 2-for-2, Addison Maurer 2-for-4, Summer Hooten 1-for-4, Spring Holland 1-for-3, Bailey Lovell 2-for-3, Lanija Seats 1-for-2.
WP – Lovell
LP – Lineberger
HR – Rippy (SC)

Automatic runners to remain in MLB

BASEBALL

NEW YORK (AP) — Major League Baseball finalized the rules change Thursday to bring back automatic runners in extra innings for a third straight season.

Despite an easing of pandemic restrictions, MLB and the players' association agreed to keep the controversial rule that starts each team with a runner on second base during extra innings for the 2022 regular season.

The agreement regarding on-field rules modifications also includes expanding active rosters from 26 players to 28 from opening day on April 7 through May 1 this year, due to the delayed start of spring training.

Another new rule benefits Angels two-way star Shohei Ohtani. With the designated hitter adopted in both leagues, pitchers who start games in the batting order can remain in the game as a DH after leaving the mound. A DH can also enter the game to pitch. That change will apply to multiple seasons.

"The expansion of the designated hitter and giving two-way players enhanced flexibility to showcase their talents will benefit the game for the foreseeable future," union director of player services Kevin Slowey said in a statement. "The roster and extra-inning adjustments will also serve to protect the health and safety of players during what will be a unique 2022 season."

The "zombie" runner modification was applied to the 2020 and 2021 regular seasons as part of adjustments due to COVID-19.

There were 78 extra-inning games during the pandemic-shortened 2020 season, and the longest by innings were a pair of 13-inning contests at Houston, won by the Los Angeles Dodgers on July 29 and by Oakland on Aug. 7. Every previous season since 1901 had at least one game of 15 innings or longer

There were 233 extra-inning games last year, and the longest was the Dodgers' 16-inning win at the San Diego Padres on Aug. 25.

NCAA president decries pace of basketball investigations

By BRETT MARTEL
AP Sports Writer

NEW ORLEANS — NCAA President Mark Emmert said investigations into allegations of major violations against several high-profile men's college basketball programs — including 2022 Final Four participant Kansas — have taken "way too long."

What solutions might be on the table to speed it up, Emmert did not say, but there appears to be increasing acknowledgement that the current process is broken.

"It's just been really slow in getting through that new independent process that's wound up reinvestigating the entire case," Emmert said, referring to the Independent Accountability Resolution Process (IARP).

The IARP was created out of proposals from the commission led by former U.S. Secretary of State Condoleezza Rice in 2018 to reform the sport. It began looking into allegations against Kansas, Arizona, LSU, Louisville and North Carolina State on the heels of a federal investigation into corruption in college sports that resulted in convictions of shoe company executives, a middle man who worked with them and some assistant college coaches.

Of those FBI cases nearly five years ago, only one -- North Carolina State, tied to its recruitment of one-and-done star Dennis Smith Jr. -- has actually gone through the IARP system to completion and received a ruling that resulted in probation for one year, some vacated victories and penalties for previous coaches.

The four other cases are still pending in the IARP structure, while Auburn went through the more traditional process and received four years of probation in December from an NCAA infractions committee panel.

In the meantime, this year's NCAA Tournament could be tainted should Kansas win the national championship and subsequently have an unfavorable decision come down in a now half-decade-old investigation.

Created to handle complex cases, the IARP includes independent investigators and decision-makers with no direct ties to NCAA member schools, and rulings cannot be appealed.

Emmert said NCAA institutions need to come up with a process that has "got to be fair. It's got to be swift. And it's got to not punish the innocent. ... That's where the membership's got to be in all of this, as they shape a new process or rebuild the one that's in place."

The Kansas case hinges on whether Adidas representatives were considered boosters — the school contends they were not — when two of them arranged payments to prospective recruits. Kansas does not dispute the payments. Kansas asked for referral to the IARP instead of having the NCAA's infractions committee handle the matter.

While the lengthy IARP process has been going on, Self agreed to a new contract on April 2, 2021, that will keep him with the school until he retires.

The five-year deal adds one additional year after the conclusion of each season — in effect, making it a lifetime contract. It guarantees him $5.41 million per year with a base salary of $225,000, professional services contract of $2.75 million and an annual $2.435 million retention bonus.

The contact also includes a clause that says the school cannot terminate him for cause "due to any current infractions matter that involves conduct that occurred on or prior to" the signing of the new contract. Instead, he would forfeit half of his base salary and professional services pay while serving any Big 12 or NCAA suspension.

Emmert declined to weigh on on Kansas' decision to double down on Self.

"I'll leave it to the school to make decisions about their coaches' contracts," said Emmert, who also spoke at the women's Final Four on Wednesday. "That's their business, obviously. They can do that as they see fit."

The infractions process has also come up with the Division I Transformation Committee, which is working to recommend ways to modernize and reform NCAA governance and regulatory policies.

Southeastern Conference Commissioner Greg Sankey, who chairs the committee along with Ohio athletics director Julie Cromer, said the group is looking at both the overall infractions process and the IARP structure as part of its work.

"I don't know fully what was envisioned and what wasn't envisioned," said Sankey, who has served on the NCAA infractions committee. "But we have to have timely outcomes, both for those accused and for those competing against those who are accused. That has to be a point of emphasis."

Later, Sankey added: "I was on an implementation working group, and I disagreed with elements of the approach. So I think some of these problems were foreseeable. We have an opportunity to correct and enhance the process. That doesn't mean everybody will like the process."

Among other topics Emmert addressed:

National NIL rules

Emmert offered an urgent plea to Congress to craft what he said was needed, uniform national legislation governing financial endorsements for athletes known as name, image and likeness (NIL) deals.

"This tournament's put on full display the beauty of college sport," Emmert said. "People love it and enjoy it, and we've got to work with the schools and with Congress to make sure we can continue that.

Final Four is TV director's last dance

By JOE REEDY
AP Sports Writer

Duke's Mike Krzyzewski isn't the only one retiring after the Final Four.

It's also the last games for Bob Fishman, who is in the director's chair for the 39th time for CBS and Turner's coverage of the NCAA Tournament.

"We have become dear friends over these years. I've directed every single one of his national championships," Fishman said. "I said to him a couple weeks ago 'You know, I'm impartial coach, but it sure would be cool to be there together to celebrate our retirements together and maybe win a national championship.' That would really top it off pretty well for me."

Fishman will direct the TBS coverage of Saturday's national semifinals and Monday night's title game. Fishman, along with the top team of Jim Nantz, Bill Raftery, Grant Hill and Tracy Wolfson, have done all of Duke's games so far.

Not many people might know who Fishman is, but he has directed some of the most memorable events on CBS since moving from the news division in 1975. He directed the original "NFL Today" studio show along with figure skating at three Olympic Games, including the memorable showdown between Nancy Kerrigan and Tonya Harding in Lillehammer in 1994, and the 1992-93 World Series, which is remembered for Joe Carter's game-winning home run in 1993 to give the Toronto Blue Jays their second title.

"It's more than just being perfect, technically perfect. It's also the sixth sense that he's had, where he needs to be and where to cut to, to tell the story. After all, it's a visual medium," said Nantz, who will call his 31st Final Four this weekend. "He's the guy that has provided images that will outlive us all."

Fishman, who has won 16 Emmy Awards, has also directed 27 U.S. Open tennis championships and 20 Daytona 500s, including the first time it was aired live in 1979 and featured the memorable post-race fight between Cale Yarborough and Donnie Allison.

"I've said it many times. If there's a Mount Rushmore in sports production, Bob Fishman is front and center," CBS Sports chairman Sean McManus said. "It's hard to imagine anyone is going to have as varied career in directing as he had. It's just remarkable."

But of all the events he has done over the years, his favorite remains the NCAA Tournament.

Fishman's first memorable tournament shot came in 1982, when North Carolina's Michael Jordan hit the game-winning shot against Georgetown. Seconds later, Fred Bown had the infamous turnover where he threw the ball to James Worthy, whom he mistook for teammate Eric Smith.

Two years later, Fishman caught the scene on the Georgetown bench of coach John Thompson giving a giant hug to Brown late in the championship game against Houston.

One of the more notable Fishman celebration shots came in 1983 with North Carolina State coach Jim Valvano running around looking for someone to hug after the Wolfpack upset Houston. That was a camera in the high left corner of the arena that was supposed to focus on the larger celebration. It ended up being the only camera that found Valvano amid the last-second craziness.

A look at each Final Four team, through advanced stats

By NOAH TRISTER
AP Sports Writer

This year's Final Four includes quite a collection of big-name programs — but this hasn't been a particularly dominant group this season.

In fact, the top three teams — and five of the top six — in the current Pomeroy rankings are absent. That's a change from last year, when Gonzaga and Baylor were terrific all season and then met in the title game.

Here's a statistical look at this season's accomplished-but-flawed Final Four quartet, using advanced stats. Many of the stats cited in this piece can be found at kenpom.com and are becoming more and more common in mainstream basketball analysis.

KANSAS (32-6)

Pomeroy Rank: 4

Strengths: The Jayhawks rank seventh in the nation in adjusted offensive efficiency, and perhaps more importantly, they aren't really deficient in any major category. They're 18th in adjusted defensive efficiency, and their offense ranks in the top 70 in field goal percentage from both inside and outside the arc.

Weaknesses: Kansas doesn't have many glaring problems, but the Jayhawks are only 159th in defensive rebounding percentage, meaning a team that can attack the offensive glass could be a problem. Kansas is also 116th in turnover percentage on offense — not awful, but a good bit worse than the other three teams in this Final Four.

In This Tournament: Opponents have made only 29.6% of their 3-pointers against Kansas this season. That's the type of thing that could even out over time — but it hasn't in this tournament so far. In the Sweet 16, Providence went 4 of 23 from long distance in a five-point loss to the Jayhawks. In the regional final, Miami went 3 of 21 against Kansas.

DUKE (32-6)

Pomeroy Rank: 7

Strengths: The Blue Devils are the top team in the nation in adjusted offensive efficiency, and they've shown it in the tournament. They scored 78 points in 67 possessions in the Sweet 16 against Texas Tech, which has the country's top defense. Duke doesn't rely that heavily on the 3, which makes sense since the Blue Devils are shooting 56.3% from inside the arc, the eighth-best mark in the nation.

Weaknesses: The defense is 45th in adjusted efficiency. Specifically, Duke isn't good at forcing turnovers and has some issues on the defensive boards.

In This Tournament: It's been an offensive show for the Blue Devils. In addition to that game against Texas Tech, Duke scored 85 points in 66 possessions against Michigan State in the second round, and 78 in 70 against Arkansas in the regional final. The Blue Devils are shooting 60% from 2-point range in this tournament.

VILLANOVA (30-7)

Pomeroy Rank: 9

Strengths: Foul Villanova at your own risk. Wildcats are shooting 83% on free throws, meaning they have a chance to break the Division I record of 82.2% set by Harvard in 1984.

Weaknesses: Villanova shoots only 49.9% from 2-point range, which isn't a huge problem given how much damage the Wildcats can do from 3, but it's an issue. Villanova is also another team that isn't great on the defensive glass.

In This Tournament: The Wildcats rely a lot on the 3, and they also allow a lot of 3-point attempts. That arrangement tends to work out in Villanova's favor, and it has over the past four games. The Wildcats have made 35 3-pointers in the tournament, and opponents have made only 17.

NORTH CAROLINA (28—9)

Pomeroy Rank: 16

Strengths: North Carolina is a tricky team to evaluate because its season stats are pedestrian for a Final Four team — but the Tar Heels seem to have turned a corner over the past month. According to the rankings at barttorvik.com, North Carolina has been the most efficient team in the country since March 1. If you look at the NCAA Tournament games only, the Tar Heels are fourth in adjusted offensive efficiency and eighth in adjusted defensive efficiency — the only team in the top 10 in both.

Weaknesses: On the season, North Carolina has an effective field goal percentage (eFG) of just 52.0. Only Villanova is worse among Final Four teams, and the Wildcats can make up for it by being excellent at the free throw line. The Tar Heels' defense has allowed an opposing eFG of 48.8%, and the other three remaining teams are at 47.0% or lower.

In This Tournament: In the NCAA Tournament, North Carolina's offensive eFG is 51.9%, not much different from the rest of the season. But the team's defensive eFG is an impressive 40.9%. And that's not just because the Tar Heels blew out 15th-seeded Saint Peter's. They also held top-seeded Baylor to an eFG of 40.1%. Duke should be a huge test of how far North Carolina's defense has come.

Town and Country Garden Club celebrates Easter



First Place winners within Town and Country Garden Club recently were Nancy Fayard and Ann Farrar, Naomi Luna, Linda Williams, Becky Nichols, and Charmagne Farrar.



Second place winners were Linda Mathews, Pat Johnson, Nina Lambert, Charlene Judd, and Sara Wood.



Third place winners were Barbara Blanton, Mary Howard, and Linda Anderton.



Submitted Photos

Town and Country Garden Club recently met at River Bend Country Club. The program was "Creating an Easter Table Setting." Hostesses were Ann Farrar and Nancy Fayard.

Easter table centerpiece ideas

Easter is a springtime holiday that marks a prime opportunity to cast off the remnants of winter weather and dress a home in bright, colorful hues.

Come Easter, tulips and daffodils may be sprouting, lilies are on display in churches and many other spring touches are incorporated into home decor. Celebrants who will be hosting their families or more intimate Easter gatherings can extend the eye-catching improvements to the dining table. Easter centerpieces are a prime way to add color and ambiance to interior designs.

Here's a look at various ways to decorate the table for Easter celebrations.

• Carrot-filled container: Embrace an Easter bunny theme by hanging a bundle of carrots inside a glass vase or bowl and topping with orange, yellow and other spring-themed flowers and greenery.

• Pussy willow basket: Weave pussy willow stems into a basket shape or braid them together to make a ring. Then fill with colored Easter eggs or flower petals.

• Nested flowers: Purchase a wooden or wicker basket and weave or glue small twigs onto it. This will give it the look of a natural bird's nest, which is one of the markers of the spring season. The nest can cradle spring blooms, such as tulips, or hold Easter eggs.

• Easter bunny garden: Fill a shallow ceramic bowl with floral design moss or another green filler. Place a gold-foil chocolate bunny or a ceramic rabbit in the center and put small tealight candles and a small glass canister of pastel-colored candy eggs to complete the picture.

• Take a 'peep': Marshmallow Peeps® are an Easter staple and they can have a place outside of Easter baskets. Line a small vase with Peeps. Place cut flowers inside for a festive centerpiece.

• Rainy day decor: April showers bring May flowers. Put that sentiment on display by purchasing an inexpensive pair of brightly colored rubber rain boots. Place cut fresh tulips into narrow glass vases and then slip the vases inside of the boots for a festive and funny table conversation piece.

• Floating flowers: Poke the stem of a flower into a square of bubble wrap. Place into a small fishbowl filled with water and watch the flowers float on top. Tint the water a pastel hue if desired.

• Painted pinecone bouquet: If you have pine cones left over from Christmas decorations or a pile that the kids may have collected from the yard, paint them in bright colors for an Easter makeover. Place in the container of your choice and add some faux or real greenery to complete the bouquet picture.



EASTER TABLE SETTINGS

BEDFORD COUNTY SCHOOLS

KINDERGARTEN REGISTRATION

WHERE: Each Elementary School

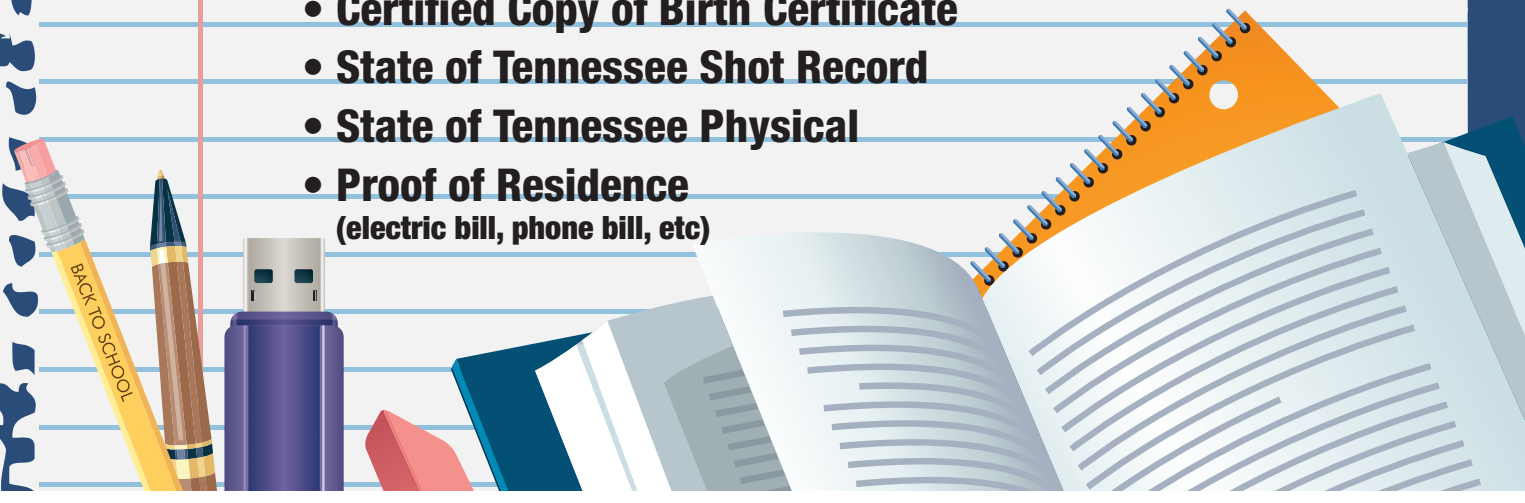
WHEN: Wednesday, May 4th, 2022

8:30 A.M. - 2:00 P.M.

Children must be five (5) years old by August 15, 2022 to be eligible for kindergarten. Please have the following documents with you on May 4th.

REQUIRED DOCUMENTS TO ENTER SCHOOL

- Certified Copy of Birth Certificate
- State of Tennessee Shot Record
- State of Tennessee Physical
- Proof of Residence
  (electric bill, phone bill, etc)



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Saturday, April 2nd
8AM - ?

Estate Yard Sale
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Shelbyville, TN 37160
7AM-6PM
Saturday, April 2nd

Garage Sale
On Patterson
Cemetery Road
Chapel Hill
Friday, April 1st
Saturday April 2nd

Inside Yard Sale
865 Union Street
Across from Piggly Wiggly
Friday, April 1st
Saturday, April 2nd
6AM-3:30PM

Multi-Family Garage Sale
2080 Fairfield Pike
Saturday, April 2nd
7AM - ?
Furniture, Household
Items, Clothes

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Shift: 2nd (3:00 PM – 11:00 PM)
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• Must have a valid state driver's license.
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PUBLIC NOTICE

Bedford County Board of Commissioners
Commissioner Board Meeting
Date: Tuesday, April 12, 2022
Time: 7:00 PM
Location: Bedford County Central High School Auditorium

Agenda
Call to Order: Chairman, Mayor Chad D. Graham
Prayer and Pledge of Allegiance
Open Meeting: Sheriff Austin Swing
Roll Call: County Clerk Donna Thomas
Minutes Approval:
1. Approval of Commission Meeting Minutes from March 8, 2022 – Placed on agenda without a recommendation by Rules & Legislative Committee.
Elections & Confirmations:
2. Board of Equalization.
3. Agriculture Board.
4. Bedford County Agricultural Extension Committee.
Presentations: None.
Resolutions:
5. Resolution 22-17: A R esolution Authorizing Submission of an Application for a Litter and Trash Collecting Grant from TDOT.† Placed on the agenda by the Rules & Legislative Committee.
6. Resolution 22-18: A Resolution Authorizing the Bedford County Highway Department to Perfom Work for All City and County Entities in Bedford County.† Placed on the agenda by the Rules & Legislative Committee.
7. Resolution 22-19:† A Resolution Authorizing American Rescue Program funding. Placed on the agenda by the Financial Management Committee.
8. Resolution 22-20: A Resolution for the Transfer of Funds on behalf of the Board of Education.† Placed on the agenda by the Financial Management Committee.
9. Resolution 22-21: A Resolution in Support of Using Bedford County American Rescue Funds to Support Wartrace's Efforts to Bring Clean Drinking Water to Union Ridge.† Placed on the agenda by the Financial Management Committee.
Additional Items by Standing Committees:
Rules and Legislative Committee: None.
Law Enforcement Committee: None.
Courthouse and Property Committee: None.
Financial Management Committee:
10. United Communications - Renewal of Tower Lease Agreement.
11. Agreement between Columbia State Community College and BCEMS.
12. Surplus Property - Board of Education.
13. Surplus Property - County.
Q3 Reports:
14. Clerk & Master
Circuit Court Clerk/Driving School Director
County Clerk
Director of Schools
Election Registrar†
Hwy Superintendent
Property Assessor
Registrar of Deeds
Trustee
Economic Development
Other Business:
Announcements: Early voting: April 13th through April 28th.
Adjourn
Chad D. Graham, Bedford County Mayor
(Apr. 2, 2022)

NOTICE TO CREDITORS
Estate of
Curtis Avery Sharp
Deceased
Notice is hereby given that on March 29 of 2022 Letters of Administration in respect of the estate of **Curtis Avery Sharp** who died 01/30/2022 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.

Date: 03/29/2022

Lory Ann Toney, Executrix

Curt M. Cobb
Clerk & Master

Anthony W. Harris
Attorney
(April 2 & 9, 2022)

NOTICE TO CREDITORS
Estate of
James Reuben Warren, Jr.
Deceased
Notice is hereby given that on March 25 of 2022 Letters of Administration in respect of the estate of **James Reuben Warren, Jr.** who died 02/21/2022 were issued to the undersigned by the Bedford County Chancery Court of Bedford County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred: (1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1)(A); or (2) Twelve (12) months from the decedent's date of death.

Date: 03/25/2022

Roy P. Burch, Jr., Administrator

Curt M. Cobb
Clerk & Master

Joe M. Lambert, Jr.
Attorney
(April 2 & 9, 2022)

PUBLIC NOTICE
The following vehicles will be sold on Tuesday, April 12th, at 8am., 2686 Hwy 41A North., Shelbyville, TN 37160 to satisfy towing and storage charges.

2002 Nissan Quest
VIN#
4N2ZN16T02D808809

2002 Chevrolet S10
VIN#
1GCCCS195228212995

2009 Honda Civic
VIN#
2HGFG12849H532876

2010 Dodge Caliper
VIN#
1B3CB4HAXAD534761

2010 Pontiac G6
VIN#
1G2ZA5EK7A4140623

(Apr. 2, 2022)

Public Notice
The Shelbyville City Council will meet for a Special Called Meeting on Tuesday, April 5, 2022, at 5:00 PM at the Shelbyville Recreation Center Meeting Room B, 220 Tulip Tree Road.
The following matters will be up for consideration at this meeting:
I. Call to Order
II. Roll Call
III. Adopt the Agenda
Consideration of a motion to allow City Attorney to read captions only on Ordinances and Resolutions
IV. Resolutions – First Reading:
A. A Resolution Adopting a Plan of Service for an Area Proposed for Annexation, the Territory is a 33.6 (+/-) Acres Tract of Land Located at 2905 Highway 231 North, Located on the Westside of Highway 231 North and Referenced on Bedford County Tax Map 50, Parcel 11.00 to be Annexed by Owner Consent and to be Incorporated Within the Boundaries of the City of Shelbyville, Tennessee and Owned by the City of Shelbyville and Bedford County.
B. A Resolution to Annex Certain Territory Upon Written Consent of the Owners and to Incorporate the Same Within the Boundaries of the City of Shelbyville, Tennessee. This Property is a 33.6 (+/-) Acres Tract of Land Located at 2905 Highway 231 North on the Westside of Highway 231 North, and Referenced on Bedford County Tax Map 50, Parcel 11.00 and Owned by the City of Shelbyville and Bedford County.
V. Ordinance – First Reading
A. An Ordinance of the City of Shelbyville, Tennessee to Approve the Rezoning of 20.00 (+/-) Acres Owned by the City of Shelbyville and Bedford County, Located at 2905 Highway 231 North, On the West Side of Highway 231 North Just Above Frank Martin Road and Referenced on Bedford County Tax Map 50, Parcel 11.00 and Currently Identified as a Portion of Tax Map 50, Parcel 11.00, as Illustrated in Exhibit A Attached Hereto, From Bedford County A-1 (Agricultural and Forestry) to Shelbyville Commercial-2 (C-2), and Repealing and Ordinance or Portion of Ordinance in Conflict Therewith.
B. An Ordinance of the City of Shelbyville, Tennessee to Approve the Rezoning of 13.6 (+/-) Acres Owned by the City of Shelbyville and Bedford County, Located at 2509 Highway 231 North, on the West Side of Highway 231 North Just Above Frank Martin Road and Reference on Bedford County Tax Map 50, Parcel 11.00 and Currently Identified as a Portion of Tax Map 50, Parcel 11.00 as Illustrated in Exhibit A Attached Hereto, From Bedford County A-1 (Agricultural and Forestry) to Shelbyville Heavy Industrial (I-3), and Repealing Any Ordinance or Portion of Ordinance in Conflict Therewith.
VI. Business
A. Consideration of a motion to authorize the City Recorder to advertise for one citizen board member for the Shelbyville Power Board with all applications to be received by April 27, 2022, at 4:00 PM.
VII. Announcements
VIII. Adjourn
Mayor Wallace Cartwright
(Apr. 2, 2022)

Public Notice
The Shelbyville City Council will meet for a Special Called Meeting on Tuesday, April 5, 2022, at 5:30 PM at the Shelbyville Recreation Center Meeting Room B, 220 Tulip Tree Road.
The following matters will be up for consideration at this meeting:
I. Call to Order
II. Roll Call
III. Adopt the Agenda
IV. Business
A. Consideration of a motion to authorize the Mayor and City Attorney to sign Curl Construction Change Order # 1 in the amount of $3,750.00 for Flowable Fill on Sidewalk Projects TAP #3 and TAP #4.
B. Consideration of a motion to authorize the Mayor and City Attorney to sign Curl Construction Change Order #2 in the amount of $8,805.33 for trash cans and benches on Sidewalk Projects TAP #3 and TAP #4.
C. Consideration of a motion to authorize the Mayor and City Attorney to sign Curl Construction Change Order # 3 in the amount of $20,476.37 for a stairwell in front of Dancy's on Sidewalk Projects TAP #3 and TAP #4.
D. Consideration of a motion to authorize the Mayor and City Attorney to sign Neel-Schaffer Fee Proposal Change Order in the amount of $3,605.00 for additional engineering work for an altered pavement marking plan on Sidewalk Projects TAP #3 and TAP #4.
E. Consideration of a motion to authorize the Mayor and City Attorney to sign a potential Change Order for the extension of Sidewalk Projects TAP #3 and TAP #4 for 30 to 60 days.
V. Announcements
VI. Adjourn
Mayor Wallace Cartwright
(Apr. 2, 2022)

BARGAINS

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U.S. adds 431,000 jobs in March

By PAUL WISEMAN
AP Economics Writer

America's employers extended a streak of robust hiring in March, adding 431,000 jobs in a sign of the economy's resilience in the face of a still-destructive pandemic, Russia's war against Ukraine and the highest inflation in 40 years.

The government's report Friday showed that last month's job growth helped shrink the unemployment rate to 3.6%. That's the lowest rate since the pandemic erupted two years ago and just above the half-century low of 3.5% that was reached two years ago.

Despite the inflation surge, persistent supply bottlenecks, damage from COVID-19 and now a war in Europe, employers have added at least 400,000 jobs for 11 straight months. In its report, the government also sharply revised up its estimate of hiring in January and February by a combined 95,000 jobs.

The March report sketched a bright picture of the job market, with steady hiring and rising wages in many industries. Average hourly pay has risen a strong 5.6% over the past 12 months, welcome news for employees across the economy.

Still, those pay raises aren't keeping up with the spike in inflation that has put the Federal Reserve on track to raise rates multiple times, perhaps aggressively, in the coming months. Those rate hikes will result in costlier loans for many consumers and businesses. In the meantime, worker pay raises, a response in many cases to labor shortages, are themselves feeding the economy's inflation pressures.

Since the pandemic struck in 2020, many people have remained on the sidelines of the job market, a trend that has contributed to the worker shortage in many industries. But in an encouraging sign for the economy, 418,000 people began looking for a job in March, and many found one.

Over the past year, 3.8 million people have rejoined the labor force, meaning they now either have a job or are looking for one.

The job growth in March, though solid, was the lowest since September and slightly below what economists had expected. Still, Vincent Reinhart, chief economist at Dreyfus and Mellon, said the numbers show that "the U.S. economy continues to have underlying momentum and that firms are taking workers when they can.''

Across the economy, hiring gains were widespread last month. Restaurants and bars added 61,000 jobs, retailers 49,000, manufacturers 38,000 and hotels 25,000. Construction jobs rose by 19,000 and have now returned to their pre-pandemic level.

Some economists sounded a note of caution, though, suggesting that the prospect of much higher borrowing rates engineered by the Fed will inevitably slow the job market and the overall economy.

"We continue to expect that the Federal Reserve will move rates up expeditiously to counter surging inflation, and that this report only adds more urgency to their plans to do so,'' said Mike Fratantoni, chief economist at the Mortgage Bankers Association.

For now, the job market continues to rebound with unexpected speed from the coronavirus recession. Job openings are at a near-record level, and applications for unemployment benefits have dropped to near their lowest point since 1969.

Fueled by generous federal aid, savings amassed during the pandemic and ultra-low borrowing rates orchestrated by the Fed, U.S. consumers have spent so fast that many factories, warehouses, shipping companies and ports have failed to keep pace with their customer demand. Supply chains have snarled, forcing up prices.

As the pandemic has eased, consumers have been broadening their spending beyond goods to services, such as health care, travel and entertainment, which they had long avoided during the worst of the pandemic. The resulting high inflation is causing hardships for many lower-income households that face sharp price increases for such necessities as food, gasoline and rent.

The proportion of Americans who are either working or looking for work — the so-called labor force participation rate — ticked up to 62.4% last month, the highest since the early days of the pandemic in March 2020. Even so, the participation rate remains a full percentage point below its pre-pandemic level, limiting the pool of potential job applicants employers can choose from. Many Americans remain on the sidelines because of lingering health concerns and trouble finding childcare.

WHIP UP A BOUNTIFUL WEEKEND BRUNCH



Overnight Apple Cinnamon French Toast Casserole

FAMILY FEATURES

Fresh air, warm sun and delicious foods make brunch a favorite weekend event. Set the stage (and the table) for an inviting experience with recipes that cover all the bases from snacks and desserts to a mouthwatering main course.

Tide the appetite of your guests with Spiced Grass-Fed Lamb Over Hummus served with toasted flatbread or tortilla chips before dishing out Overnight Apple Cinnamon French Toast Casserole for a simple centerpiece. Just as those delectable dishes are vanishing, pull Brown Sugar Pound Cake out of the oven and pair with sweetened whipped cream and fresh fruit for a sweet finishing touch.

Visit Culinary.net to find more ways to broaden your brunch menu.

Wake Up to a Wonderful Brunch

Perfect for any brunch occasion is a delicious dish that can be made a day in advance, simplifying your morning prep before guests arrive with growling stomachs.

Prepared the day before and chilled overnight, this Overnight Apple Cinnamon French Toast Casserole is ready to bake to perfection in the morning with a gooey interior and crisp exterior filled with mouthwatering flavor. Drizzle with glaze then dish out to loved ones for a delicious way to make brunch easy.

Find more breakfast and brunch recipes at Culinary.net.

Overnight Apple Cinnamon French Toast Casserole

Servings: 12

Nonstick cooking spray
1 package (20 ounces) French bread, cubed, divided
1 can (20 ounces) apple pie filling
9 eggs
1 cup half-and-half
2 teaspoons ground cinnamon
1 cup powdered sugar, plus additional (optional)
2 tablespoons milk, plus additional (optional)

Spray 8-by-8-inch glass baking dish with nonstick cooking spray.

In baking dish, add 10 ounces cubed French bread in bottom of dish. Pour apple filling over bread. Top with remaining cubed French bread. Set aside.

In medium bowl, whisk eggs, half-and-half and cinnamon. Pour evenly over bread.

Cover with aluminum foil and chill overnight.

Heat oven to 325 F.

Remove foil and bake 50-60 minutes.

Let cool 10-15 minutes.

In small bowl, whisk powdered sugar and milk. Add additional, if needed, until pourable glaze is reached. Drizzle over casserole before serving.

A Fresh, Flavorful Brunch Bite

Brunch is a perfect opportunity to entertain friends and family with delicious recipes that will delight their taste buds. For example, this smooth hummus is paired with tender New Zealand grass-fed lamb loin chops and fresh toppings for flavor in every bite.

Ready in less than 30 minutes, this Spiced Grass-Fed Lamb Over Hummus recipe is made using Atkins Ranch lamb, which is available at your local Whole Foods Market and hails from New Zealand where the animals are grass-fed 365 days a year and allowed to roam and graze freely over lush green hills and pastures. The result is a lean, finely textured, flavorful meat that tastes just as nature intended.

Visit beefandlambnz.com for more recipes, cooking tips and information.

Spiced Grass-Fed Lamb Over Hummus

Prep time: 15 minutes
Cook time: 5 minutes
Servings: 4-6

Lamb:

4 Atkins Ranch grass-fed lamb loin chops
1 teaspoon cumin powder
1/4 teaspoon salt
1 tablespoon extra-virgin olive oil

Hummus:

1 can (15 ounces) chickpeas
3 cloves garlic, chopped
1/4 cup tahini
3 tablespoons fresh lemon juice
1/2 teaspoon salt
1/2 teaspoon cumin
1/2 teaspoon paprika
3 tablespoons olive oil

For serving:

1 Persian cucumber, small diced
1 small tomato, diced
2 tablespoons roasted pine nuts (or 2 tablespoons pomegranate seeds)
parsley, chopped
lemon wedges
toasted flatbread or tortilla chips

To make lamb: Remove lamb from bone, dice meat into small cubes and transfer to medium bowl. Add cumin powder and salt. Toss to coat. Marinate while preparing hummus.

To make hummus: Drain chickpeas, reserving 1 tablespoon liquid. Rinse chickpeas under running water then drain.

In bowl of food processor, pulse chickpeas, chickpea liquid and garlic until chickpeas and garlic are chopped.

Add tahini, lemon juice, salt, cumin, paprika and olive oil. Mix until smooth paste forms. Taste and adjust by adding more salt, lemon juice or olive oil, as desired.

Transfer hummus to large platter and spread it out.

In large skillet, heat extra-virgin olive oil over high heat until hot. Add lamb and cook 30 seconds without moving.

Turn lamb over and cook 30-60 seconds, repeating until all sides are browned. Remove from pan and let rest 5 minutes.

To serve, place cucumbers and tomatoes in well of hummus then top with lamb, pine nuts and parsley.

Top with squeeze of lemon juice and serve with flatbread or tortilla chips.



Spiced Grass-Fed Lamb Over Hummus



Brown Sugar Pound Cake

Satisfy Cake Cravings with a Brunch-Worthy Dessert

Whether your brunch feast consists of bacon and eggs, pancakes and waffles or a combination of favorites, you can cap it off with a sweet treat for the perfect ending. After all, no celebration is complete without dessert.

Once the table is cleared of the main courses, dish out decadent bites of this Brown Sugar Pound Cake baked with high-quality ingredients like C&H Sugars to end the meal on a sweet note. Top with whipped cream and your crowd's favorite fruits like strawberries and blueberries or serve the toppings separately for a customizable treat.

Visit chsugar.com for more brunch recipe ideas.

Brown Sugar Pound Cake

Prep time: 20 minutes
Cook time: 1 hour
Servings: 8

1 3/4 cups all-purpose flour, plus additional for coating pan, divided
1 cup packed C&H Light Brown Sugar
1 cup (2 sticks) butter, softened
4 eggs
1 teaspoon vanilla extract
1/2 teaspoon baking powder
1/4 teaspoon salt
sweetened whipped cream, for topping (optional)
fresh fruit, such as strawberries and blueberries, for topping (optional)

Preheat oven to 350 F.

Grease and flour 9-by-5-by-3-inch loaf pan. In large bowl, beat sugar and butter until fluffy. Beat in eggs one at a time. Add vanilla. In separate bowl, combine 1 3/4 cups flour, baking powder and salt. Gradually add to sugar mixture. Pour batter into pan.

Bake 1 hour, or until toothpick inserted in center comes out clean. Remove from pan and turn out on rack to cool completely.

Top with sweetened whipped cream and fresh fruit, if desired.

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Uncle Nearest master distiller visits Motlow

Wraps up Women's History Month

By ZOË HAGGARD
zhaggard@t-g.com

Motlow Community College wrapped women's history month Tuesday by hosting Uncle Nearest Premium Whiskey's Master Distiller Blender Victoria Eady Butler.

Butler, of Lynchburg, is the first African-American female master distiller in the spirits industry. Whiskey is in her blood as she is also the great-great granddaughter of Nathan "Nearest" Green, who worked alongside Jack Daniel and is considered the "Godfather of Tennessee Whiskey."

"When Nearest Green and Jack Daniel nurtured their friendship, it was in the vein of love, honor, and respect. That is how our team at Uncle Nearest governs themselves every day," Butler said.

"For me, it just shines a light on Nearest Green's legacy," she said. "And each time I get an opportunity to stand before people like you to share this story, it's never been about me...it's about Nearest Green's legacy."

Butler is a Motlow alumnus. Making plans to retire, she was approached by Uncle Nearest founder Fawn Weaver. Butler said growing up she always knew about the relationship between Daniel and Green, but she said she did not know he was the first African American master distiller.

Green, as an enslaved man, is believed to have perfected what is known as the Lincoln County Process, where whiskey is filtered through sugar maple charcoal. It's a process that is said to originally to have come from West Africa, carried across the Atlantic by enslaved individuals.

When Weaver asked what the descendants would like to see to ensure Nearest Green's legacy is never forgotten, one of the cousins replied, according to Butler, that "we would like to see his name on a bottle."



T-G Photo by Zoe Haggard

Uncle Nearest Premium Whiskey's master distiller blender Victoria Eady Butler recently spoke at Motlow College. She advised during Women's History month that she is truly living her passion.

That was around 2016 and by 2017 Uncle Nearest Premium Whiskey launched. "Whiskey was not on the agenda," Butler said. "But here we are today being the fastest growing American spirits in history."

Butler became master blender in 2019. She admits, "I have drank plenty of whiskey in my day, but I have never made it, right?...I was like, I'm going to do this, and I'm going to do this well. But I didn't know how."

Master blenders essentially decide which samples to blend. Since Uncle Nearest Whiskey is aged 8 to 14 years, but only having been launched in 2017, they sourced their whiskey.

"Our whiskey was sourced-~~st~~ill some of it is-~~an~~d then we took that whiskey and we put our own touches on it. It goes through three filtration processes...including the LCP, which makes it a premium whiskey," Butler explained.

Butler recalled the first time she was asked to blend Uncle Nearest 1884 small batch, she had about 30 or more samples of whiskey before her. She said she was looking for a whiskey that had a soft, delicate finish—something that's unconventional.

By the end of those samples of barrel proof whiskeys, Butler said her jaw and mouth were numb. But her notes almost mirrored the professionals she was with. That July of 2019, Uncle Nearest's 1884 small batch was put on the market.

"And right away, we started winning awards with it," Butler said.

The Uncle Nearest Premium Whiskey company has broken a lot of "glass ceilings," according to Butler. The spirit's company is the only major whiskey brand that is owned and led by an African-American female, the first distillery that honors a black man, as well as the first all-female executive team.

"While we are the first, we should not be the last," Butler said. "Go after what you want and do it with strength, and courage, and do it with grace."

In an effort to do just that, one of the arms of the Nearest and Jack Initiative is the Nearest Green School of Distilling, which will be coming to Motlow College soon.

"So, I encourage any young woman that has a desire to get into the spirits industry, that there is no better time than now."

"When I think about where I started and where I am now, I am truly living my passion," Butler said.



Uncle Nearest Photo

In its first four years, Uncle Nearest Premium Whiskey has garnered nearly 370 awards and accolades, including "World's Best" by World Whiskies Awards two years in a row.



UNITED WAY GOLD SPONSOR

FirstBank is a "Gold" sponsor for United Way of Bedford County for 2022. From left are Brent Canady, United Way executive director Mark McGee, Laura Aidoo and Kelly Collier Scott. Gold sponsors are recognized for their $1,000 annual commitments.

Submitted Photo

Heartburn: What to know and how to fight it

VANDERBILT HEALTH COLUMN

There are solutions to chronic heartburn available in Bedford County. Today's article on the topic of heartburn is by Navid Monajjem, MD—a general surgery specialist with Vanderbilt Integrated Surgical Services and Vanderbilt Bedford Hospital.

At some point, most everyone has experienced that discomfort in the chest known as heartburn, but the condition is more than a painful annoyance. It can do serious harm. Heartburn, or acid reflux, affects an estimated 60 million Americans monthly and more than 15 million daily.

Some individuals have a more serious condition called gastroesophageal reflux disease—or, GERD for short.

GERD and acid reflux can be difficult to tell apart without a physician's help. Although not as common, individuals can experience "silent reflux," which causes non-traditional, overnight symptoms such as waking up with a cough.

The irritation of GERD or heartburn of any sort is caused when stomach acid travels up and into the esophagus. Because the esophagus is designed to move food from your mouth down to your stomach, it doesn't have the same protective lining that keeps your stomach from endless discomfort.



Navid Monajjem, MD

For relief, most people turn to over-the-counter medicines and simply try to ignore it, assuming it's no more than a nuisance.

However, chronic heartburn that is not properly treated can produce serious consequences for an individual's health. These include tooth decay; damaging the esophagus in ways that can lead to ulcers, esophagitis (inflammation), esophageal stricture (abnormal tightening of the esophagus) and even increase the risk of esophageal cancer.

If you have changed your diet and other health habits, but are still experiencing regular heartburn, there are other ways to get ahead of the serious consequences chronic acid reflux and GERD can bring.

Transoral Incisionless Fundoplication—which is known by its much easier to pronounce abbreviation, TIF—is a procedure that reinforces the valve that separates the esophagus and the stomach. This helps keep stomach acid where it belongs, providing relief from the heartburn symptoms associated with GERD. And because the procedure is conducted through the mouth, the recovery is quicker than other surgeries and often makes it so patients no longer need daily over-the-counter medications.

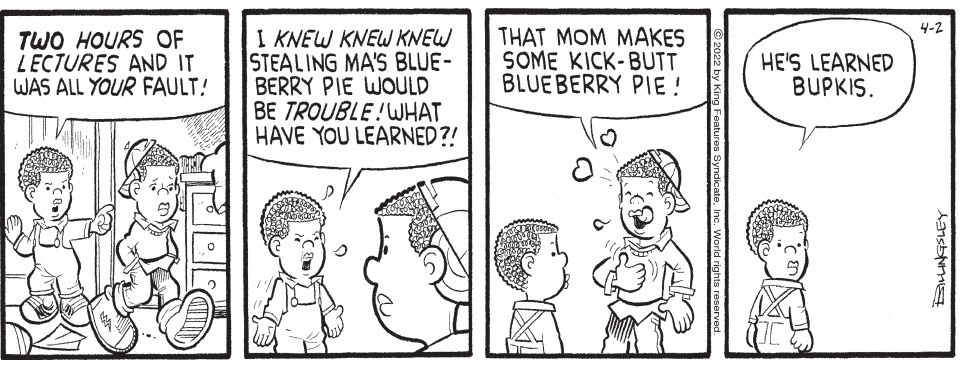
In the last year, the procedure has become more accessible in middle Tennessee, including here in Bedford County. With this increased availability, it's worth considering if your heartburn has started to hinder your daily life or if it's no longer responding to medication.

Whether it's you or someone you know, treating chronic heartburn and GERD as quickly as possible helps reduce the damage it causes. Fortunately, having this life-changing option offered locally at Vanderbilt Bedford Hospital, gives our community the opportunity to take control of its digestive health.

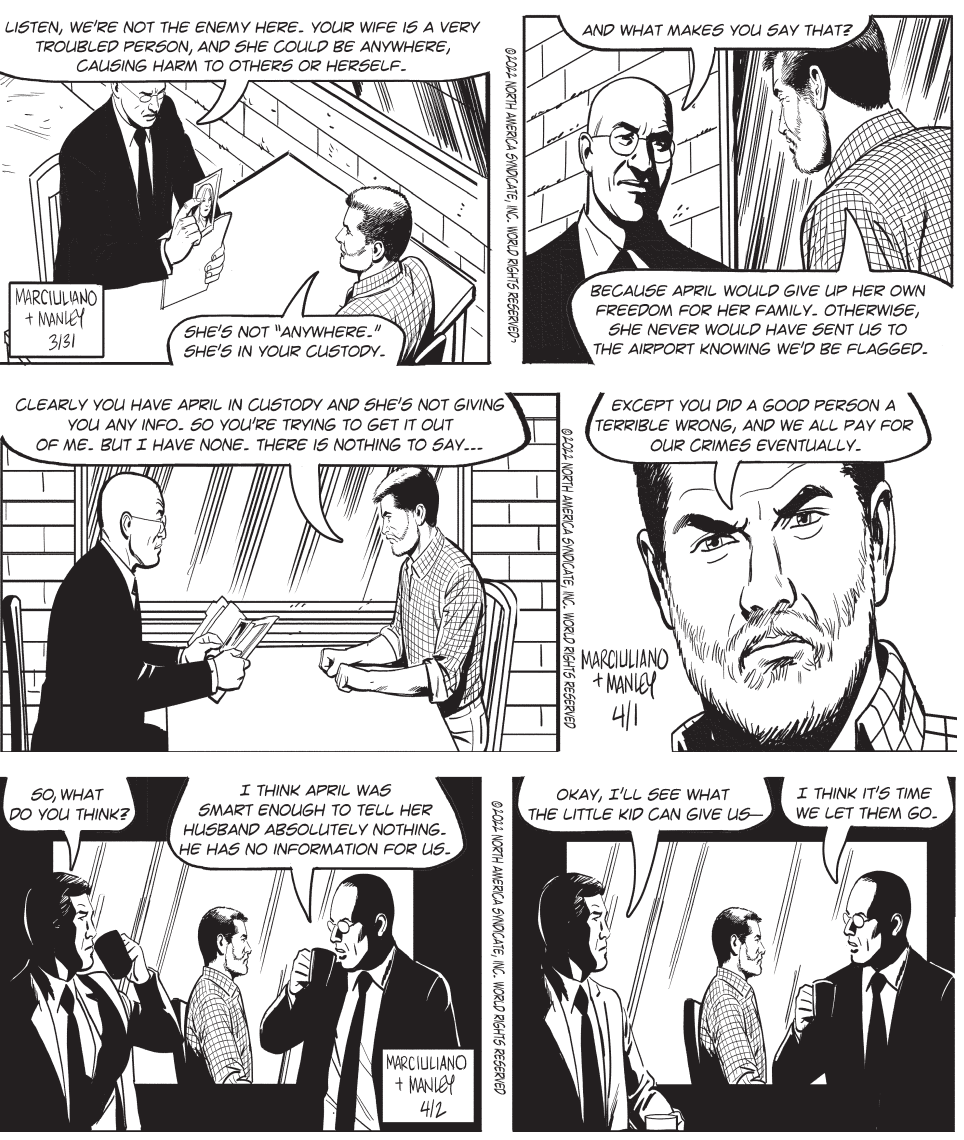
THE AMAZING SPIDER MAN ® by Stan Lee-Larry Lieber



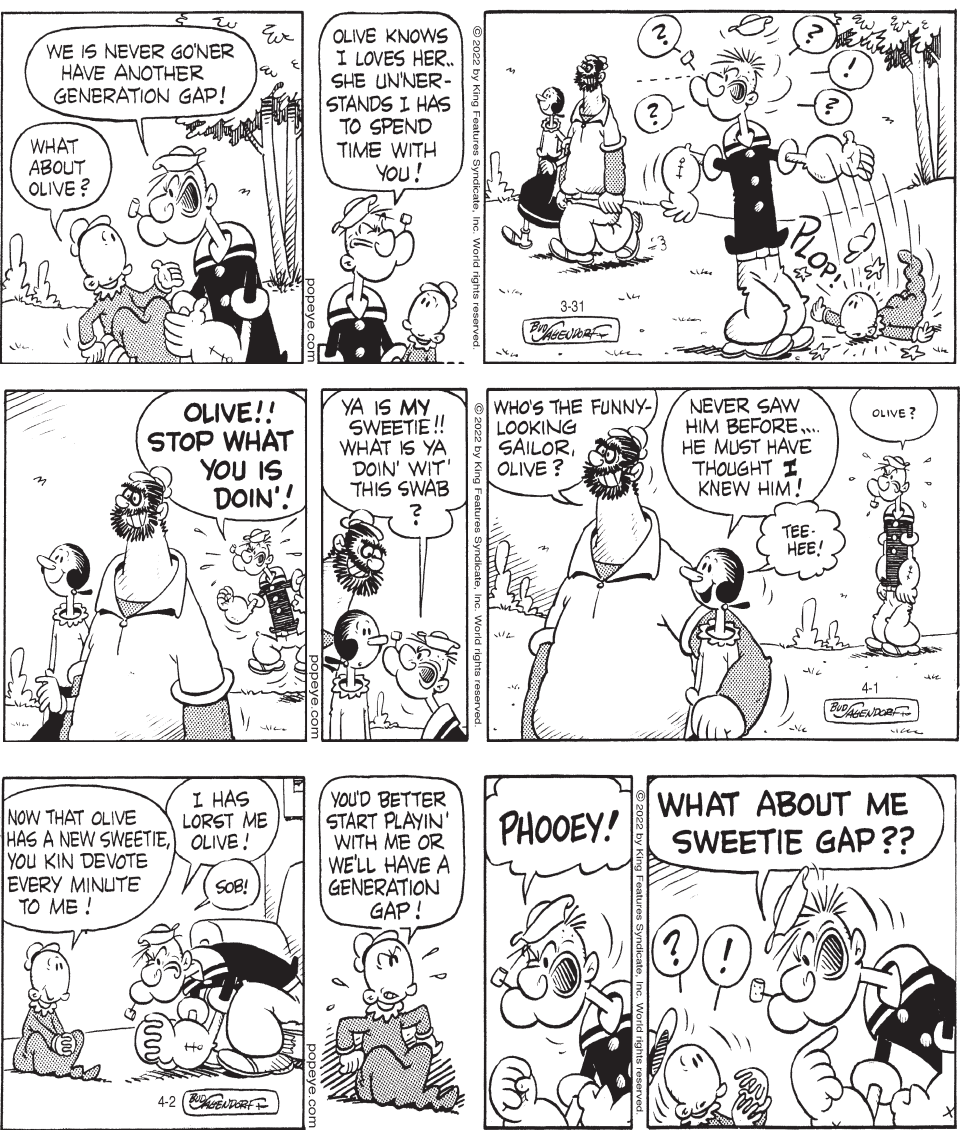
CURTIS ® by Billingsley



JUDGE PARKER ® by Marciuliano-Manley



POPEYE ® by Bud Sagendorft



HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the number 1 through 9 without repetition.

SUDOKU

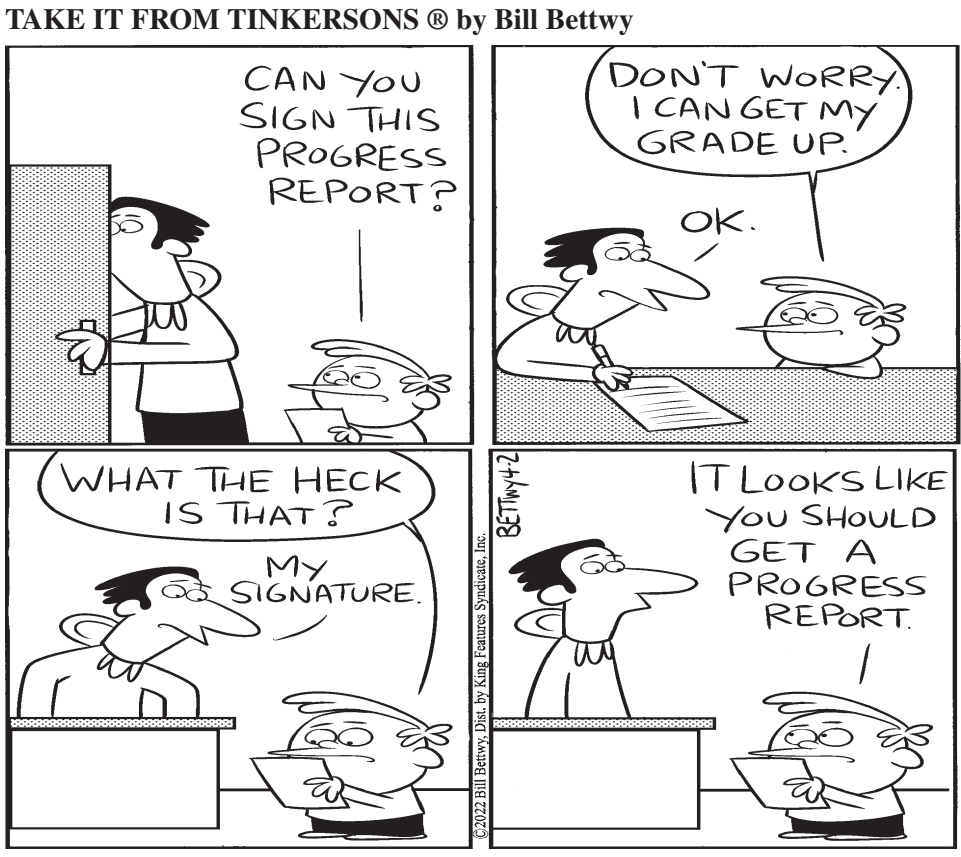
			7			8		
				4	8			
2				5	6			
1	8					2		
				8	9	3	7	
		6				5		
				2			4	
				7		6	3	
	3		5			7		

See answers to the Sudoku on Saturday's page 4A

ZIPPY THE PINHEAD ® by Bill Griffin



TAKE IT FROM TINKERSONS ® by Bill Bettwy





Solve the code to discover words related to agriculture.
Each number corresponds to a letter.
(Hint: **19 = S**)

A. **24 8 14 9**

Clue: Rural area

B. **15 12 8 21 7 19**

Clue: Trees, shrubs and more

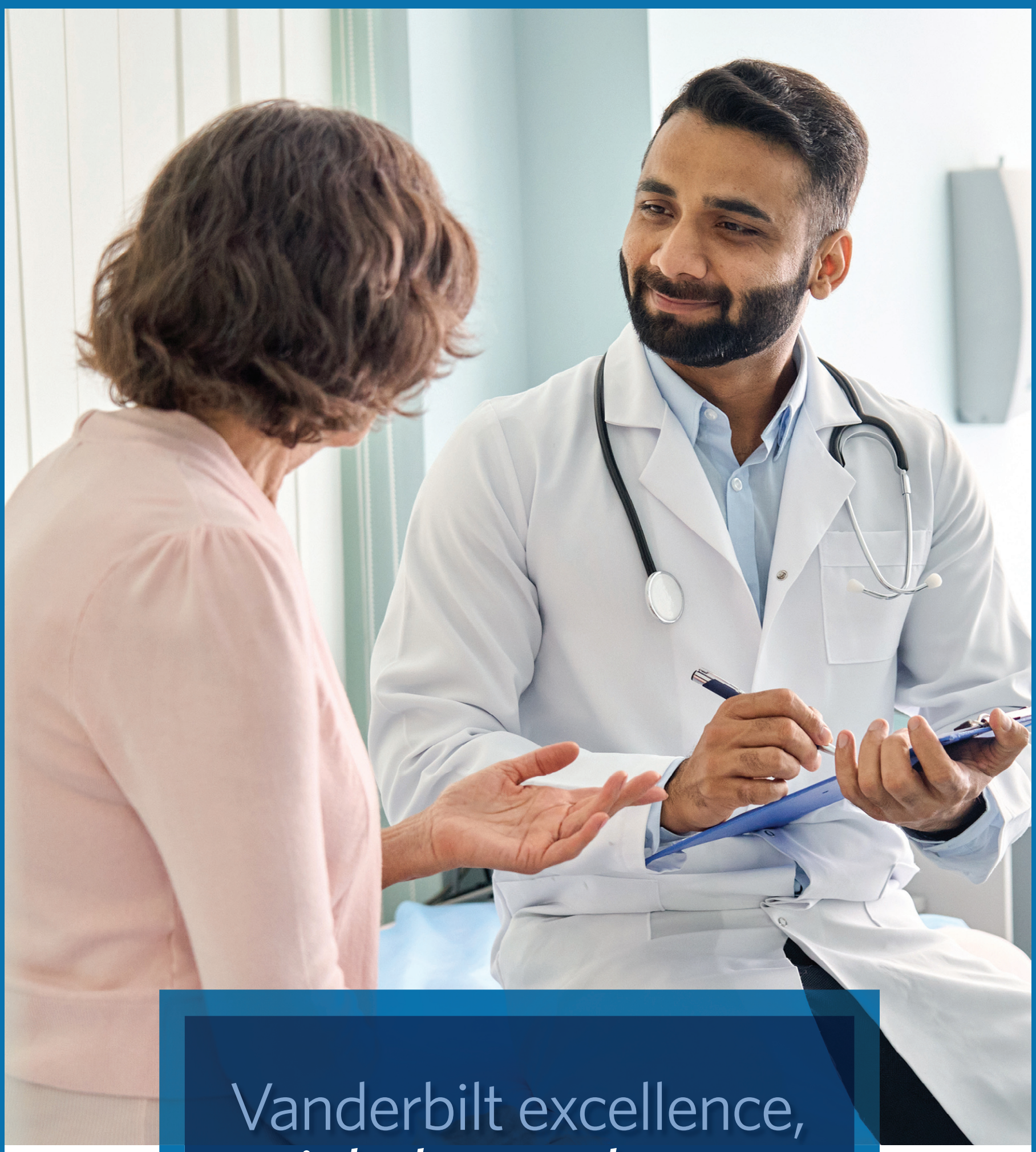
C. **3 8 14 10 6 19 7**

Clue: Gathering crops

D. **12 26 10 6 19 7 17 4 16**

Clue: Farm animals

Answers: A. farm B. plants C. harvest D. livestock



Vanderbilt excellence, *right here at home.*

Vanderbilt Bedford Hospital's experienced surgical team offers a wide range of procedures, including upper and lower gastrointestinal endoscopy, minimally invasive appendectomy and gallbladder removal surgery, and treatment for rectal, abdominal, colon and breast cancers. For the best in surgical care, you don't need to go far. Your local Vanderbilt Health team is here to make your health care experience personal and compassionate.

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